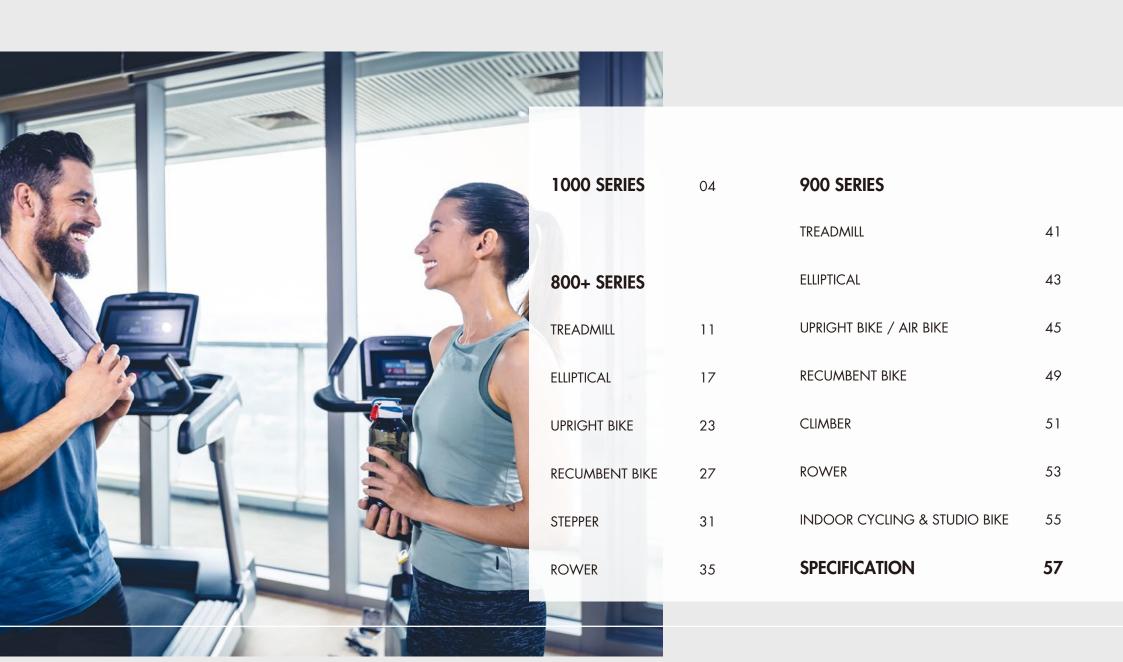


COMMERCIAL CARDIO 2023







## 1000 SERIES MOVE WITH SPIRIT

The New 1000 Series Spirit Fitness cardio consoles were designed to meet our customer's need for a new, robust, modern, and engaging console interface.

Our 1000 Series treadmill boasts an impressive 21.5" TFT Touch Screen that is super clear, and touch-sensitive.

The new software interface was custom designed to be user-centric and intuitive, easily allowing the user to navigate effortlessly, appealing to both novice and seasoned exercisers.

Bikes, elliptical, and stepper will use a 15.6" TFT Touch Screen. The consoles will captivate users; the brilliant graphic software interface and entertainment media will immerse exercisers into a unique user experience.

Spirits' new console experience lets you stay connected to your club with information and challenges.

Navigating our console is easy with the intuitive layout of the touch screen buttons. Connecting Bluetooth devices, such as earphones and a heart rate monitor is simple and can be done at any time during your workout.





## IOOO CONSOLE SUPERB ENTERTAINMENT EXPERIENCE













CONNECT TO THIRD PARTY APPS VIA BLUETOOTH FTMS















# CLEAN LAYOUT EASY TO IDENTIFY AND TOUCH

Navigating the 1000 series console is easy with the intuitive layout and sensitive touchscreen so users can quickly and easily get to where they want to be, which is in a workout.

## PERSONAL LOGIN CAPABILITIES

Use your Apple watch or other NFC device to quickly log into your Spirit Gym App to record your workout. Tracking your workout progress is a great way to know if you are on track for your health and fitness progress.





## INTERNET STREAMING MEDIA APPS

Loaded with popular entertainment and news apps it is easy to connect and start watching these popular apps





- Large 21.5" touchscreen with screen mirroring, TV, and streaming/news/social media apps
- Tablet design with a minimalist appearance and an intuitive layout for easy navigation
- Powerful and durable 5.0HP AC driver system with up to 24 kph speed
- Oversize pulleys and 12 groove poly-v belt with tensioning idler reduce system stress for added reliability
- $\bullet\,$  Spacious 560 x 1575mm running surface provides confidence and security

CT1000ENT Treadmill combines our workhorse heavy duty commercial with a NEW, modern and engaging console interface. Boasting an impressive 21.5' TFT crystal clear, touch sensitive screen and designed to be user-centric and intuitive. Loaded with entertainment options from preprogrammed apps to mirror casting from your device to direct connection with HDMI. The treadmill robust construction and premium-grade components give users a smooth workout experience, while giving owners the peace-of-mind to know their equipment will live up to the rigors of consistent use.

- 1) 21.5" Touch TFT Console
- 2) NFC Login
- 3 Ample Accessory Storage

- 4) USB Charger & HDMI
- 5) Ergonomically Designed Hand Grips
- 6) Quick Access Keypad







- 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps
- Tablet design with a minimalist appearance and an intuitive layout for easy navigation
- Extra wide, 12 groove poly-v belt with roller bearing tensioner system to provide smooth feel and long product life
- 30 lbs. flywheel with a 12:1 pedal to flywheel ratio creates the perfect balance for smooth stride motion at any speed/resistance level
- 21" stride length with exclusive 2-degree pedal inversion to assure a comfortable motion

CE1000ENT Elliptical features a smooth pedal motion with a 2-degree inversion of the pedals for an ergonomic foot path to minimize joint stress. Combine this with a NEW modern and engaging console interface. Impressive 15.6" TFT crystal clear, touch sensitive screen and designed to be user-centric and intuitive. Loaded with entertainment options from preprogrammed apps to mirror casting from your device to direct connection with HDMI. Effective and entertaining, this elliptical is designed to stand the test of time by being robust and having a durable drive train system.

#### **DISPLAY**

- 1) 15.6" Touch TFT Console
- 4) Quick Access Keypad
- 2) Both Narrow and Wide Hand Grips
- 5 NFC Login

3) USB Charger & HDMI

6) Accessory Storage









- 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps
- $\bullet$  Tablet design with a minimalist appearance and an intuitive layout for easy navigation
- $\bullet \ \, \text{Extra wide, 8 groove poly-v belt, spring loaded idler for reduced belt tension for longer belt and bearing life}$
- $\bullet$  Quick adjust seat easily slides to accommodate users of various heights
- $\bullet$  Easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout

CU1000ENT Upright Bike presents three workout display modes for rider engagement, and oversized 1" crank axle and heavy-duty roller bearings for a smooth ride and reliable longevity. NEW, an impressive 15.6" TFT crystal clear, touch sensitive screen and designed to be user-centric and intuitive. Loaded with entertainment options from preprogrammed apps to mirror casting from your device to direct connection with HDMI. Engaging and entertaining, this upright bike also features commercial-grade pedals, cranks and bearings provide outstanding function and durability.

- 1) 15.6" Touch TFT Console
- 2 USB Charger & HDMI
- 3 Accessory Storage

- 4) Quick Access Keypad
- 5) NFC Login
- 6 Ergonomic Arm Rests





## **CRIOOOENT**

RECUMBENT BIKE



#### **FEATURES**

- 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps
- $\bullet$  Tablet design with a minimalist appearance and an intuitive layout for easy navigation
- Extra wide, 8 groove poly-v belt, spring loaded idler for reduced belt tension for longer belt and bearing life
- Oversized 1" crank axle along with heavy duty roller bearings for reliable longevity
- Easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout

CR1000ENT Semi-Recumbent Bike is built to perform and entertain. A NEW, an impressive 15.6" TFT crystal clear, touch sensitive screen and designed to be user-centric and intuitive. Loaded with entertainment options from preprogrammed apps to mirror casting from your device to direct connection with HDMI. The bikes durability comes from a commercial crank assembly and extra-large roller bearings providing a smooth pedal motion that can handle even the most rigorous workout.

- 1) 15.6" Touch TFT Console
- 2) USB Charger & HDMI
- 3 Accessory Tray

- 4) Quick Access Keypad
- 5 NFC Login





800+ and 800ENT+ series

WORKOUT ANYWHERE, ANYTIME.

Spirit Commercial Fitness announces the release of their 800+ Series and 800ENT+ Series to its commercial range of cardiovascular equipment. The new products were redesigned for high performance with technological enhancements that will keep users engaged and coming back for more. Spirit Commercial Fitness makes sure that each new equipment design meets the same demanding standards that have crafted the Spirit Fitness brand.

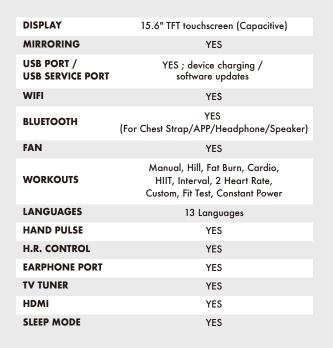




SUPERB ENTERTAINMENT EXPERIENCE

**800ENT+ CONSOLE** 



















CONNECT TO THIRD PARTY APPS VIA BLUETOOTH FTMS













CT800+ CT800ENT+ CT850+

## **TREADMILL**







## SUPERB ENTERTAINMENT EXPERIENCE

The updated ENT+ console now has a 15.6" touchscreen display with screen mirroring, HDMI input, 3.5mm headphone jack, improved cooling fan and USB charging port.

## **DURABLE DECK**

This maintenance-free deck system provides hassle-free use for thousands of miles, plus the spacious  $560 \times 1525 \text{mm} / 22'' \times 60''$  workout area accommodates tall individuals.





## DIRECT CONTROL BUTTONS

Easy to access control buttons on console provide the ability to quickly program a specific incline or speed with just a few key strikes.



**FEATURES** 

- · Bright white multi-window LED console is easy to read and simple to use.
- · Direct speed and incline buttons make workouts more efficient.
- $\cdot$  Spacious 560 x 1525mm workout area to accommodate tall individuals.
- · This unit comes equipped with a 3.0HP AC Drive with grade H insulation.

The CT800+ commercial treadmill has a reputation for reliability and value that meets your space and budget needs. Weighing in at 173kg, this machine is truly heavy-duty and packs a load of premium features that keep clients happy. The top control panel boasts a simple and intuitive design with direct speed and incline buttons, multiple storage options for water bottles, phones, and other accessories, as well as a built-in fan that helps keep users cool. The ergonomically positioned hand pulse sensors let users easily monitor vital stats, while a variety of built-in programs allow nearly endless workout customization to suit a wide range of fitness levels.

- 1) Direct incline/speed buttons
- 2) White multi-window LED displays
- 3) USB charging port

- 4) Adjustable fan angle
- 5 Accessory trays
- 6 Easy-touch control buttons







- · Large 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps.
- · 3 different workout display modes give users a variety of workout feedback.
- $\cdot$  Spacious 560 x 1525mm workout area to accommodate tall individuals.
- · This unit comes equipped with a 3.0HP AC Drive with grade H insulation.

The CT800ENT+ treadmill includes an impressive combination of functional and technological advancements in a budget friendly treadmill. The oversized 15.6" touchscreen entertainment display allows users to screen mirror from their phone so they can watch whatever they want. Pre-loaded apps also give users the ability to stay entertained with popular streaming, news, and social media content. And if that isn't enough, the facility can enable the ability to watch cable TV through an HDMI and cable box connection.

- 1) 15.6" touch screen display
- 2) USB charging port
- 3) Adjustable fan angle

- 4 Cell phone ledge
- 5) Audio Jack 3.5mm
- 6) Easy-touch control buttons





#### **FEATURES**

- · 4.0 horsepower AC drive motor provides superior torque and reliability.
- · Direct speed and incline buttons make workouts more efficient.
- · Spacious 560 x 1525mm workout area to accommodate tall individuals.
- · Bright white multi-window LED console is easy to read and simple to use.

Designed to withstand the rigors of a commercial fitness environment, the CT850+ Treadmill combines convenient features with durable construction to provide an exceptional workout experience. The cool running, 4.0 horsepower AC drive motor with a startup speed of only 0.8 kph adds to the reliability while providing the torque and smooth continuous power required for all types of users. The top control panel boasts a simple and intuitive design with direct speed and incline buttons, multiple storage options for water bottles, phones, and other accessories, as well as a built-in fan that helps keep users cool.

- 1) Direct incline/speed buttons
- 2) White multi-window LED displays
- 3) USB charging port

- 4) Adjustable fan angle
- 5 Accessory trays
- 6 Easy-touch control buttons









## **ELLIPTICAL**





## SUPERB ENTERTAINMENT EXPERIENCE

**SPIRIT** 

The updated ENT+ console now has a 15.6" touchscreen display with screen mirroring, HDMI input, 3.5mm headphone jack, improved cooling fan and USB charging port.

## **FOOT PEDALS**

2 degrees of inversion at each foot pedal places the user in an anatomically correct position.





## **PULSE GRIP HANDLES**

Ergonomically designed handles that provide a comfortable grip throughout the workout plus two stationary handles on console with pulse grip to easily get an accurate heart rate.



#### **FEATURES**

- · Smooth, quiet 508mm stride, which is the optimal distance for the average user.
- · Generator powered console means there is no need for electricity.
- $\cdot$  Dual rollers on each pedal arm for a sturdier base.
- · 40 levels of resistance to satisfy the needs of beginners or advanced exercisers.

The CE800+ was specifically engineered for the commercial environment, from its heavy-duty steel frame to its premium console features. Its design focuses on convenience, comfort, reliability, and aesthetic appeal. Facility owners will have the peace-of-mind knowing they have a dependable machine while users experience a fluid total-body workout.

This unit uses a generator to power the console. Therefore, there is no need for an electrical hookup. Dual track with shielded concave roller wheel system for superior stability and durability.

- 1) Message center
- 2) Track and program profile window
- 3) Fan on/off

- 4) USB charging port
- 5 Adjustable fan angle
- 6 Easy-touch control buttons







- · Large 15.6" touchscreen with screen mirroring, TV, and streaming/news/ social media apps.
- $\cdot$  3 different workout display modes give users a variety of workout feedback.
- · Connects to third party apps via Bluetooth FTMS.
- · 40 levels of resistance to satisfy the needs of beginners or advanced exercisers.

The CE800ENT+ elliptical trainer incorporates touchscreen technology on a large 15.6" entertainment display. Users can screen mirror from their phone so they can watch whatever they want. Pre-loaded apps also give users the ability to stay entertained with popular streaming, news, and social media content. Connects to third party apps via Bluetooth FTMS. And if that isn't enough, the facility can enable the ability to watch cable TV through an HDMI and cable box connection.

- 1) 15.6" touch screen display
- 2) Tablet-friendly reading rack holder
- 3) Adjustable fan angle

- 4) USB charging port
- 5 Audio Jack 3.5mm
- 6 Easy-touch control buttons





#### **FEATURES**

- · Electronically adjustable stride length from 457-610mm.
- · Multi-position hand grips with remote resistance and stride controls.
- · Dual track with shielded concave roller wheel system for superior stability and durability.
- · 20 levels of resistance to satisfy the needs of beginners or advanced exercisers.

The CE850+ adjustable stride Elliptical Trainer combines our robust and compact front-drive elliptical design with the ability to customize your ideal stride motion from 457-610mm.

Our narrow pedal spacing (Q-Factor), large cushioned pedals, and ability to simulate a walk/jog/run through electronically adjustable stride adjustment combine to give you the ultimate cardio workout for your users.

- 1) Message center
- 2) Track and program profile window
- 3) Fan on/off

- 4) USB charging port
- 5 Adjustable fan angle
- 6 Easy-touch control buttons









## **UPRIGHT BIKE**





## SUPERB ENTERTAINMENT EXPERIENCE

**SPIRIT** 

The updated ENT+ console now has a 15.6" touchscreen display with screen mirroring, HDMI input, 3.5mm headphone jack, improved cooling fan and USB charging port.

### PADDED SEAT

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.





## **FOOT PEDALS**

Pedals have 2 degrees of inversion that help place your body into an anatomically correct position throughout the workout; they are also padded to take stress off of the feet.



**FEATURES** 

- · Built-in contact and telemetric heart rate capabilities for a more effective workout.
- · Generator powered console means there is no need for electricity.
- · Oversized foot pedals with fast-latching system.
- · 40 levels of resistance to satisfy the needs of beginners or advanced exercisers.

The CU800+ Upright Bike was specifically engineered for the commercial environment, from its heavy-duty steel frame to its durable powder coat paint finish. Features like built-in hand pulse sensors on the multi-position handlebars, as well as the easy-to-read console with a variety builtin programs, satisfy casual and committed users alike. The extra-smooth ride comes from the perfected gearing and the integrated generator/flywheel system.

- 1) Message center
- 2) Track and program profile window
- 3 Fan on/off

- 4) USB charging port
- 5 Adjustable fan angle
- 6 Easy-touch control buttons







- · Large 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps.
- · Oversized foot pedals with fast-latching system.
- · 3 different workout display modes give users a variety of workout feedback.
- · 40 levels of resistance to satisfy the needs of beginners or advanced exercisers.

The CU800ENT+ incorporates touchscreen technology on a large 15.6" entertainment display. Users can screen mirror from their phone so they can watch whatever they want. Connects to third party apps via Bluetooth FTMS. Pre-loaded apps also give users the ability to stay entertained with popular streaming, news, and social media content. And if that isn't enough, the facility can enable the ability to watch cable TV through an HDMI and cable box connection. The USB charging port, cooling fan, and user-intuitive design appeal to a wide range of users.

- 1) 15.6" touch screen display
- 2) Tablet-friendly reading rack holder
- 3) Adjustable fan angle

- 4) USB charging port
- 5 Audio Jack 3.5mm
- 6) Easy-touch control buttons





## **RECUMBENT BIKE**





## SUPERB ENTERTAINMENT EXPERIENCE

**SPIRIT** 

The updated ENT+ console now has a 15.6" touchscreen display with screen mirroring, HDMI input, 3.5mm headphone jack, improved cooling fan and USB charging port.

## ERGONOMIC HAND GRIPS

Ergonomically friendly pulse grip handles are mounted comfortably on each side of the seat for a more natural hand position.





### **COMFORT MOLDED SEAT**

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.



#### **FEATURES**

- · Built-in contact and telemetric heart rate capabilities for a more effective workout.
- · Generator powered console means there is no need for electricity.
- · Oversized foot pedals with fast-latching system.
- · 40 levels of resistance to satisfy the needs of beginners or advanced exercisers.

The CR800+ Semi-Recumbent Bike is the perfect bike for the commercial environment. The step-through design and easy-adjust seat makes it easy for your clients to get on the bike and quickly find the most comfortable seat position. The intuitive console offers multiple program options and up to 40 levels of resistance to keep your clients interested and motivated. The extra smooth ride comes from the perfected gearing and the integrated generator/flywheel system.

- 1) Message center
- 2) Track and program profile window
- 3 Fan on/off

- 4) USB charging port
- 5 Adjustable fan angle
- 6 Easy-touch control buttons







- · Large 15.6" touchscreen with screen mirroring, TV, and streaming/news/social media apps.
- · Oversized foot pedals with fast-latching system.
- · 3 different workout display modes give users a variety of workout feedback.
- · 40 levels of resistance to satisfy the needs of beginners or advanced exercisers.

The CR800ENT+ incorporates touchscreen technology on a large 15.6" entertainment display. Users can screen mirror from their phone so they can watch whatever they want. Pre-loaded apps also give users the ability to stay entertained with popular streaming, news, and social media content. Connects to third party apps via Bluetooth FTMS. And if that isn't enough, the facility can enable the ability to watch cable TV through an HDMI and cable box connection. The USB charging port, cooling fan, and user-intuitive design appeal to a wide range of users.

- 1) 15.6" touch screen display
- 2) Tablet-friendly reading rack holder
- 3) Adjustable fan angle

- 4) USB charging port
- 5 Audio Jack 3.5mm
- 6 Easy-touch control buttons







**CS800**+

CRS8005+

**STEPPER** 





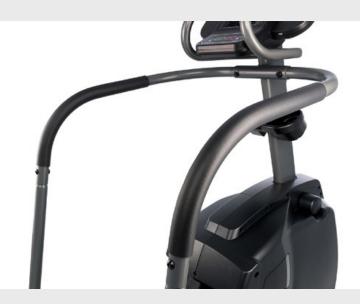


## CONSOLE

The console features a large easy-to-read display with a variety of program options for users of all fitness levels, an integrated fan to keep clients cool, and a USB charging port for keeping their device charged.

## **DURABLE FRAME**

Heavy-gauge high-strength steel frame with durable powder-coat paint means this stepper is designed to stand the test of time.





## HAND PULSE SENSORS

Ergonomically friendly pulse grips for a more natural hand position to easily access heart rate metrics during use.



#### **FEATURES**

- · 410mm maximum step height with 20 levels of resistance satisfy the needs of beginners or advanced exercisers.
- · 2-degrees of inversion at each food pedal places the user in an anatomically correct position.
- · Oversized foot pedals with fast-latching system.
- · Shielded concave roller wheel system for superior stability and durability.

The CS800+ Stepper combines the familiar dependent stepping action with an arched step-rail design and impressive 410mm / 16" maximum step height for an effective lower body workout. The narrow 2" pedal spacing (Q-Factor), large cushioned pedals, and solid handrail design combine to give you an incredibly comfortable and space-efficient cardio unit. The electronics in the CS800+ are designed to provide intuitive operation. The console features a large easy-to-read display with a variety of program options for users of all fitness levels, an integrated fan to keep clients cool, and a USB charging port for keeping their device charged. The conveniently located hand pulse grip sensors provide heart rate monitoring on demand.

- 1) Message center
- 2) Track and program profile window
- 3) Fan on/off

- 4) USB charging port
- 5 Adjustable fan angle
- 6 Easy-touch control buttons







### **FEATURES**

- · Linked upper and lower body linear pattern with a 1 to 1 ratio.
- · Seat swivels 360-degrees making it easy to enter and exit the machine.
- · Large multi-grip handles with a soft, textured coating for a secure grip.
- · Armrest height is easily adjustable and retracts when not needed.

The CRS800S+ Recumbent Stepper makes total-body exercise accessible for a wide variety of users. Regardless of age or physical ability, the CRS800S+ offers a variety of features that take the effort out of getting on and working out. The step-through frame design, retractable arm rests, and swiveling seat assembly allow easier machine entry/exit. The self-adjusting 2.5 to 32 cm linear step range not only accommodates limitations in range of motion, but also helps accommodate users of various heights. Multi-grip adjustable handles, oversized cushioned pedals with adjustable straps, adjustable armrests, and a 4-way adjustable high-density foam seat with 360-degree swivel create a comfortable workout experience.

### **DISPLAY**

- 1) Message center
- 2) Track and program profile window
- 3 Fan on/off

- 4) USB charging port
- 5 Adjustable fan angle
- 6 Easy-touch control buttons









# STEEL FAN COVER

Durable stainless steel fan cover protects the powerful air/magnetic fan that delivers a smooth workout with 16 levels of resistance.

# ADJUSTABLE FOOTRESTS

Flex pedals with easy adjust numbered settings provide users with a comfortable workout.





# LARGE SEAT

Large contoured seat for ultimate comfort and a convenient 508mm / 20" frame height to get users on and off with ease.



# CRW800+

**ROWER** 



### **FEATURES**

- · Air and magnetic resistance (16 levels) for smooth and consistent operation.
- · Wireless remote handle controls allow quick changes to resistance.
- · Commercial grade handle strap is both smooth and reliable.
- · Fold-up frame design for easy storage.

The CRW800+ Rower combines a long list of high-performance features with a reliable design. From the convenience of the 508mm / 20" frame height and folding storage design to the combined air/magnetic resistance and remote handle controls, the CRW800+ is sure to impress. It is the perfect addition to a corporate fitness/recreation center, school or hotel because the ease of use and resulting unparalleled full-body workout are second to none.

### **DISPLAY**

- 1) Large 5.5" LCD window
- 2 Built-in HR receiver
- 3 Easy-touch control buttons

- 4) Ten effective programs
- 5) Quick resistance changes
- 6 Low battery indicator

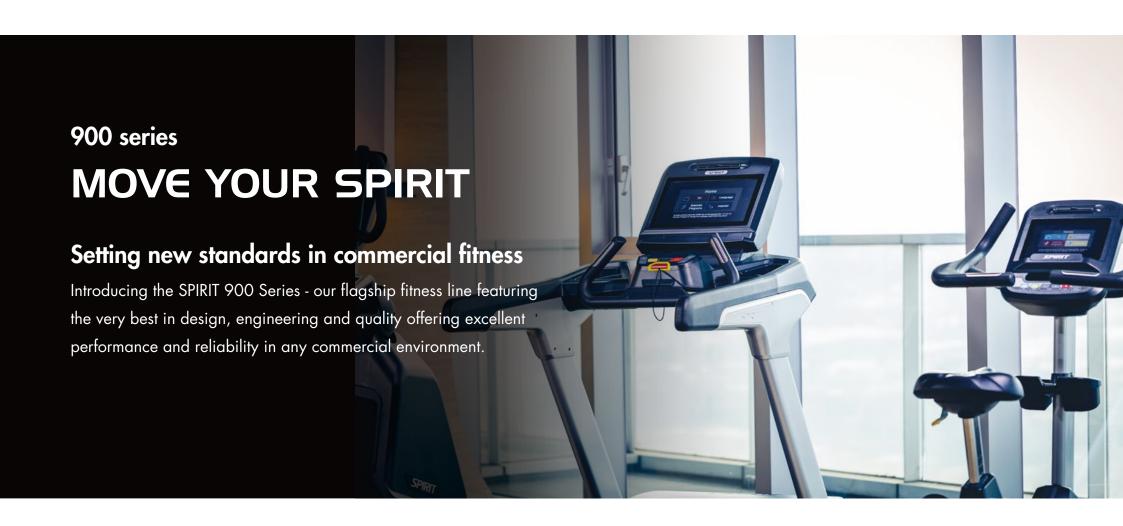


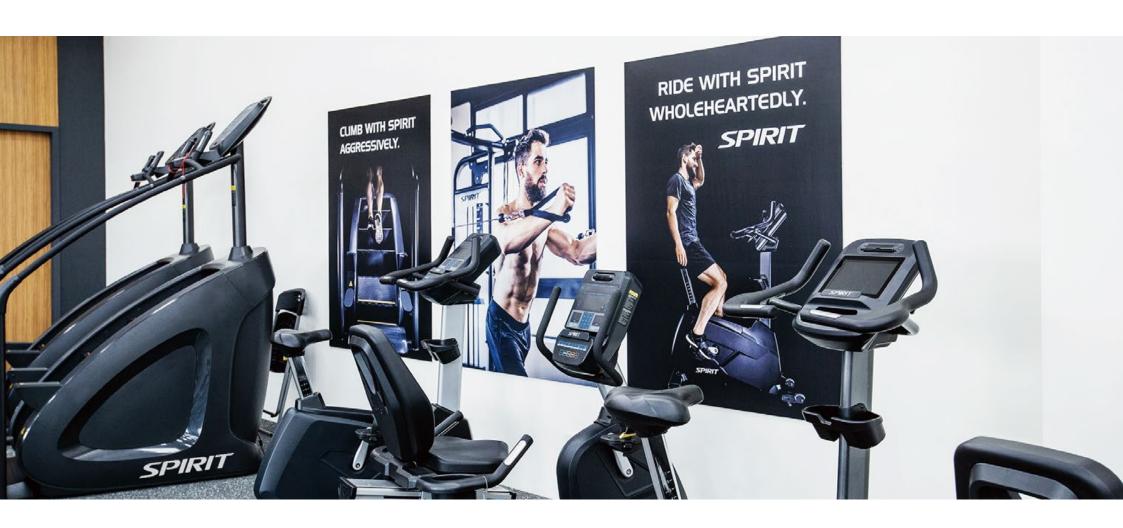


A RELIABLE DESIGN TO PROVIDE AN UNPARALLELED FULL-BODY WORKOUT











### **FEATURES**

- · Industrial, 5.0 horsepower AC drive system provides power and longevity.
- · Roomy 560 x 1575mm workout surface maximises movement in its footprint.
- · Double-sided phenolic deck, 75mm / 3.0" rollers and multi-ply Habasit® belt provide smooth motion.
- · Polyurethane shock absorbers ensure just the right amount of cushioning.

Robust construction and commercial-grade components make the CT900 the gold standard for treadmills. Specifications for the shocks, rollers, belt and deck were meticulously chosen to give users a smooth workout experience. Powder-coated steel and powerful motors allow owners to rest assured they have products that will stand the test of time. Our 900 series console was designed to be easy to use with intuitive program operation. The automobile industry's "Ultra-Bright" blue LED display with backlighting elements make the console easy to read. The program keys along with numeric keypad make entering data easy, so your clients can quickly start their workout routine.

### **DISPLAY**

- 1) Integrated adjustable fan
- 4) Large LED matrix window
- 2) Premium, ultra-bright blue LED display 5) Hand grips for HR

3) LED heart rate graph

6) Accessory trays







# **WIDER DECK SURFACE**

Provide a more natural running / walking experience with quiet operation. It makes your exercise more comfortable.

# **DURABLE DECK**

Double-sided 0.5mm phenolic coated deck, 75mm / 3.0" rollers and multi-ply Habasit® belt combine to provide a low maintenance system for thousands of miles.





# **PULSE GRIPS**

Ergonomically friendly hand grips for pulse tracking.



### **FEATURES**

- · Long-lasting design with heavy gauge tubular steel and large polyurethane wheels.
- · 533mm / 21" stride length simulates the natural pedal movement with 2-degree pedal inversion.
- · Electromagnetic resistance system provides 40 levels of increasing intensity.
- · Industrial-grade, 72mm roller bearings for fluid movement.

Workout comfort and performance were first in mind when the CE900 Elliptical was developed. From stride length and hand grips to pedal placement and flywheel inertia, this elliptical combines fit and function in one robust machine. Owners will feel secure that they've made a solid investment for their users' experience and their bottom line. Our 900 series console was designed to be easy to use with intuitive program operation. The automobile industry's "Ultra-Bright" blue LED display with backlighting elements make the console easy to read. The program keys along with numeric keypad make entering data easy, so your clients can quickly start their workout routine.

### **DISPLAY**

- 1) Integrated adjustable fan
- 4) Large LED matrix window
- 2) Premium, ultra-bright blue LED display 5) Lap counter

3) LED heart rate graph

6) Tablet reading rack holder







# **PULSE GRIP HANDLES**

Ergonomically designed handles that provide a comfortable grip throughout the workout plus two stationary handles on console with pulse grip to easily get an accurate heart rate.

# **COMFORTABLE STRIDE**

533mm / 21" stride length with exclusive 2-degree pedal inversion to assure a comfortable motion.





# **DURABLE FRAME**

An epoxy hybrid, double powder coated, heavy gauge high strength steel frame means this elliptical is designed to stand the test of time.



**FEATURES** 

- · Oversized 25mm / 1" crank axle along with heavy duty roller bearings provide long life and reliability.
- · Extra wide, 8 groove poly-v belt, spring loaded idler for reduced belt tension ensuring longer belt and bearing life.
- · Quick adjust seat easily slides to accommodate users of various heights.
- · Generator system allows the unit to be placed in any location

The CU900 Upright Bike boasts features that provide users with precise fit and function and a beautiful console to track performance. The seat height securely locks and adjusts to suit the user while the moulded handlebars provide ultimate comfort. Pedal motion is smooth and consistent with industrial roller bearings and 25mm / 1" crank axel that can power through any climb.

### **DISPLAY**

- 1) Integrated adjustable fan
- 4) Large LED matrix window
- (2) Premium, ultra-bright blue LED display 5 Lap counter

3) LED heart rate graph

6) Tablet reading rack holder







# **EASY TO MOVE STEADILY**

Ergonomically designed handles that provide a comfortable grip throughout the workout plus two stationary handles on console with pulse grip to easily get an accurate heart rate.

# **COMFORTABLE STRIDE**

Padded easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout with less stress on your feet.





# PADDED SEAT

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.



**FEATURES** 

- · Rider-powered, Bluetooth®-enabled console with program quick keys and full display.
- · Our fitness bikes not only allow up and down seat adjustment, but they also feature a fore/aft adjustment for the perfect fit.
- · Easy-to-use quick mode buttons with simple control keypad, LCD displays all important information.

The AB900 is a classic design of a classic modality. With its air-driven, isokinetic resistance system, this air bike is a powerful tool for all types of training situations — from low RPM, low load rehabilitation to high performance, high Watt output interval training. Resistance matches the user's effort and accommodates upper-body only and total body exercise. The compact design and eco-friendly rider-powered console allows the AB900 to be placed anywhere in a facility for easy programming integration.

### **DISPLAY**

- 1) Interval display panel
- 4) Time, distance, calories, watts, speed, RPM
- 2) Quick mode buttons
- 5) Heart rate display panel
- 3) Bluetooth® button
- 6) Control keypad







# **COMFORTABLE SEAT**

A comfort molded seat allows users to work out for longer stretches with maximum enjoyment.

# **DURABILITY**

All Spirit Fitness bikes are built with extra-heavy-gauge steel tubing to give them a stable base, and use high-quality bearings rather than bushings to ensure a longer life and smoother cycling action.





# INTEGRATED WINDSCREEN

Standard, integrated windscreen to prevent blowback for user comfort.



### **FEATURES**

- · Step-through design allows users to easily enter the moulded foam seat.
- · Seat adjusts to accommodate users of varying heights.
- · Electromagnetic resistance system provides power and 40 levels of increasing intensity.
- · Ratcheting pedals feature 2-degree inversion for comfortable foot placement.

Built to last, the CR900 Recumbent Bike takes workout ease and comfort to a new level. Step-through design makes it easy for all users to enter and exit the bike. Moulded foam seat that adjusts along the seat rail and quick ratcheting pedals make it easy to get on and go. Commercial crank assembly and extra-large roller bearings provide fluid pedal motion.

### **DISPLAY**

- 1) Integrated adjustable fan
- 4) Large LED matrix window
- 2) Premium, ultra-bright blue LED display 5) Lap counter

3) LED heart rate graph

6) Tablet reading rack holder







# **COMFORT MOLDED SEAT**

The seat and backrest are made of high durometer foam pads to keep users comfortable throughout their workout.

# **FOOT PEDALS**

Padded easy in and out ratcheting pedals with 2-degree pedal inversion for a comfortable workout with less stress on your feet.





# **EASY TO MOVE STEADILY**

There are transport wheels integrated into the front floor support tube for ease of repositioning. Simply lift and tilt the front end to roll the unit to your desired location.



**FEATURES** 

- · Automatic stair locking when machine is not in use for entering or exiting the machine.
- · Color indication lights around the contact heart rate grips visually display when the machine is in use or standby mode.
- · Easy access maintenance panels on either side.
- · Extra step-depth keeps shoes from being pinched.

One of the original HIIT workouts, a rotating-stair climber has been one of the toughest machines in the gym for more than 35 years. The Spirit StairClimber features a super sleek design, locking stairs for safety and the largest surface area on the market for multiple foot position training options. Added depth to the stairs keep toes from being pinched while feeling like a natural step motion.

### **DISPLAY**

- 1) Multi-window display
- 2) Ultra-bright blue LED display
- 3 Easy access program buttons
- 4) Large LED matrix window
- 5 Numeric Keypad
- 6) 2-Speed fan for workout comfort







# CONSOLE

Multi-window blue LED display with built in fan, integrated tablet rack, and space for accessories.

# THE LARGEST STEPPING SIZE

One of the largest stepping surface area of any commercial stair-stepping machine.





# **REMOTE BUTTONS**

Contact heart rate grips, resistance controls, and start /stop switch on handlebars.



# CRW900



### **FEATURES**

- · 10 levels of water resistance with easy-adjust knob to challenge all fitness levels.
- · Timeless wooden and steel frame for lasting performance.
- · XL twin tank design with durable multi-bladed impeller for greatly improved resistance range.
- · Commercial grade padded handlebar for comfort and durability.

Whether placed in a commercial or quality home studio, this rugged indoor rower never disappoints. Guaranteed to enhance any grand environment, CRW900 is complete with a hand lacquered American Ash Blackwood finish.

Flawlessly reproducing the natural catch and consistent water resistance rowing CRW900 packs a punch with 65% greater resistance than standard fluid models – the perfect rower for solid progression no matter the fitness ability.

#### **DISPLAY**

- 1) Interval display panel
- 2) Quick mode buttons
- 3) Bluetooth® button

- 4) Large, easy-to-read display
- 5) Heart rate display panel
- 6 Control keypad







# EASY-ADJUST RESISTANCE KNOB

10 levels of water resistance with easy-adjust knob to challenge all fitness levels.

# **ADJUSTABLE FOOTRESTS**

Padded footrests for ultimate comfort and easy adjustable straps for a secure fit.





# **BIG TANK**

XL twin tank design with durable multi-bladed impeller for greatly improved resistance range.

# **CB900**

#### INDOOR CYCLING & STUDIO BIKE



### **FEATURES**

- The 64 kilogram frame consisting of 2.5 mm thick oval tubing and round bars enhance stability and longevity.
- · To prevent sweat corrosion, double powder paint is coated. The concave groove on the flywheel disperses sweat, extending the life of the flywheel.

Integrating critical components for gym level performance

The needle bearings that encompass the pedals and flywheel axle, the industrial grade Hutchinson PK poly-V® belt, and our three piece crank work synergistically to create the perfect formula for durability and performance.







# JOHNNY G SPIRIT BIKE

INDOOR CYCLING & STUDIO BIKE



### **FEATURES**

- · Electronically controlled magnetic resistance system with multiple adjustment touch points.
- · Solid steel construction and triple powder coated for durability.
- · Belt drive system provides the feel of a road bike.
- · Proprietary handlebar design for comfort and resistance buttons at your fingertips regardless of ride position.

Over the last 25 years, Johnny G has been engineering the next evolution of indoor bikes.

His newest creation is a beautiful, SLEEK machine of uncompromising design. Johnny has taken the guess work out of working out with his push button magnetic resistance. It allows the user to replicate their last ride for a consistent and rewarding workout every time creating a PERSONAL experience for every ride and rider. Gone are the days of patchwork welded tubes; Johnny's newest creation uses a monocoque steel frame and heavy base. This perfect marriage of vision and practicality allows the back of the frame to flex like the chain-stays on an outdoor bike, creating a response which makes the bike feel ALIVE. Don't settle for the old standard of indoor bikes, your clients deserve to ride the best bike ever built: The Johnny G Spirit Bike.

#### DISPLAY

- 1) Level, RPM, time, distance, watts, and heart rate
- (2) Power zone indicator
- 3) Heart rate zone indicator



### **SPECIFICATION**



### **CT800+**

CIBOUT			
CONSOLE	Large multi LED windows		
PROGRAMS	Manual, Hill, Fat burn, Cardio, Interval, 2 Heart Rate, Custom, HIIT, 5K, 10K, 6 military readiness tests (Army, Navy, Air Force, Marines, PEB, Coast Guard)		
HEART RATE	Contact and telemetric compatible		
SPEED	0.8-20 Kph (0.5-12 Mph), 0.1 Increments		
INCLINE	0 to 15 level, 0.5 increments		
POWER	AC 120V / 20A, AC 230V / 15A		
DRIVE MOTOR	3.0 HP AC Drive with grade H insulation		
DECK	Maintenance-free, 25mm / 1" thick, double-sided Belt		
BELT	560 x 1525mm / 22" x 60"		
ROLLERS	75mm / 3"		
FRAME	Commercial-grade structural steel with durable powder coat paint, aluminum console masts		
DIMENSIONS	2159 x 909 x 1539mm / 85" x 35" x 60"		
PRODUCT WEIGHT	173kg / 383lb		
MAX USER WEIGHT	205kg / 450lb		



### **CT800ENT+**

Manual, Hill, Fat burn, Cardio, Interval, 2 Heart

15.6" TFT touch screen (Capacitive)

Rate, Custom, HIIT, 5K, 10K, 6 military readiness tests (Army, Navy, Air Force, Marines, PEB, Coast Guard)

Contact and telemetric compatible

0.8-20 Kph (0.5-12 Mph), 0.1 Increments

0 to 15 level, 0.5 increments

AC 120V / 20A, AC 230V / 15A

3.0HP AC Drive with grade H insulation

Maintenance-free, 25mm / 1" thick, double-sided Belt

 $560\times1525 \mathrm{mm}$  /  $22"\times60"$ 

75mm / 3"

Commercial-grade structural steel with durable powder coat paint, aluminum console masts

2159 x 909 x 1539mm / 85" x 35" x 60"

173kg / 383lb

205kg / 450lb



### **CT850+**

Large multi LED windows

Manual, Hill, Fat burn, Cardio, Interval, 2 Heart Rate, Custom, HIIT, 5K, 10K, Fitness Tests (Gerkin, Army, Navy, AirForce, Marines corps, Coast Guard, PEB)

Contact and telemetric compatible

0.8-20 Kph (0.5-12 Mph), 0.1 Increments

0 to 15 level, 0.5 increments

AC 120V / 20A, AC 230V / 15A

4.0HP AC Drive with grade H insulation

25mm / 1" phenolic, double-sided, wax-coated

560 x 1525mm / 22" x 60"

75mm / 3"

Commercial-grade structural steel with durable powder coat paint, aluminum console masts

2159 x 909 x 1539mm / 85" x 35" x 60"

180kg / 395lb

205kg / 450lb





# CTIOOOENT

### CE800+

	C1300	CHOOCENT		CE800+
CONSOLE	Premium, ultra-bright blue LED display and fan	21.5" TFT touch screen (Capacitive)	CONSOLE	Large multi LED windows
PROGRAMS	Manual, Hill, 5K run, Heart Rate, HIIT, Fat Burn, Cardio, Fitness tests	Manual, Hill, Fatburn, Cardio, Strength, 5K, 10K, Interval, HR, Custom, Calories, Fitness Test (Air Force, Army, Coast Guard, Marines, Navy, PEB, Gerkin, WFI)	PROGRAMS	Manual, 5 Preset, Custom, Fitness Test, Heart Rate Control, Constant Power, METs Readout
HEART RATE	Contact and telemetric compatible	Contact and telemetric compatible	HEART RATE	Contact and telemetric compatible
SPEED	0.8-20~24 Kph (0.5-12~14 Mph), 0.1 Increments	0.8-20~24 Kph (0.5-12~14 Mph), 0.1 Increments	RESISTANCE	40 levels
INCLINE	0 to 15 level, 0.5 increments	0 to 15 level, 0.5 increments	POWER	Self-Generating
POWER	230v (NEMA 5-20P electrical cord); 10A circuit recommended	AC 120V / 20A, AC 230V / 15A	FOOT PEDALS	Oversized with 2-Degree Inversion
DRIVE MOTOR	5.0 HP AC Drive with grade H insulation	5.0 HP AC Drive with grade H insulation	STRIDE	508mm / 20"
DECK	25mm / 1" phenolic, double-sided, wax-coated	25mm / 1" phenolic, double-sided, wax-coated	FLYWHEEL SYSTEM	14kg / 30lb
BELT	560 x 1575mm / 22" x 62", Habasit ® commercial, multi-ply	560 x 1575mm / 22" x 62", Habasit ® commercial, multi-ply	TRACK SYSTEM	Dual
ROLLERS	75mm / 3"	75mm / 3"	DRIVE TRAIN	Front Drive
FRAME	Commercial-grade structural steel with durable powder coat paint, aluminum console masts	Commercial-grade structural steel with durable powder coat paint, aluminum console masts	FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint
DIMENSIONS	2140 x 903 x 1530mm / 84" x 35" x 60"	2159 x 909 x 1539mm / 85" x 35.8" x 60.6"	DIMENSIONS	1981 x 635 x 1778mm / 78" x 25" x 70"
PRODUCT WEIGHT	227kg / 500lb	215kg / 473lb	PRODUCT WEIGHT	110kg / 244lb
MAX USER WEIGHT	205kg / 450lb	205kg / 450lb	MAX USER WEIGHT	205kg / 450lb



Color Option









# **CU800**+

**CU800ENT**+

**CUIOOOENT** 

CONSOLE	Large multi LED windows	15.6" TFT touch screen (Capacitive)	Premium, ultra-bright blue LED display and fan	15.6" TFT touch screen (Capacitive)
PROGRAMS	Manual, Hill, Fat burn, Cardio, HIIT, Interval, 2 Heart Rate, Custom, Fit Test, Constant Power	Manual, Hill, Fat burn, Cardio, HIIT, Interval, 2 Heart Rate, Custom, Fit Test, Constant Power	Manual, Hill, Fat Burn, Heart Rate, HIIT, Cardio, Interval, Watts and Fitness Test	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Fit Test, HR, Constant Power, Custom
HEART RATE	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible	Contact and telemetric compatible
RESISTANCE	40 levels	40 levels	40 levels	40 levels
POWER	Self-Generating	AC 100~240V / 50~60Hz	Self-Generating	120 volts; 15-amp circuit recommended
FOOT PEDALS	Oversized with fast-latching system	Oversized with fast-latching system	Oversized with fast-latching system	Oversized with fast-latching system
BLUETOOTH	YES	YES	YES	YES
FLYWHEEL SYSTEM	14kg / 30lb	14kg / 30lb	14kg / 30lb	14kg / 30lb
SEAT	Dual-Spring Cushioned	Dual-Spring Cushioned	High Density Foam Seat	High Density Foam Seat
DRIVE TRAIN	Poly-V Belt with Self-Tensioner	Poly-V Belt with Self-Tensioner	Extra wide, 8 groove poly-v belt with spring loaded idler	Extra wide, 8 groove poly-v belt with spring loaded idler
FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Epoxy hybrid, double powder coated, heavy gauge high strength steel	Epoxy hybrid, double powder coated, heavy gauge high strength steel
DIMENSIONS	1230 x 650 x 1465mm / 49" x 26" x 58"	1230 x 650 x 1465mm / 49" x 26" x 58"	1219 x 635 x 1397 mm / 48" x 25" x 55"	1219 x 635 x 1397 mm / 48" x 25" x 55"
PRODUCT WEIGHT	57kg / 127lb	57kg / 127lb	65kg / 142lb	65kg / 142lb
MAX USER WEIGHT	205kg / 450lb	205kg / 450lb	205kg / 450lb	205kg / 450lb



# **AB900**

CONSOLE	LCD Display
PROGRAMS	Quick Start, Target Time, Target Distance, Target Calories, Target Heart Rate, Interval 20-10, Interval 10-20, Interval custom
RESISTANCE	Isokinetic, air resistance
DRIVE SYSTEM	1/8" chain
SEAT ADJUSTMENT	Up/down – locking pop-pin, fore/aft – lever lock
HEART RATE	Receiver built-in (chest strap sold separately)
POWER	Console requires 4x AA batteries
FLYWHEEL SYSTEM	27" Fan Housing with 9 Steel Blades
SEAT	Dual-Spring Cushioned
DRIVE TRAIN	Dual Action, Chain, Direct Drive
FRAME	Commercial-Grade Structural Steel with Durable Powder-Coat Paint
DIMENSIONS	1220 x 658 x 1281 mm / 48" x 26" x 50"
PRODUCT WEIGHT	54kg / 119lb
MAX USER WEIGHT	150kg / 350lb

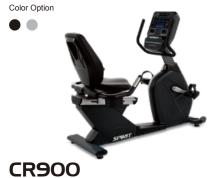




# **CR800**+

# CR800ENT+

CONSOLE	Large multi LED windows	15.6" TFT touch screen (Capacitive)
PROGRAMS	Manual, Hill, Fat burn, Cardio, HIIT, Interval, 2 Heart Rate, Custom, Fit Test, Constant Power	Manual, Hill, Fat burn, Cardio, HIIT, Interval, 2 Heart Rate, Custom, Fit Test, Constant Power
HEART RATE	Contact and telemetric compatible	Contact and telemetric compatible
RESISTANCE	40 levels	40 levels
POWER	Self-Generating	AC 100~240V / 50~60Hz
FOOT PEDALS	Oversized with fast-latching system	Oversized with fast-latching system
BLUETOOTH	YES	YES
FLYWHEEL SYSTEM	14kg / 30lb	14kg / 30lb
SEAT	High Density Foam Seat with Foam Back	High Density Foam Seat with Foam Back
DRIVE TRAIN	Poly-V Belt with Self-Tensioner	Poly-V Belt with Self-Tensioner
FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint
DIMENSIONS	1510 x 740 x 1290mm / 60" x 29" x 51"	1510 x 740 x 1290mm / 60" x 29" x 51"
PRODUCT WEIGHT	74kg / 164lb	74kg / 164lb
MAX USER WEIGHT	205kg / 450lb	205kg / 450lb





### CRIOOOENT

	CREOU	CRIOOCENT
CONSOLE	Premium, ultra-bright blue LED display and fan	15.6" TFT touch screen (Capacitive)
PROGRAMS	Manual, Hill, Fat Burn, Heart Rate, HIIT, Cardio, Interval, Watts and Fitness test	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Fit Test, HR, Constant Power, Custom
HEART RATE	Contact and telemetric compatible	Contact and telemetric compatible
RESISTANCE	40 levels	40 levels
POWER	Self-Generating	AC 100~240V / 50~60Hz
FOOT PEDALS	Ratcheting pedals with 2-degree inversion	Ratcheting pedals with 2-degree inversion
BLUETOOTH	YES	YES
FLYWHEEL SYSTEM	14kg / 30lb	14kg / 30lb
SEAT	High Density Foam Seat with Foam Back	High Density Foam Seat with Foam Back
DRIVE TRAIN	Extra wide, 8 groove poly-v belt with spring loaded idler	Extra wide, 8 groove poly-v belt with spring loaded idler
FRAME	Epoxy hybrid, double powder coated, heavy gauge high strength steel	Epoxy hybrid, double powder coated, heavy gauge high strength steel
DIMENSIONS	1701 x 737 x 1220 mm / 66" x 29" x 49"	1701 x 737 x 1220 mm / 66" x 29" x 49"
PRODUCT WEIGHT	88kg / 198lb	74kg / 194lb
MAX USER WEIGHT	205kg / 450lb	205kg / 450lb



**CSC9**00

CONSOLE	Multi-window blue LED display with built in fan, integrated tablet rack, and space for accessories
PROGRAMS	Quick Start, Warm Up, Fat Burn, Training, Rolling Hills, Challenge, Interval, User, Target
HEART RATE	contact and telemetric compatible
resistance	20 levels
POWER	AC adapter; 100-240V
STEP RATE	25 to 168 steps per minute
NUMBER OF STEPS	8
FAN	3, High, Low, Off
CEILING HEIGHT MINIMUM	2.74m
REMOTE BUTTON	Resistance Up/down, Start/stop
FDALLE	Commercial-grade steel with plastic shrouds and
FRAME	maintenance access panels
DIMENSIONS	
, , , , , , , , , , , , , , , , , , ,	maintenance access panels







# **CS800**+

CRS8005+

**CRW800**+

CONSOLE	Large multi LED windows	CONSOLE	Large multi LED windows	CONSOLE	5.5" LCD, adjustable console angle and console arm
PROGRAMS	Steps, Vertical Distance, Calories, Watts, Pulse, METs, Time Elapsed, Time Remaining Program Profile, SPM, Level	PROGRAMS	Steps, Calories, Pulse, Time Elapsed, Time Remaining, Distance, Watts, METs, SPM, Level, Track, Program Profile	PROGRAMS	Manual, Distance, Time, Calories, 20/10 Interval, 10/20 Interval, Custom Interval, Fat Burn, Cardio, Strength, Game
HEART RATE	Contact and telemetric compatible	HEART RATE	Contact and telemetric compatible	HEART RATE	Contact and telemetric compatible
RESISTANCE	20 levels	RESISTANCE	20 levels, Watt Range from 5 to 750	RESISTANCE	Air and magnetic (16 levels)
POWER	AC 100~240V / 50~60Hz	POWER	AC 100~240V / 50~60Hz	POWER	Self-Generating, 2 C batteries required (not included)
FOOT PEDALS	Oversized and Padded with 2-degree inversion	FOOT PEDALS	Oversized with cushioned foot pedals	FOOTRESTS	Flex pedals with numbered settings
BLUETOOTH	YES	BLUETOOTH	YES	MONORAIL LENGTH	1372mm / 54"
FLYWHEEL SYSTEM	10.5kg / 23lb	ARMREST	Adjustable height, retracts out of way when needed	FLYWHEEL SYSTEM	Ф200, 3.5kg
STORAGE	Reading rack, dual water bottle holders	STRIDE LENGTH	25-320mm / 1"-12.5", self-adjusting linear range	SEAT	Contoured and padded
STRIDE LENGTH	406mm / 16" arched step	SEAT	High-density foam seat pads, adjustable angle, fore/aft adjustment, 360-degree swivel seat	FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint
FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	FRAME	Heavy-Gauge High-Strength Steel with Durable Powder-Coat Paint	DIMENSIONS	2388 x 457 x 965mm / 94" x 18" x 38" Folded
DIMENSIONS	1400 x 810 x 1700mm / 55" x 32" x 67"	DIMENSIONS	1752 x 889 x 1244mm / 69" x 35" x 49"		1346 x 457 x 1803mm / 53" x 18" x 71"
PRODUCT WEIGHT	84kg / 184lb	PRODUCT WEIGHT	118kg / 262lb	PRODUCT WEIGHT	43kg / 95lb
MAX USER WEIGHT	205kg / 450lb	MAX USER WEIGHT	205kg / 450lb	MAX USER WEIGHT	205kg / 450lb
( ) CRECIFICATION					



# **CRW900**

CONSOLE	5.5" LCD, Adjustable Console Angle
PROGRAMS	Manual, Target Time, Target Distance, Target Stroke, Target Calories, Target HR
HEART RATE	Telemetric (Chest strap sold separately)
resistance	Water (10 Levels), Easy-adjust Knob
POWER	Console requires 4 AA batteries
SEAT	Ergonomically molded seat
MONORAIL LENGTH	1130mm / 44.5" with 864mm / 34" seat travel
FOOTRESTS	Footrests with adjustable straps and padded
FRAME	Heavy-duty wooded frame with durable aluminum slide rails
DIMENSIONS	2134 x 533 x 559mm / 84" x 21" x 22" Stands for upright storage
PRODUCT WEIGHT	41kg / 90lb
MAX USER WEIGHT	205kg / 450lb





# JOHNNY G SPIRIT BIKE

CONSOLE	Optional Single LCD, One-Window Console	23 characters with 6 data metrics at a glance, multi-color heart rate and power zone indicator LEDs
PROGRAMS	NO	Heart Rate Zone, Power Zone, Lap, Functional Threshold Power (FTP) test
HEART RATE	Telemetric ( Chest strap sold separately )	Telemetric ( Chest strap sold separately )
RESISTANCE	Rotary Knob; Micro-Adjustments	20 levels
DRIVE TRAIN	Industrial grade Hutchinson PK Poly-V Belt	Conti Synchroforce® HTD and Hutchinson® FleXonic® Poly V® belts
POWER	NO	Self-Generating
FLYWHEEL SYSTEM	20kg / 44lb	21kg / 46lb
PEDALS	SPD & Toe Cage	Dual sided with SPD and straps
HANDLEBAR	Rubber dipped, Multi-Grip Design	Multiple handlebar positions with resistance shifters at ends
FRAME	Heavy-Gauge High-Strength Steel, Zinc Undercoating with Durable Powder-Coat Paint	Solid steel with 3 layers of protection (plated, powder-coated and clear coat)
DIMENSIONS	1145 x 596 x 1095 mm / 46" x 54" x 44"	1250 x 500 x 1100mm / 49" x 20" x 43"
PRODUCT WEIGHT	64kg / 141lb	68kg / 151lb
MAX USER WEIGHT	160kg / 352lb	159kg / 350lb



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