

POWERBLOCK



2023

PRICE LIST **RETAIL**

POWERBLOCK®

The innovative design of the PowerBlock dumbbells makes exercising so much more fun and easier for the fitness freak and home athlete. The PowerBlock concept is simply fantastic in its simplicity.

The weights of these PowerBlock dumbbells fit together like a nest of dishes in your china cabinet. That is why they take up so little space. Which is not only useful while sporting, but also practical to efficiently organize the gym room.

The PowerBlock consists of a number of weight elements each with a heavier mass, that fit together and are clicked together with a sturdy pin system. This pin is attached with a strong elastic to the middle part of the nest of weights. Several elements can be combined to the desired weight and with the double pins these weights are attached to the handle. The only thing you have to do is to lift the chosen weight with the handgrip and start your exercises.

The PowerBlock dumbbells are available in two versions of the same excellent quality:

- The **Sport series** for home use which are the more robust version.
- The **Pro series** for professional use. The somewhat more expensive black Pro series have a sleek designer look and color-coded weight display.

Both versions have ergonomic handles and weight plates with a durable and shock-resistant urethane coating. The PowerBlock's are always sold per pair, so the prices quoted always apply per pair.

The PowerBlock weights are available in **non-modular** and **modular** options. The non-modular PowerBlock sets cannot be expanded with additional weights. The modular PowerBlock sets can be expanded with additional weights.

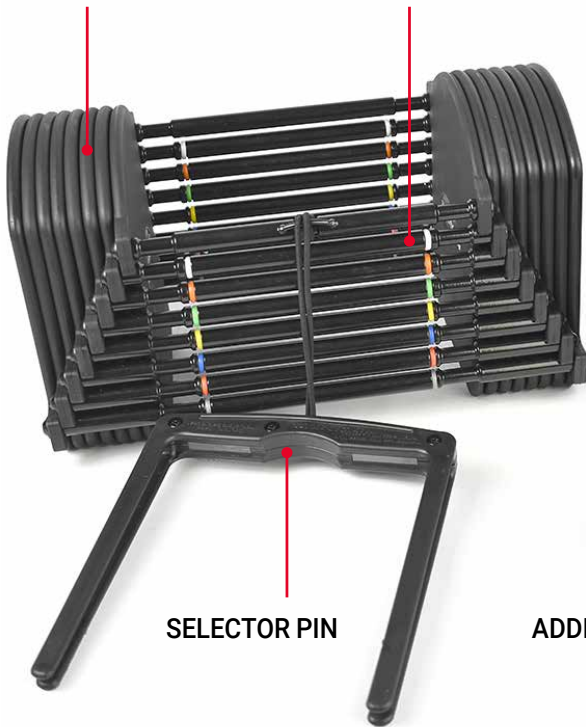
PowerBlocks are well worth buying if you are willing to pay a bit more for a quality pair of adjustable dumbbells. Their quality, durability and ability to expand sets make them apart from the other brands of adjustable dumbbells. PowerBlock adjustable dumbbells are offering years of use without needing maintenance or repair.

The high weight limit makes the PowerBlock an ideal choice for lifters of all levels which not all other adjustable dumbbells offer. The expandable models allow you to add weight as you need it instead of having to invest in an entire set of weights all at once.

The PowerBlock system of adjustable dumbbells is an excellent choice for anyone who isn't ready to invest in a full set of weights or doesn't have the room to spare for a complete dumbbell set. Whether you're a beginner or a world-class athlete, there is a PowerBlock adjustable dumbbell set to suit your current fitness level and help you achieve your fitness goals.

WEIGHT STACKS

SIDE RAILS



SELECTOR PIN

ADDER WEIGHTS

AUTO LOCK

HANDLE

HOW DO THE POWERBLOCKS WORK?

PowerBlocks are a type of selectorized dumbbell system that works similarly to the weight stacks you'll find on a standard weight machine at the gym.



Choose the colour or number of your desired weight.



To select your desired weight, you simply move a selector pin to a colour-coded block or number representing the weight you want.




You then reach into the "core" of the unit to grasp the handle and lift the dumbbell, along with all the weight plates above the selector pin. When you're finished, you simply place the block back on top of the unused weights.





Powerblock Expansion





Merged


	<p>NOT EXPANDABLE</p> <p>RESISTANCE HOME</p>	<h2>SPORT 24 SET</h2>	
	<p>ITEM#: PBSP24</p> <p>Net weight: 23.6 kg</p> <p>UPC: 181381000008</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Replaces 8 pairs of dumbbells or 98 kg of free weights in 1.3 kg increments • Weight range per hand: 1.3 to 10.8 kg • Increments: 1.3 / 2.7 / 4 / 5.4 / 6.8 / 8.2 / 9.5 / 10.8 kg per hand • Sold per pair • Not expandable <p style="text-align: right;">€ 239.00</p>	


	<p>NOT EXPANDABLE</p> <p>RESISTANCE HOME</p>	<h2>SPORT 50 SET</h2>	
	<p>ITEM#: PBSP50</p> <p>Net weight: 47 kg</p> <p>UPC: 181381000015</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Replaces 10 pairs of dumbbells or 245 kg of free weights in 2.2 kg increments • Weight range per hand: 2.3 to 22.7 kg • Increments: 4.5 / 6.8 / 9 / 11.3 / 13.6 / 15.8 / 18.1 / 20.4 / 22.7 kg per hand • Sold per pair • Not expandable <p style="text-align: right;">€ 475.00</p>	


	<p>NOT EXPANDABLE</p> <p>RESISTANCE HOME</p>	<h2>SPORT EXP SET 5-50</h2>	
	<p>ITEM#: PBSPSET1</p> <p>Net weight: 46 kg</p> <p>UPC: 181381000138</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Sport EXP Stage 1 equals/replaces 16 pairs of dumbbells or 374 kg of free weights • Weight range per hand: 2.2 to 22.7 kg • Increments per hand: 2.25 / 3.4 / 4.5 / 6.8 / 7.9 / 9 / 11.3 / 12.5 / 13.6 / 15.8 / 17 / 18.1 / 20.4 / 21.5 and 22.7 kg • Expandable to 31.7 kg (stage 2) and again to 40.8 kg (stage 3) per hand <p style="text-align: right;">€ 475.00</p>	


	<p>EXPANDABLE</p> <p>RESISTANCE HOME</p>	<h2>SPORT EXP SET 5-70 (STAGE 2)</h2>	
	<p>ITEM#: PBSPSET2</p> <p>Net weight: 68 kg</p> <p>UPC: 5404019907766</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Sport EXP Stage 2 set equals/replaces 22 pairs of dumbbells or 714.5 kg of free weights • Weight range per hand: 2.2 to 31.7 kg • Increments per hand: 1.1 / 2.2 / 3.4 / 4.5 / 6.8 / 7.9 / 9 / 11.3 / 12.5 / 13.6 / 15.8 / 17 / 18.1 / 20.4 / 21.5 / 22.7 / 24.9 / 26 / 27.2 / 29.5 / 30.6 and 31.7 kg • Expandable to 40.8 kg (stage 3) per hand <p style="text-align: right;">€ 670.00</p>	


	<p>NOT EXPANDABLE</p> <p>RESISTANCE HOME</p>	<h2>SPORT EXP SET 5-90 (STAGE 3)</h2>	
	<p>ITEM#: PBSPSET3</p> <p>Net weight: 89 kg</p> <p>UPC: 5404019907773</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Sport EXP Stage 3 replaces 28 pairs of dumbbells or 1163.5 kg of free weights • Weight range per hand: 2.2 to 40.8 kg • Increments per hand: 1.1 / 2.2 / 3.4 / 4.5 / 6.8 / 7.9 / 9 / 11.3 / 12.5 / 13.6 / 15.8 / 17 / 18.1 / 20.4 / 21.5 / 22.7 / 24.9 / 26 / 27.2 / 29.5 / 30.6 / 31.7 / 34 / 35.1 / 36.3 / 38.5 / 39.7 and 40.8 kg <p style="text-align: right;">€ 865.00</p>	



<p>NOT EXPANDABLE</p> 	<p>PRO 32 SET</p>	
	<p>ITEM#: PBPR032</p> <p>Net weight: 30 kg</p> <p>UPC: 181381000800</p> <p>Usage: Professional use</p>	<ul style="list-style-type: none"> • Replaces 8 pairs of dumbbells or 136 kg of free weights in 1.8 kg increments • Weight range per hand: 1.8 to 14.5 kg • Increments per hand: 1.8 / 3.6 / 5.4 / 7.2 / 9 / 10.9 / 12.7 and 14.5 kg • Sold per pair • Not expandable <p style="text-align: right;">€ 475.00</p>


<p>NOT EXPANDABLE</p> 	<p>PRO 50 SET</p>	
	<p>ITEM#: PBPR050</p> <p>Net weight: 48 kg</p> <p>UPC: 181381000091</p> <p>Usage: Professional use</p>	<ul style="list-style-type: none"> • Replaces 20 pairs of dumbbells or 476 kg of free weights in 1.1 kg increments • Weight range per hand: 1.1 to 22.7 kg • Increments per hand: 1.1 / 2.2 / 3.4 / 4.5 / 6.8 / 7.9 / 9 / 11.3 / 12.5 / 13.6 / 15.8 / 17 / 18.1 / 20.4, 21.5 and 22.7 kg • Sold per pair • Not expandable <p style="text-align: right;">€ 650.00</p>

<p>EXPANDABLE</p> 	<p>PRO EXP SET 5-50</p>	
	<p>ITEM#: PBPROSET1</p> <p>Net weight: 48 kg</p> <p>UPC: 181381000473</p> <p>Usage: Professional use</p>	<ul style="list-style-type: none"> • Replaces 16 pairs of dumbbells or 374 kg of free weights • Weight range per hand: 2.2 to 22.7 kg • Increments per hand: 1.1 / 2.2 / 3.4 / 4.5 / 6.8 / 7.9 / 9 / 11.3 / 12.5 / 13.6 / 15.8 / 17 / 18.1 / 20.4 / 21.5 and 22.7 kg • Expandable to 31.7 kg (stage 2) and again to 40.8 kg (stage 3) per hand • Sold per pair <p style="text-align: right;">€ 650.00</p>


<p>EXPANDABLE</p> 	<p>PRO EXP SET 5-70 (STAGE 2)</p>	
	<p>ITEM#: PBPROSET2</p> <p>Net weight: 68 kg</p> <p>UPC: 5404019907766</p> <p>Usage: Professional use</p>	<ul style="list-style-type: none"> • Replaces 22 pairs of dumbbells or 714.5 kg of free weights • Weight range per hand: 2.2 to 31.7 kg • Increments per hand: 1.1 / 2.2 / 3.4 / 4.5 / 6.8 / 7.9 / 9 / 11.3 / 12.5 / 13.6 / 15.8 / 17 / 18.1 / 20.4 / 21.5 / 22.7 / 24.9 / 26 / 27.2 / 29.5 / 30.6 and 31.7 kg • Expandable to 40.8 kg (stage 3) per hand • Sold per pair <p style="text-align: right;">€ 870.00</p>


<p>NOT EXPANDABLE</p> 	<p>PRO EXP SET 5-90 (STAGE 3)</p>	
	<p>ITEM#: PBPROSET3</p> <p>Net weight: 89 kg</p> <p>UPC: 5404019907797</p> <p>Usage: Professional use</p>	<ul style="list-style-type: none"> • Replaces 28 pairs of dumbbells or 1163.5 kg of free weights • Weight range per hand: 2.2 to 40.8 kg • Increments per hand: 1.1 / 2.2 / 3.4 / 4.5 / 6.8 / 7.9 / 9 / 11.3 / 12.5 / 13.6 / 15.8 / 17 / 18.1 / 20.4 / 21.5 / 22.7 / 24.9 / 26 / 27.2 / 29.5 / 30.6 / 31.7 / 34 / 35.1 / 36.3 / 38.5 / 39.7 and 40.8 kg • Sold per pair <p style="text-align: right;">€ 1090.00</p>


	 <h3>PRO 32 COMMERCIAL</h3>	
	<p>ITEM#: PBCOM32</p> <p>Net weight: N/A</p> <p>EAN: 5404019909708</p> <p>Usage: Professional use</p>	<ul style="list-style-type: none"> • Urethane Coated Steel Plates • Zytel Pin (Pro 50/90/125) • Stainless Steel Hardware • Knurled Steel Grip (Pro 50 & 90) • TPR Contoured Grip (Pro 125/175) <p style="text-align: right;">€ 475.00</p>


	 <h3>PRO 50 COMMERCIAL</h3>	
	<p>ITEM#: PBCOM50</p> <p>Net weight: N/A</p> <p>EAN: 5404019909715</p> <p>Usage: Professional use</p>	<ul style="list-style-type: none"> • Urethane Coated Steel Plates • Zytel Pin (Pro 50/90/125) • Stainless Steel Hardware • Knurled Steel Grip (Pro 50 & 90) • TPR Contoured Grip (Pro 125/175) • Stand Included <p style="text-align: right;">€ 1295.00</p>




	 <h3>PRO 90 COMMERCIAL</h3>	
	<p>ITEM#: PBCOM90</p> <p>Net weight: N/A</p> <p>EAN: 5404019909722</p> <p>Usage: Professional use</p>	<ul style="list-style-type: none"> • Urethane Coated Steel Plates • Zytel Pin (Pro 50/90/125) • Stainless Steel Hardware • Knurled Steel Grip (Pro 50 & 90) • TPR Contoured Grip (Pro 125/175) • Stand Included <p style="text-align: right;">€ 1995.00</p>


	SPORT SET EXPANSION 50-70	
	ITEM#: PBSPEXP2 Net weight: 18 kg UPC: 181381000145 Usage: Home use only	<ul style="list-style-type: none"> The Sport EXP Stage 2 Kit will expand the Sport EXP Stage 1 Set from 50lbs (22.7 kg) up to 70lbs (31.7 kg) <p style="text-align: right;">€ 195.00</p>


	SPORT SET EXPANSION 70-90	
	ITEM#: PBSPEXP3 Net weight: 19 kg UPC: 181381000183 Usage: Home use only	<ul style="list-style-type: none"> The Sport EXP Stage 3 Kit will expand the Sport EXP Stage 2 Set from 70lbs (31.7 kg) to 90 lbs (40.8 kg) per hand <p style="text-align: right;">€ 195.00</p>


	PRO SET EXPANSION 50-70	
	ITEM#: PBPROEXP2 Net weight: 18 kg UPC: 181381000541 Usage: Professional use	<ul style="list-style-type: none"> The Pro EXP Stage 2 Kit will expand the Pro EXP Stage 1 Set from 50lbs (22.7 kg) up to 70lbs (31.7 kg) <p style="text-align: right;">€ 220.00</p>


	PRO SET EXPANSION 70-90	
	ITEM#: PBPROEXP3 Net weight: 19 kg UPC: 181381000558 Usage: Professional use	<ul style="list-style-type: none"> The Pro EXP Stage 3 Kit will expand the Pro EXP Stage 2 Set from 50lbs (22.7 kg) up to 70lbs (31.7 kg) <p style="text-align: right;">€ 220.00</p>


	TRAINING PACK 1	
ITEM#: PBCPACK1 Net weight: N/A EAN: 5404019913620 Usage: Home use only	This pack includes: • Powerblock Sport 50 (PBSP50) • Sport training bench (PBBESP) € 795.00	
	TRAINING PACK 2	
ITEM#: PBCPACK2 Net weight: N/A EAN: 5404019913637 Usage: Home use only	This pack includes: • Powerblock Sport 24 (PBSP24) • Travel Training Bench (PBBETR) € 415.00	
	TRAINING PACK 3	
ITEM#: PBCPACK3 Net weight: N/A EAN: 5404019913644 Usage: Home use only	This pack includes: • Powerblock Sport EXP set 5-50 (PBSPSET1) • Sport training bench (PBBESP) € 795.00	
	TRAINING PACK 4	
ITEM#: PBCPACK4 Net weight: N/A EAN: 5404019913668 Usage: Home use only	This pack includes: • Powerblock Sport EXP set 5-70 (PBSPSET2) • Sport training bench (PBBESP) € 950.00	
	TRAINING PACK 5	
ITEM#: PBCPACK5 Net weight: N/A EAN: 5404019913675 Usage: Home use only	This pack includes: • Powerblock Sport EXP set 5-90 (PBSPSET3) • Sport training bench (PBBESP) € 1150.00	


	SMALL COMPACT STAND	
	<p>ITEM#: PBSTSMCO</p> <p>Net weight: 7 kg</p> <p>Dimensions: 49.5 x 45.7 x 63.5 cm</p> <p>UPC: 181381000701</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Will fold easily for storage or portability • Will work with any PowerBlock set up to 22.7 kg per hand • No assembly is required. <p style="text-align: right; color: red;">€85.00</p>


	LARGE COMPACT STAND	
	<p>ITEM#: PBSTLCO</p> <p>Net weight: 15 kg</p> <p>Dimensions: 50.8 x 45.7 x 66 cm</p> <p>UPC: 181381000756</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Folds easily for storage or portability • Will work with any PowerBlock set up to 40.8 kg per hand. <p style="text-align: right; color: red;">€ 95.00</p>


	POWER STAND	
	<p>ITEM#: PBSTPOW</p> <p>Net weight: N/A</p> <p>Dimensions: 71 x 45.7 x 122 cm</p> <p>UPC: 181381000695</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • For use with PowerBlock Sport 24, Pro 32, Sport 50 or PowerBlock 50 sets • Split design allows user to "step in" to get closer to weights <p style="text-align: right; color: red;">€ 160.00</p>


	RACK STAND U125	
	<p>ITEM#: PBSTU125R</p> <p>Net weight: N/A</p> <p>Dimensions: 48.2 x 53.3 x 72.4 cm</p> <p>UPC: 181381000657</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Will work for any set up to 56.7 kg per hand • "Bullet proof" steel construction <p style="text-align: right; color: red;">€ 275.00</p>


	POWER STAND MAX - 90BL	
	<p>ITEM#: PBSTPOWMAX</p> <p>Net weight: N/A</p> <p>Dimensions: L 46 x W 71 x H 56 cm</p> <p>UPC: 5404019913699</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Specifically intended for racking PowerBlock Dumbbell sets (up to 22.5 kg) • Steel construction • Black texture powder coat finish • Assembly required <p style="text-align: right; color: red;">€ 199.00</p>


	SPORT BENCH	
	<p>ITEM#: PBBESP</p> <p>Net weight: 27 kg</p> <p>Dimensions: 127 x 53.3 x 40.6 cm (flat)</p> <p>UPC: 181381000268</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • 5 position adjustable bench • 250 kg weight capacity • Bench positions: flat to 30, 45, 60 degrees and also military position • Built in wheel and handle kit <p style="text-align: right;">€ 325.00</p>

	TRAVEL BENCH	
	<p>ITEM#: PBBETR</p> <p>Net weight: 15 kg</p> <p>Dimensions: 101.6 x 24 x 38.1 cm</p> <p>UPC: 181381000152</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Fold up bench allows for easy storage • 250 kg weight capacity • Built-in handle which allows the bench to be easily carried <p style="text-align: right;">€ 189.00</p>


	SPORTS BENCH CHIN ATTACHMENT	
	<p>ITEM#: PBBESPCA</p> <p>Net weight: N/A</p> <p>Dimensions: W 122 x H 209 cm</p> <p>UPC: 181381000718</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • SportBench frame decal indicates chin-up positioning • Foam grips for added comfort • 28.5 mm grip diameter • 113 kg weight capacity • Assembly required • Ships in 1 package <p style="text-align: right;">€ 109.00</p>


	SPORTS BENCH DIP ATTACHMENT	
	<p>ITEM#: PBBESPDA</p> <p>Net weight: N/A</p> <p>Dimensions: W 57.2 x H 120.6 cm</p> <p>UPC: 181381000176</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Sportbench frame decal indicates correct dip positioning • Foam grips for comfort • 35 mm grip diameter • 113 kg weight capacity • Tension knob to secure dip station attachment • Assembly required • Ships in 1 package <p style="text-align: right;">€ 89.00</p>

	POWER BENCH PRO	
	<p>ITEM#: PBBPB</p> <p>Net weight: 30.8 kg</p> <p>Dimensions: L 134.6 x W 54.6 x H 43.2 cm</p> <p>UPC: 5404019913682</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • 5 position adjustable bench • 450 kg weight capacity • Angles achieved: flat, 30°, 45°, 60° and military • Built in wheels and handle • Heavy duty commercial grade upholstered pads • NOT COMPATIBLE with the Sport Bench Dip & Chin-up <p style="text-align: right;">€ 499.00</p>

	ADJUSTABLE KETTLEBELL	
	<p>ITEM#: PBKB</p> <p>Net weight: 16 kg</p> <p>Dimensions: 14.6 x 10.8 x 25.4 cm</p> <p>UPC: 181381000107</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • 4 kettlebells in 1 • Adjustable weight increments: 8 kg, 10 kg, 12 kg, 16 kg • Contoured shell for exceptional comfort • Cast iron construction with black powdercoating • Steel selector pin with magnetic lock • Weights printed in pounds and kilograms • Portable for travel <p style="text-align: right;">€199.00</p>

	STRAIGHT BAR PRO	
	<p>ITEM#: PBSB</p> <p>Net weight: 13.6 kg</p> <p>Dimensions: N/A</p> <p>UPC: 5404019908497</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Compatible with Pro 50 and Pro EXP (Pro Series) • 28 mm knurled bar • 104 cm bar length • Weight chart on top of handle <p style="text-align: right;">€185.00</p>

	EZ CURL BAR PRO	
	<p>ITEM#: PBEZB</p> <p>Net weight: 12.2 kg</p> <p>Dimensions: 117 x 21.7 x 19.5 cm</p> <p>UPC: 5404019908473</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Compatible with Pro 50 and Pro EXP (Pro Series) • 25 mm knurled bar • 83 cm bar length • Weight chart on top of handle <p style="text-align: right;">€185.00</p>

	KETTLEBLOCK HANDLE	
	<p>ITEM#: PBKH</p> <p>Net weight: 4.5 kg</p> <p>Dimensions: 21.6 x 16 x 33 cm</p> <p>UPC: 181381000619</p> <p>Usage: Home use only</p>	<ul style="list-style-type: none"> • Turns a set of dumbbells into a set of Kettlebells • Robust and compact • Change weight quickly • Space saving • Easy to take with you • Cost efficient • Easy to use <p style="text-align: right;">€129.00</p>

FITNESSTRADING

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