



Comfort, Convenience And Reliability

Designed for comfort, convenience and reliability, the SOLE SR500's high seating position allows users to get on and off the machine with ease, while adjustable pedals fit different heel angles for comfortable use and proper movement. Choose your workout from an array of manual and pre-set programs while viewing detailed readouts on the two colour display screen, and adjust your resistance without missing a beat using the control buttons built in to the row bar.



SPECIFICATIONS

FEATURES

Adjustable Pedals	N / A
HR Monitoring	N / A
Resistance Control	16 Levels (Magnetic and Air)
Workout Display	5.5" LCD
Workout Programs	11 Standard Programs, 1 User, 1 HRC
Hand Pulse	N / A
Multi Position Grip	N / A
HR Receiver	YES, Chest strap compatible
Speakers / Audio	N / A
Cooling Fans	N / A
Bluetooth Speaker	N / A
Bluetooth HR	N / A
USB Charging	N / A
SOLE APP	N / A

FRAME

Flywheel Weight	3.5 kg / 7.7 lb
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DIMENSIONS

Product Size	2465 x 460 x 965 mm / 97" x 18" x 38"
Carton Size	1690 x 765 x 330 mm / 66.5" x 30" x 13"
NW GW	46.4 55.6 kg / 102.2 122.5 lb
QTY 20'/40'/40' HQ	63 / 144 / 165
Weight Capacity	204 kg / 450 lb

WARRANTY