



XE195 Elliptical Trainer

The **XE195** elliptical trainer was designed with convenience, comfort and reliability in mind. This dependable model offers proper ergonomics & biomechanics, a smooth quiet stride, important workout data feedback, and challenging programs. We believe these things will help users adhere to regular exercise routines.

Below are a few of the features that will keep you working out longer and help you achieve your fitness goals.

- The smooth 51 cm stride is the optimal length for user comfort
- A narrow 5 cm pedal spacing, and oversized foot pedals with 2-degree inversion angle provide a comfortable foot placement for users of any size
- A smooth and quiet drive system featuring sealed roller bearings, large diameter pulley, durable poly-v belt and heavy-duty flywheel
- Heart rate grips with remote resistance adjustment controls allow for easy monitoring and adjustment of workout intensity
- The console features an easy to read blue backlit display, individual program buttons and a cooling fan for user comfort

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Large LCD with scrolling feedback and scrolling message center

Swivel Fan to keep you cool

Convenient cargo compartment for keys, phone, or MP3 player

Six innovative programs offer a variety of work-outs

Easy-Touch Control Buttons

As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: storage areas for beverages, keys, a phone, or an MP3 player; ergonomically friendly pulse grip sensors for a more natural hand position, and a cooling fan to keep you cool and encourage you to workout longer.

A quick press of a button and you are off on one of the unique programs. Our large, easy to read console displays seven pieces of data at a time.

Equipment Specifications

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|-----------------|--|
| CONSOLE | 19 cm Blue backlit LCD w/ an Integrated Reading Rack |
| PROGRAMS | Manual, Hill, Fat Burn, Cardio, Interval, Heart Rate |
| HEART RATE | Contact & Telemetric, Heart Rate Strap not included |
| RESISTANCE | 20 Levels |
| FLYWHEEL SYSTEM | 8.6 kg, Steel |
| FOOT PEDALS | Oversized, w/ 2-Degree Inversion; 2" Q Factor |
| DIMENSIONS | 168 x 165 x 61 cm |
| FRAME | Commercial-Grade Structural Steel w/ durable Powder-Coat Paint |
| PRODUCT WEIGHT | 91 kg |
| MAX USER WEIGHT | 150 kg |

Warranty Information

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| RESIDENTIAL WARRANTY | Lifetime: Frame & Brake 5 Yrs: Parts 1 Yr: Labor |
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Scan the code below for more information



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