Body-Solid



POWER RACK

GPR400



The Body-Solid GPR400 Power Rack is a heavy-duty Power Rack designed to fit inseveral facilities from home gyms, garage gyms to commercial strength training facilities, sports team weight rooms and more.

A wide walk-in design gives users increased space and comfort when using the rack for a multitude of movements including squats, lunges, rack pulls and deadlifts. Add a Body-Solid bench and open up several new workout possibilities including decline and incline press, bench press, shoulder press and more.

Constructed with 11-gauge steel frames and oversized industrial-strength hardware, the GPR400 offers superior durability and is built to withstand the intensity of heavy powerlifting and frequent group training.

With a height of 201 cm, the GPR400 features a shorter height than most competitive Power Racks and will fit more comfortably in home, garage or basement gym settings. An integrated 32mm diameter pull-up bar adds additional functionality to the GPR400 Power Rack with the ability to perform pull-ups, chin-ups, leg lifts and oblique twists.

Each GPR400 comes standard with pipe & pin safeties and J-cup liftoffs. Optional attachments and accessories including the GLA400 Lat Attachment, SPRCUA Multi-Chin, GPRDH Dip Handles, GPRTBR T-Bar Row, GPRUL U-Link and GPRWH Weight Horn allow complete customization to fit facility and user needs.

Features

11-gauge steel frames				
Wide walk-in design				
25 mm hole spacing for safeties				
Includes pipe & pin safeties @ J-cup liftoffs				
Integrated 32 mm pull-up bar				
Dimensions : L 133.5 x W 132 x H 201 cm				
Weight: 124 kg				
Weight capacity: 450 kg				

Optional Attachments

01	GLA400	Lat Attachment	€549
02	GPRDH	Dip Handles	€69
03	GPRTBR	T-Bar Row	€49
04	GPRUL	U-Link	€45
05	GPRWH	Weight Horns	€45
06	SPRCU	Multi-Chin Up bar	€215
07	SPRHT	Hip truster	€175
80	SPRSP	Spotter Stand	€215
09	SP150	Weight Stack	€390
10	SCB26	Calf Squat Block	€149
			



















