



PRODUCT OVERVIEW

- 31 lbs. flywheel provides quiet, smooth ride
- Most comfortable recumbent bike in its class
- Adjustable seating and foot pedals
- Heavy duty steel frame and aluminium finish
- 10.1" graphic display
- 40 different levels of resistance
- Bluetooth speaker & heart rate monitor

The SOLE LCR is the perfect piece of exercise equipment for almost every need. Built to be durable using quality materials, the SOLE LCR has set a new standard for indoor recumbent exercise cycles. Stable and durable, the SOLE LCR boasts 40 levels of resistance to challenge any user regardless of their fitness level. The supportive back and adjustable seat, stationary handlebars, and seat-mounted side handlebars with heart rate grips are perfect for the needs of multiple users.

LCR



SPECIFICATIONS

FEATURES

Power Source	DC 12 V / 1.5 A
Resistance Type	Electromagnetic system
Resistance Control	1 - 40 Levels
Workout Display	10.1 Graphic Display
Workout Programs	Manual, 5 Programs, Fit-Test, Custom, 2 HRC
Hand Pulse	YES (Salutron)
Crank Length	165 mm / 6.5"
HR Receiver	YES
Speakers / Audio	YES
Cooling Fans	YES
Bluetooth Speaker	YES
Bluetooth HR	YES
USB Charging	YES
SOLE APP	YES

FRAME

Flywheel Weight	14 kg / 31 lb
-----------------	---------------

DIMENSIONS

Product Size	1420 x 745 x 1515 mm / 55.9" x 29.3" x 59.6"
Carton Size	1450 x 460 x 775 mm / 57" x 18.1" x 30.5"
NW GW	60.9 69.1 kg / 134.2 152.3 lb
QTY 20'/40'/40' HQ	60 / 120 / NA
Weight Capacity	150 kg / 330 lb

WARRANTY