

XE295 Elliptical Trainer



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The **XE295** was designed with proper ergonomics and biomechanics, a smooth, quiet stride, important workout data feedback, and challenging programs to help you adhere to a regular exercise routine and achieve your long term fitness goals.

Below are a few of the features that will keep you working out longer and help you achieve your fitness goals.

- The smooth 20" stride is the optimal length for user comfort
- The foot pedals feature a 2-degree inversion angle, a narrow 2" pedal spacing and adjustable foot angle for user comfort
- A smooth and quiet drive system featuring sealed roller bearings, large diameter pulley, durable poly-v belt and heavy-duty flywheel
- The multi-position hand grips with remote resistance controls allow for a custom and comfortable total body workout
- Included wireless telemetric heart rate chest strap is ideal for monitoring exercise intensity
- A console loaded with user friendly features including a target heart rate bar to monitor your training zone, fan to keep you cool, and speakers for your MP3 player



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As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: storage areas for beverages, keys, a phone, or an MP3 player; ergonomically friendly pulse grip sensors for a more natural hand position, and a cooling fan to keep you cool and encourage you to workout longer.

A quick press of a button and you are off on one of the unique programs. Our large, easy to read console even features a muscle activation figure that specifies which muscle groups are minimally or maximally activated at different levels/pedal directions and a heart rate bar graph that simplifies staying in your target zone.

Equipment Specifications

CONSOLE	7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, & an Integrated Reading Rack
PROGRAMS	Manual, Hill, Fat Burn, Cardio, Strength, Interval, 2 Heart Rate, 2 User
HEART RATE	Contact & Telemetric, Heart Rate Strap included
RESISTANCE	20 Levels
FLYWHEEL SYSTEM	30 lbs., Steel
FOOT PEDALS	Oversized, w/ 2-Degree Inversion; 2" Q Factor; Adjustable angle
DIMENSIONS	71" x 28" x 63"
FRAME	Commercial-Grade Structural Steel w/ durable Powder-Coat Paint
PRODUCT WEIGHT	187 lbs.
MAX USER WEIGHT	400 lbs.

Warranty Information

RESIDENTIAL	Lifetime: Frame & Brake
WARRANTY	10 Yrs: Parts
	1 Yr: Labor

Scan the code below for more information



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