

# Elliptical FS3.9

The Xterra Elliptical FS3.9 is a heavy duty sturdy machine offering 15 motivational programs packed into a stylish dual colour LCD console.

The pivoting over-sized footplates mimic the natural roll of your feet with a 2 degree inward slope to the pedal, which will reduce ankle and knee stress which is common in other elliptical machines.



## Technical specifications

<b>Pedals</b>	Oversized, comfortable footplates with a natural 2 degree inward slope
<b>Stride length</b>	46 cm
<b>Resistance</b>	15 levels, electromagnetic
<b>Incline</b>	✗
<b>Handlebar controls</b>	✗
<b>Flywheel</b>	8.6 kg
<b>Railsystem</b>	Single
<b>Heart rate monitoring</b>	Contact
<b>Chest strap</b>	✗
<b>Cooling fan</b>	✗
<b>Transport wheels</b>	✓
<b>Audio system</b>	✗

## Console

<b>Display</b>	LCD + LED
<b>Console feedback</b>	Time, speed, distance, resistance, calories, program, pulse, indoor temperature.
<b>Programs</b>	12 preset, manual, 1 user, watts

## Dimensions

<b>Product</b>	L 166 x W 56 x H 163 cm
<b>Carton</b>	N/A
<b>Net/gross weight</b>	70 kg
<b>Max. user weight</b>	140 kg

