

FITNESSTRADING



RETAILLIST FREE WEIGHTS

IMPROVING YOUR HEALTH IS OUR MISSION!

We offer our clients the opportunity to train under the best possible conditions. Based on your wishes, we will suggest matching products at the lowest rates.

All RETAILS include Belgian VAT and exclude shipping costs. All our deliveries and payment terms shall be filed in accordance with our terms and conditions.

Warranty is on a CARRY-IN basis and supply of spare parts under warranty is based on ex factory delivery.

Warranty is based on replacement of defectuous parts free of charge. Labour and transport is excluded.

FITNESSTRADING

FREE WEIGHTS

OLYMPIC RUBBER 4 GRIP PLATE 50 MM



ITEM#: OBPXK

Body-Solid OBPXK Olympic rubber bumper plates have proven to be one of the toughest bumpers available in our industry. Made to olympic standards, these plates are 45 cm in diameter with a 50 mm steel collar center that ensures superior control and fits onto all olympic bars, racks and sleds.

Made of a quality solid composite of recycled rubber with minimal bounce technology, these plates are easy on your hands, safe on your floors and environmentally friendly. The weight is shown in kilograms.

Matches IWF - Standard



CODE	COLOUR	WEIGHT	DIMENSIONS	RETAIL
OBPXK5	Black	5 kg	45 x 2.6 cm	€42.00
OBPXK10	Black	10 kg	45 x 3.1 cm	€57.00
OBPXK15	Black	15 kg	45 x 4.8 cm	€75.00
OBPXK20	Black	20 kg	45 x 6.1 cm	€90.00
OBPXK25	Black	25 kg	45 x 7.4 cm	€115.00

CHICAGO EXTREME COLOURED BUMPER PLATES



ITEM#: OBPCXK

Body-Solid Chicago Extreme Colored Bumper Plates feature superior durability with quality, smooth finishes and vibrant colors (green, black, yellow, blue and red). Constructed with the highest-standards in mind, Body-Solid Chicago Extreme Colored Bumper Plates are factory tested to withstand drops and heavy use.

Each plate is made to the IWF standard diameter of 45 cm and offer a thinner width allowing users to load more weight onto their bar. Body-Solid Chicago Extreme Colored Bumper Plates also come with a one-year commercial warranty.

Matches IWF - Standard



CODE	COLOUR	WEIGHT	DIMENSIONS	RETAIL
OBPXCK5	Black	5 kg	45 x 2.6 cm	€42.00
OBPXCK10	Green	10 kg	45 x 3.1 cm	€68.00
OBPXCK15	Yellow	15 kg	45 x 4.8 cm	€89.00
OBPXCK20	Blue	20 kg	45 x 6.1 cm	€115.00
OBPXCK25	Red	25 kg	45 x 7.4 cm	€150.00

OLYMPIC RUBBER 4 GRIP PLATE 50 MM



ITEM#: ORTK

Warranty: 6 Months

Body-Solid rubber 4 grip olympic plates surpasses all others in quality, accuracy, reliability and RETAIL. Four fully intergrated handgrips guarantees safer and easier performance. Encased in high durable, heavy-duty rubber to prevent scuffing or damage to equipment, walls or floors. These Olympic Plates will not split, crack or peel. Easy to pick up when flat on floor due to the bulge at both sides of the plates. The integrated stainless steel sleeve provides a smooth, secure fit onto any Olympic bar.



CODE	COLOUR	WEIGHT	DIMENSIONS	RETAIL
ORTK1.25	Black	1.25 kg	Ø 18 x 2.5 cm	€6.00
ORTK2.50	Black	2.50 kg	Ø 21 x 3.1 cm	€12.00
ORTK5	Black	5 kg	Ø 27 x 3.8 cm	€24.00
ORTK10	Black	10 kg	Ø 35 x 4.4 cm	€48.00
ORTK15	Black	15 kg	Ø 40 x 4.7 cm	€72.00
ORTK20	Black	20 kg	Ø 44.5 x 5 cm	€95.00
ORTK25	Black	25 kg	Ø 44.5 x 9 cm	€120.00

OLYMPIC COLOURED RUBBER 4 GRIP PLATE 50 MM



ITEM#: ORTK

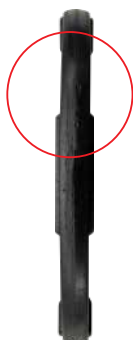
Warranty: 6 Months

Body-Solid rubber 4 grip olympic plates surpasses all others in quality, accuracy, reliability and RETAIL. Four fully intergrated handgrips guarantees safer and easier performance. Encased in high durable, heavy-duty rubber to prevent scuffing or damage to equipment, walls or floors. These Olympic Plates will not split, crack or peel. Easy to pick up when flat on floor due to the bulge at both sides of the plates. The integrated stainless steel sleeve provides a smooth, secure fit onto any Olympic bar.



CODE	COLOUR	WEIGHT	DIMENSIONS	RETAIL
ORCK1.25	Dark Grey	1.25 kg	Ø 18 x 2.5 cm	€6.25
ORCK2.5	Dark Blue	2.50 kg	Ø 21 x 3.1 cm	€13.00
ORCK5	Black	5 kg	Ø 27 x 3.8 cm	€26.00
ORCK10	Green	10 kg	Ø 35 x 4.4 cm	€50.00
ORCK15	Yellow	15 kg	Ø 40 x 4.7 cm	€75.00
ORCK20	Blue	20 kg	Ø 44.5 x 5 cm	€100.00
ORCK25	Red	25 kg	Ø 44.5 x 9 cm	€125.00

OLYMPIC IRON CAST PLATES 4 GRIP 50MM



ITEM#: OPTK

Warranty: 6 Months

Body-Solid Iron 4 Grip Olympic plates are cast from the highest quality iron, creating an exceptionally strong and durable product. Four fully intergrated handgrips guarantees safer and easier performance than any other plate on the market. Feature baked on hammertone black finish that is durable, chip and rust resistant. Easy to pick up when flat on floor due to the bulge at both sides of the plates. Heavy lifting has never been easier or safer. The integrated stainless steel sleeve provides a smooth, secure fit onto any Olympic bar.



CODE	COLOUR	WEIGHT	DIMENSIONS	RETAIL
OPTK1.25	Black	1.25 kg	Ø 17 x 1.9 cm	€4.75
OPTK2.50	Black	2.50 kg	Ø 19 x 2 cm	€10.00
OPTK5	Black	5 kg	Ø 24 x 2.5 cm	€20.00
OPTK10	Black	10 kg	Ø 33.5 x 3.1 cm	€40.00
OPTK15	Black	15 kg	Ø 38.5 x 3.8 cm	€60.00
OPTK20	Black	20 kg	Ø 45 x 3.8 cm	€80.00
OPTK25	Black	25 kg	N/A	€100.00

CHROME DUMBBELLS PER PAIR



ITEM#: CHDU

Warranty: 6 Months

The knurled chrome handles are ergonomically contoured to fit comfortably in the user's palm. Solid steel heads ensure maximum adhesion of the bright chrome finish making the dumbbells ultra resistant to chipping, crackling or peeling associated with most iron head versions. Sold per pair!



Bodytrading CHDUSET
Set 20 chrome dumbbells
with rack: €895.00



CODE	WEIGHT			RETAIL
CHDU1	1 kg			€12.00
CHDU2	2 kg			€24.00
CHDU3	3 kg			€36.00
CHDU4	4 kg			€48.00
CHDU5	5 kg			€60.00
CHDU6	6 kg			€72.00
CHDU7	7 kg			€84.00
CHDU8	8 kg			€96.00
CHDU9	9 kg			€108.00
CHDU10	10 kg			€120.00
CHDU1-10	Set 1-10 kg/10 pair	No Rack		€660.00
CHDUSET	Set 1-10 kg/10 pair	Rack Included		€895.00

HEXAGON RUBBER DUMBBELL PER PAIR



ITEM#: HEXRU

Warranty: 6 Months

Patent pending SDS 'Secure Dumbbell System' combines one-piece cast heads with steel inserts, pinned, press fitted, and welded. Their compact design makes them shorter in length and easier to handle than conventional dumbbells. Durable rubber coating prevents damage to floors and equipment.

- Sold per pair
- Almost odourless rubber dumbbells
- Ergonomic non-slip handle
- Allows a wide range of movements
- Ideal for private & commercial use

HEXDU-SETREK
€925.00



CODE	WEIGHT			RETAIL
HEXRU1	1 kg			€8.00
HEXRU2	2 kg			€18.00
HEXRU3	3 kg			€27.00
HEXRU4	4 kg			€36.00
HEXRU5	5 kg			€45.00
HEXRU6	6 kg			€54.00
HEXRU7	7 kg			€63.00
HEXRU8	8 kg			€72.00
HEXRU9	9 kg			€81.00
HEXRU10	10 kg			€90.00
HEXRU12-5	12.5 kg			€112.50
HEXRU15	15 kg			€135.00
HEXRU17-5	17.5 kg			€157.50
HEXRU20	20 kg			€180.00
HEXRU22-5	22.5 kg			€202.50
HEXRU25	25 kg			€225.00
HEXRU27-5	27.5 kg			€247.50
HEXRU30	30 kg			€270.00
HEXRU32-5	32.5 kg			€292.50
HEXRU35	35 kg			€315.00
HEXRU37,5	37.5 kg			€337.50
HEXRU40	40 kg			€360.00
HEXRU42,5	42.5 kg			€382.50
HEXRU45	45 kg			€405.00
HEXRU47,5	47.5 kg			€427.50
HEXRU50	50 kg			€450.00
HEXDU1-10	1 to 10 kg	No Rack		€495.00
HEXDU-SETREK	1 to 10 kg	Rack included		€925.00

BODY-SOLID TOOLS VINYL DUMBBELLS



ITEM#: BSTVDK

Warranty: 6 Months

Body Solid has taken the concept of traditional dumbbells and given it a lift with a fresh modern look and user-friendly features:

- Durable vinyl coating is easy to grip and easy to clean.
- Bright, color-coordinated weight increments let you grab just the right dumbbells for your chosen workout
- No-roll hex-ends allow for easy stacking and convenient storage.



CODE	COLOUR	WEIGHT		RETAIL
BSTVDK0.5	Pink	0.5 kg		€6.00
BSTVDK1	Light Purple	1 kg		€12.00
BSTVDK1.5	Green	1.5 kg		€16.00
BSTVDK2	Blue	2 kg		€22.00
BSTVDK2.5	Red	2.5 kg		€26.00
BSTVDK3	Dark Purple	3 kg		€32.00
BSTVDK4	Yellow	4 kg		€42.00
BSTVDK5	Orange	5 kg		€52.00
BSTVDK6	Magenta	6 kg		€62.00

POWDER COATED KETTLEBELLS



ITEM#: KBPO

Warranty: 6 Months

The KBPO Kettlebells are color-coordinated by weight, making them easy to identify without picking them up or rolling them over. Powder coating creates a secure gripping surface even for sweaty hands. This surface also holds chalk better than all other kettlebell paint options such as matte or e-coat. Exact weight is stamped on kettlebells in kilograms and pounds for easy identification.

- Color-coded rings on the handles for easy identification
- Machined wide flat base eliminates wobble and provides a solid foundation
- Matte powder coat finish, no ugly cracks or chipping

CODE	WEIGHT	COLOUR		RETAIL
KBPO4	4 kg	Light Green		€19.00
KBPO6	6 kg	Royal Blue		€28.00
KBPO8	8 kg	Pink		€37.00
KBPO10	10 kg	Light Blue		€47.00
KBPO12	12 kg	blue		€57.00
KBPO16	16 kg	Yellow		€75.00
KBPO20	20 kg	Purple		€93.00
KBPO24	24 kg	Green		€112.00
KBPO28	28 kg	Orange		€132.00
KBPO32	32 kg	Red		€149.00
KBPO36	36 kg	Grey		€168.00
KBPO40	40 kg	White		€185.00
KBPO48	48 kg	Gold		€225.00

COMPETITION KETTLEBELLS

ITEM#: KBCO

Warranty: 6 Months



The Bodytrading competition kettlebells KBCO are made of steel and are used in international kettlebell competitions. Unlike classic cast iron kettlebells, competition kettlebells always have the same size, just with different weights. This means that whether you are using an 8 kg bell or a 28 kg bell, it will always rest on your forearm in the exact same place. This ensures that your technique stays consistent regardless of weight.

They are constructed with a durable, smooth wide-loop handle, a round profile with laser-engraved weight indications in KG, and a flat base that allows for push-ups and no wobbling; These kettlebells are ideal for building muscles, enhancing core strength, and improving balance. Additionally, they work as weight resistance and counterbalance for various upper and lower-body exercises.

- **A professional grade competition kettlebell. 100% steel construction**
- **Ranging from 4 kg up to 48 kg**
- **Color-coded for easy identification between sizes**
- **Bare metal handles that are ready for chalking!**
- **Regulation 33 mm Handle**



CODE	WEIGHT	COLOUR	RETAIL
KBCO4	4 kg	Pale Green	€75.00
KBCO6	6 kg	Mint Green	€75.00
KBCO8	8 kg	Pink	€60.00
KBCO10	10 kg	Light Blue	€70.00
KBCO12	12 kg	Blue	€80.00
KBCO14	14 kg	Light Yellow	€85.00
KBCO16	16 kg	Yellow	€95.00
KBCO18	18 kg	Light Purple	€107.00
KBCO20	20 kg	Purple	€120.00
KBCO22	22 kg	Light Green	€132.00
KBCO24	24 kg	Green	€144.00
KBCO26	26 kg	Black	€156.00
KBCO28	28 kg	Orange	€168.00
KBCO30	30 kg	Light Red	€180.00
KBCO32	32 kg	Red	€192.00
KBCO36	36 kg	Grey	€214.00
KBCO40	40 kg	White	€240.00
KBCO44	44 kg	Silver	€335.00
KBCO48	48 kg	Golden	€410.00

MEDICINE BALLS



ITEM#: BSTMB

Warranty: 6 Months

Medicine balls are ideal for every day use because they are compact enough to keep in any room. Ideal for a wide range of upper and lower body exercises, including crunches, rotational twists and leg raises.

- Textured grip for superior handling
- Durable rubber construction
- Large, easy-to-identify weight identifiers and color-coding
- Ideal for throwing, bouncing and light rebounding exercises



Previous model

CODE	WEIGHT	COLOUR		RETAIL
BSTMB2	900 g	Purple		€45.00
BSTMB4	1.8 kg	Yellow		€50.00
BSTMB6	2.7 kg	Aqua		€55.00
BSTMB8	3.6 kg	Red		€60.00
BSTMB10	4.4 kg	Blue		€65.00
BSTMB12	5.4 kg	Grey		€75.00
BSTMB14	6.3 kg	Orange		€90.00
BSTMB16	7.2 kg	Green		€100.00
BSTMB20	9.0 kg	Dark Blue	<i>Previous model As long as stocks last!</i>	€140.00
BSTMB25	11.3 kg	Black	<i>Previous model As long as stocks last!</i>	€200.00
BSTMB30	13.6 kg	Black	<i>Previous model As long as stocks last!</i>	€220.00

DUAL GRIP MEDICINE BALLS



ITEM#: BSTDMB

Warranty: 6 Months

Medicine balls are ideal for every day use because they are compact enough to keep in any room. Best of all, Body Solid has taken traditional medicine ball design and updated it with a fresh modern look and user-friendly features.

- Durable rubber easy-grip handles for comfort and freedom of movement during both one and two-handed exercises.
- Solid weighted core.
- Ideal for a wide range of upper and lower-body exercises, including swings and rotational movements.

CODE	WEIGHT	COLOUR		RETAIL
BSTDMB6	2.7 kg	Black		€89.00
BSTDMB8	3.6 kg	Black		€99.00
BSTDMB10	4.4 kg	Black		€109.00
BSTDMB12	5.4 kg	Black		€125.00
BSTDMB14	6.3 kg	Black		€139.00
BSTDMB16	7.2 kg	Black		€149.00
BSTDMB18	8.0 kg	Black		€169.00
BSTDMB20	9.0 kg	Black		€189.00
BSTDMB25	11.3 kg	Black		€259.00

WALL BALLS



ITEM#: BSTSMB

Warranty: 6 Months

Easy to catch, impact absorbing design makes Body-Solid Tools Soft Medicine Balls perfect for a number of integrated strength and endurance exercises such as throws, squats, cleans, chops, sit-ups, push-ups and more.

- **Soft-shell construction absorbs impact while maintaining shape and weight balance**
- **Perfect for strength and endurance exercises such as throws, squats, cleans and chops**
- **Each medicine ball features a 35.5 cm diameter regardless of weight**

CODE	WEIGHT	COLOUR	DIAMETER	RETAIL
BSTSMB6	2.7 kg	Black/Red	35.5 cm	€80.00
BSTSMB8	3.6 kg	Black/Red	35.5 cm	€85.00
BSTSMB10	4.5 kg	Black/Red	35.5 cm	€90.00
BSTSMB12	5.4 kg	Black/Red	35.5 cm	€95.00
BSTSMB14	6.4 kg	Black/Red	35.5 cm	€100.00
BSTSMB16	7.3 kg	Black/Red	35.5 cm	€105.00
BSTSMB18	8.1 kg	Black/Red	35.5 cm	€110.00
BSTSMB20	9.0 kg	Black/Red	35.5 cm	€115.00
BSTSMB25	11.3 kg	Black/Red	35.5 cm	€120.00
BSTSMB30	13.6 kg	Black/Red	35.5 cm	€125.00

SLAM BALLS



ITEM#: BSTHB

Warranty: 6 Months

Body-Solid Tools Slam Balls are non-bouncing, non-rolling balls designed to add a bit of cardio to your regular strength training. The surface is textured to ensure a proper grip during challenging workouts and rigorously tested for extreme durability and encased in an extra thick durable rubber shell. These slam balls are built to last through even the heaviest of workouts.

- **Non bounce, no-roll construction**
- **For sport-specific movements**
- **Widely used in rehabilitation**
- **Strengthens the core**

CODE	WEIGHT	COLOUR	DIAMETER	RETAIL
BSTHB10	4.6 kg	Black	25 cm	€48.00
BSTHB15	6.8 kg	Black	25 cm	€62.00
BSTHB20	9.7 kg	Black	25 cm	€75.00
BSTHB25	11.3 kg	Black	25 cm	€85.00
BSTHB30	13.6 kg	Black	25 cm	€95.00

TIRE-TREAD SLAM BALLS



ITEM#: BSTTT

Warranty: 6 Months

- Build strength, cardio endurance and explosive power
- Engineered to survive even the toughest of workouts
- The no-bounce design are ideal for various throwing and slamming routines
- Textured, grooved surface for easy handling
- Thick & durable rubber shell to absorb impact on bounces, slams and tosses

CODE	WEIGHT	COLOUR	DIAMETER	RETAIL
BSTTT10	4.5 kg	Black	23 cm	€62.00
BSTTT15	6.8 kg	Black	23 cm	€69.00
BSTTT20	9.1 kg	Black	23 cm	€79.00

HEAVY RUBBER BALLS



ITEM#: BSTHRB

Warranty: 6 Months

- Durable, heavy-rubber construction for significantly longer life that never break open or lose shape
- Consistent center of gravity
- Color-coding and weight displays (lbs. and kg)
- Easy-grip rubber, no seams and no stitching
- Perfect for use in wall ball workouts, squats, partner/group tosses & slam ball and medicine ball exercises

CODE	WEIGHT	COLOUR	DIAMETER	RETAIL
BSTHRB20	9 kg	Purple	34.5 cm	€119.00
BSTHRB30	14 kg	Yellow	34.5 cm	€159.00
BSTHRB40	18 kg	Green	34.5 cm	€199.00
BSTHRB50	23 kg	Red	34.5 cm	€249.00
BSTHRB60	27 kg	Blue	34.5 cm	€279.00
BSTHRB70	32 kg	Grey	34.5 cm	€319.00

STABILITY BALLS + PUMP



ITEM#: BSTSB

Warranty: 6 Months

- Durable, anti-burst construction
- Suitable for light commercial and home use
- Latex free
- Includes hand pump

CODE	WEIGHT	COLOUR	DIAMETER	RETAIL
BSTSB45		Green	45 cm	€30.00
BSTSB55		Gray	55 cm	€30.00
BSTSB65		Red	65 cm	€35.00
BSTSB75		Blue	75 cm	€35.00

FITNESS BARS



ITEM#: BSTFB

Warranty: 6 Months

Body Solid gives exercise bars a fresh modern look and user-friendly features:

- Durable rubber construction is easy to grip and easy to clean.
- Rubber end caps are color-coded by weight, so you can grab just the right weight for your chosen workout.
- Weight designations are permanently embossed onto end caps
- Perfect for a variety of personal or group exercises

CODE	WEIGHT	COLOUR	DIMENSIONS	RETAIL
BSTFB4	1.8 kg	Orange	124.5 x 4.7 x 4.7 cm	€49.00
BSTFB6	2.7 kg	Light Purple	124.5 x 4.7 x 4.7 cm	€55.00
BSTFB9	4 kg	Yellow	124.5 x 4.7 x 4.7 cm	€63.00
BSTFB12	5.4 kg	Green	124.5 x 4.7 x 4.7 cm	€75.00
BSTFB15	6.8 kg	Red	124.5 x 4.7 x 4.7 cm	€85.00
BSTFB18	8.2 kg	Blue	124.5 x 4.7 x 4.7 cm	€90.00
BSTFB24	10.9 kg	Purple	124.5 x 4.7 x 4.7 cm	€115.00
BSTFB30	13.6 kg	Magenta	151.5 x 4.7 x 4.7 cm	€135.00
BSTFB36	16.3 kg	Light Grey	181.5 x 4.7 x 4.7 cm	€160.00

CHIN UP BAR TRI-STAND



ITEM#: CU100

Warranty: 6 Months

- Suitable for wall mounting
- Solid 28 mm steel pipes
- Suitable for numerous exercises thanks to the multi-grip
- Carries up to 350 kg!
- No plastic parts, will not break!

CODE	WEIGHT	DIMENSIONS	RETAIL
CU100	21 kg	L 130 x W 58 x H 60 cm	€149.00

SUSPENSION TRAINER



ITEM#: MGT100

Warranty: 6 Months

- Durable nylon fabric and metal parts
- Slip-resistant stabilizer ring and grip handles
- Two suspension straps + extender strap + door anchor + travel carry bag
- The MGT100 Suspension Trainer is lightweight and easily portable.
- Over 300 body weight exercises, without the need of additional equipment
- Suited for use at home, at the office or outdoors
- Maximum load: 150 kg

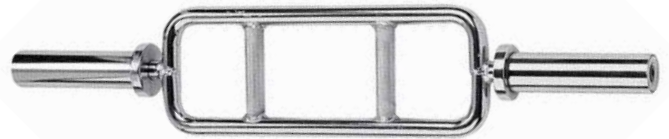
CODE	WEIGHT	DIMENSIONS	RETAIL
MGT100	1.42 kg	L 500 cm	€69.00

OLYMPIC BARS (50 MM)

Built to exacting standards using the highest quality materials, all of our bars are smooth, comfortable, easy to use and extremely durable. With a full line of both standard and Olympic bars, you will be sure to find exactly what you need to bring your workouts to the next level.



CODE	DESCRIPTION	RETAIL
OLDH	Olympic Dumbbell Handle	€65.00



CODE	DESCRIPTION	RETAIL
OB34	Olympic Triceps Bar	€99.00



CODE	DESCRIPTION	RETAIL
OB48	Olympic Combo Bar	€89.00



CODE	DESCRIPTION	RETAIL
OTB50	Olympic Shrug Bar	€175.00



CODE	DESCRIPTION	RETAIL
OLEZCB120B	Olympic Curl Bar 120 cm Black	€85.00
OLEZCB120C	Olympic Curl Bar 120 cm Chrome	€85.00



CODE	DESCRIPTION	RETAIL
OTB50RH	Olympic Shrug Bar (Raised handles)	€219.00



CODE	DESCRIPTION	RETAIL
OLBAR150B	Olympic Bar 150 cm Black	€159.00
OLBAR150C	Olympic Bar 150 cm Chrome	€159.00



CODE	DESCRIPTION	RETAIL
OLBAR180B	Olympic Bar 180 cm Black	€159.00
OLBAR180C	Olympic Bar 180 cm Chrome	€159.00



CODE	DESCRIPTION	RETAIL
OLBAR220B	Olympic Bar 220 cm Black 350 kg	€179.00
OLBAR220C	Olympic Bar 220 cm Chrome 350 kg	€179.00



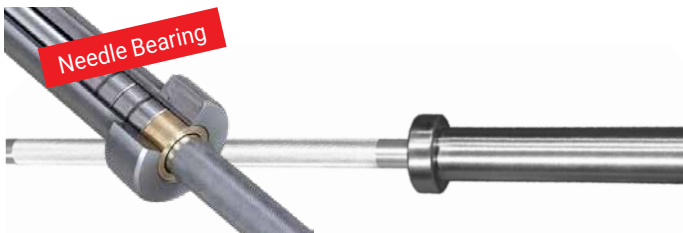
CODE	DESCRIPTION	RETAIL
OLSPB220	Olympic Super Power Bar (WC 700 kg)	€229.00

OLYMPIC BARS (50 MM)

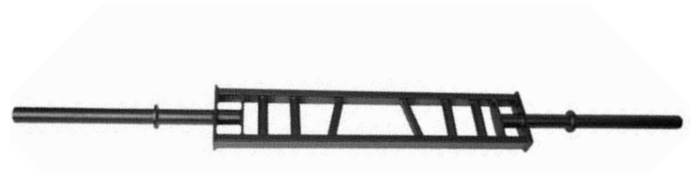


CODE	DESCRIPTION	RETAIL
OB210FEM	210 cm 15 kg Stainless Steel	€299.00

CODE	DESCRIPTION	RETAIL
OB220MA	220 cm 20 kg Stainless Steel	€339.00



CODE	DESCRIPTION	RETAIL
TB15	180 cm 7.5 kg Olympic Technical Bar	€149.00



CODE	DESCRIPTION	RETAIL
OMG86	Olympic Multi-Grip Bar	€275.00



CODE	DESCRIPTION	RETAIL
BSTFWH	Farmers Walk bars (pair)	€169.00



CODE	DESCRIPTION	RETAIL
OLCLIP	Olympic Spring Clip/Pair	€9.90

STANDARD BARS (25 MM)

Built to exacting standards using the highest quality materials, all of our bars are smooth, comfortable, easy to use and extremely durable. With a full line of both standard and Olympic bars, you will be sure to find exactly what you need to bring your workouts to the next level.



CODE	DESCRIPTION	RETAIL
STDH35	Standard Bar 35 cm	€12.00



CODE	DESCRIPTION	RETAIL
STDH40	Standard Bar 40 cm	€14.00



CODE	DESCRIPTION	RETAIL
STDHTR35	Standard Bar 35 cm Threaded	€15.00



CODE	DESCRIPTION	RETAIL
STDHTR40	Standard Bar 40 cm Threaded	€17.00



CODE	DESCRIPTION	RETAIL
STEZCB120	Standard Curl Bar 120 cm	€39.00



CODE	DESCRIPTION	RETAIL
STEZCBTR	Standard Curl Bar 120 cm Threaded	€49.00



CODE	DESCRIPTION	RETAIL
STBARTR180	Standard Bar 180 cm Threaded	€45.00



CODE	DESCRIPTION	RETAIL
STBARTR185	Standard Bar 185 cm Threaded	€55.00



CODE	DESCRIPTION	RETAIL
STBAR210	Standard Bar 210 cm	€55.00



CODE	DESCRIPTION	RETAIL
STCLIP	Standard Spring Collar (Pair)	€5.00

LOCK-JAW BARBELL COLLARS



CODE	DESCRIPTION	RETAIL
BSTLJ02	Olympic 2 Lock Jaw Collars	€59.00



CODE	DESCRIPTION	RETAIL
BSTLJHX	Hex Lock Jaw Collars	€75.00



CODE	DESCRIPTION	RETAIL
OLSL50	Olympic Speed Lock 50 mm	€15.00

MINI EXERCISE BANDS



ITEM#: MIBA

Warranty: 6 Months

- Ideal for floor-based lower-body exercises
- Strengthen and tone arms, legs, hips and glutes
- Great for therapeutic exercise and strength training
- Secures comfortably to ankles, calves, knees or thighs
- Flat band loop

CODE	RESISTANCE	COLOUR		RETAIL
MIBA1	Very light	Red		€6.00
MIBA2	Light	Yellow		€7.00
MIBA3	Medium	Green		€8.00
MIBA4	Heavy	Blue		€9.00

SUPER RESISTANCE BANDS



ITEM#: BTSRB

Warranty: 6 Months

- Latex elastic bands, ideal for strength training
- Lightweight and portable
- 6 levels of resistance
- Many exercises can be done with these bands

CODE	RESISTANCE	COLOUR		RETAIL
BTSRB1	Very light	Yellow		€10.00
BTSRB2	Light	Orange		€15.00
BTSRB3	Medium	Red		€20.00
BTSRB4	Heavy	Blue		€25.00
BTSRB5	Very heavy	Red		€30.00
BTSRB6	Extreme heavy	Blue		€39.00

PULL EXPANDER



ITEM#: BTPE

Warranty: 6 Months

- Ideal for floor-based lower-body exercises
- Strengthen and tone arms, legs, hips and glutes
- Great for therapeutic exercise and strength training
- Secures comfortably to ankles, calves, knees or thighs
- Flat band loop

CODE	RESISTANCE	COLOUR		RETAIL
BTPE1	Light	Red		€12.00
BTPE2	Medium	Grey		€12.00
BTPE3	Heavy	Black		€12.00

CABLE ATTACHMENTS



CODE	DESCRIPTION	RETAIL
MB022A	Aluminum Straight Bar	€45.00



CODE	DESCRIPTION	RETAIL
MB022RG	Revolving Straight Bar	€55.00



CODE	DESCRIPTION	RETAIL
MB148A	Aluminum Lat Bar	€95.00



CODE	DESCRIPTION	RETAIL
MB148RG	Pro Grip Lat Bar	€65.00



CODE	DESCRIPTION	RETAIL
MB229A	Aluminum Curl Bar	€85.00



CODE	DESCRIPTION	RETAIL
MB229RG	Curl Bar	€59.00



CODE	DESCRIPTION	RETAIL
MB100A	Aluminum Double Swivel Bar	€90.00



CODE	DESCRIPTION	RETAIL
MB438RG	Pro Grip Lat Bar Pro	€75.00



CODE	DESCRIPTION	RETAIL
MB501RG	Pro Grip Single Handed Grip	€15.00



CODE	DESCRIPTION	RETAIL
MB502RG	Pro Grip Seated Row/Chin Bar	€29.00

CABLE ATTACHMENTS



CODE	DESCRIPTION	RETAIL
MB503RG	Pro Grip Multipurpose Bar	€45.00



CODE	DESCRIPTION	RETAIL
MB504RG	Pro Grip Multipurpose Bar	€29.00



CODE	DESCRIPTION	RETAIL
MB507RG	Pro Grip Balanced V-Bar	€39.00



CODE	DESCRIPTION	RETAIL
TR20	Triceps Rope	€29.00



CODE	DESCRIPTION	RETAIL
NB59	Adjustable Nylon Stirrup Handle	€29.00



CODE	DESCRIPTION	RETAIL
NB59A	Adjustabel Stirrup with Aluminum Handle	€27.00



CODE	DESCRIPTION	RETAIL
NAS3	Nylon Ankle Strap	€19.00



CODE	DESCRIPTION	RETAIL
NTS10	Nylon Triceps Strap	€14.00



CODE	DESCRIPTION	RETAIL
TS31	Thigh Strap	€15.00



CODE	DESCRIPTION	RETAIL
BSTOLP	Olympic Loading Pin	€45.00

ACCESSORIES



CODE	DESCRIPTION	RETAIL
LBB28	Standard Bar 35 cm Threaded	€54.00



CODE	DESCRIPTION	RETAIL
LMCG	Landmine Club Grip	€75.00



CODE	DESCRIPTION	RETAIL
LMMG	Landmine Multi Grip	€110.00



CODE	DESCRIPTION	RETAIL
LMPP	Landmine Plate Pivot	€45.00



CODE	DESCRIPTION	RETAIL
LMSE	Landmine Single Eyelet	€29.00



CODE	DESCRIPTION	RETAIL
TBR10	T-Bar Row Platform	€85.00



CODE	DESCRIPTION	RETAIL
TBR20	T-Bar Row Platform	€89.00



CODE	DESCRIPTION	RETAIL
TBR50	T-Bar Row Platform	€159.00



CODE	DESCRIPTION	RETAIL
BSTGT100	Resistance level 45 kg (Red)	€16.00
BSTGT150	Resistance level 68 kg (Blue)	€18.00
BSTGT200	Resistance level 90 kg (Black)	€20.00



CODE	DESCRIPTION	RETAIL
WSA2.5	Weight Stack Adapter Plate 1.1 kg	€26.00
WSA5	Weight Stack Adapter Plate 2.2 kg	€29.00

CANNON BALL GRIP

Body-Solid's new upgraded BSTCB Cannonball Grips provide several ways to increase grip strength.

Attach them to a pull up bar and you can perform pull-ups and chin-ups focusing on grip strength. Users can also link them to dumbbells or barbells and perform lifts and other exercises again focusing on grip strength.



CODE	DESCRIPTION	RETAIL
BSTCB	Cannon Ball Grips	€45.00



NUN-CHUCK GRIP

Challenge your grip strength and target your forearms with Body-Solid Tools' BSTNG Nunchuck Grips. Use Nunchuck Grips for pull-ups or add them to a rig for a challenging monkey bar course. These nunchuck grips provide high-level grip strength workouts but also offer targeted forearm movements similar to a rope climb.



CODE	DESCRIPTION	RETAIL
BSTNG	Nun-Chuck Grips	€45.00

DOG BONE GRIP

The Body-Solid Tools Dog Bone features two surfaces for grip strength workouts. Use the center portion or challenge yourself with the oversized spherical ends.

The BSTDB Dog Bone can be attached to grip plates, dumbbells, kettlebells, barbells, cable machines and pull-up/chin-up bars. Ideal for pull-ups, farmers walks and a multitude of other grip strength movements.



CODE	DESCRIPTION	RETAIL
BSTDB	Dog Bone Grip	€45.00

READY FOR A LIFETIME OF HEAVY USE

Compact and versatile, balanced and free standing, these dumbbell racks are ready for a lifetime of heavy use. Designed to help you keep your workout area clean, organized and safe. Olympic plates, standard plated, barbells, dumbbells and more, these racks are built to handle the toughest of jobs.

STORAGE



CODE	DESCRIPTION	RETAIL
BFDR10	Bestfitness Dumbbell Rack	€169.00



CODE	DESCRIPTION	RETAIL
GDKR50	Rack for 6 Kettlebells	€145.00



CODE	DESCRIPTION	RETAIL
GDKR100	Dumbbell/Kettlebell Rack	€315.00



CODE	DESCRIPTION	RETAIL
PDR282X	Powerline 2-Tier Dumbbell Rack	€135.00



CODE	DESCRIPTION	RETAIL
GDR363	3-Tier Horizontal Dumbbell Rack	€189.00



CODE	DESCRIPTION	RETAIL
GDR10	Rack for Vinyl Dumbbells	€79.00



CODE	DESCRIPTION	RETAIL
GDR24	Rack for Vinyl Dumbbells	€179.00



CODE	DESCRIPTION	RETAIL
GDR34	Rack for Vinyl/Neoprene Dumbbells	€79.00



CODE	DESCRIPTION	RETAIL
GDR44	6 Pair Vertical Dumbbell Rack	€175.00



CODE	DESCRIPTION	RETAIL
GDR48	3-Tier Dumbbell Rack	€279.00



More info on page 31



CODE	DESCRIPTION	RETAIL
GDR60	Expandable 2-Tier Horizontal Dumbbell Rack	€325.00



CODE	DESCRIPTION	RETAIL
GDR80	Vertical Dumbbell Rack (20 Pair)	€375.00



CODE	DESCRIPTION	RETAIL
SADRACK	Saddle Rack (10 pair)	€445.00



CODE	DESCRIPTION	RETAIL
DUMRACK	Vertical Dumbbell Rack (10 pair)	€250.00



CODE	DESCRIPTION	RETAIL
BFWT10	Bestfitness Weight Tree	€159.00



CODE	DESCRIPTION	RETAIL
OWT24	Olympic Plate Tree	€95.00



CODE	DESCRIPTION	RETAIL
SWT14	Standard Plate Tree	€85.00



CODE	DESCRIPTION	RETAIL
GOWT	Olympic Plate Tree & Bar Holder	€135.00



CODE	DESCRIPTION	RETAIL
GSWT	Standard Plate Tree & Bar Holder	€125.00



CODE	DESCRIPTION	RETAIL
WT46	Olympic Weight Tree & Bar Holder	€179.00



CODE	DESCRIPTION	RETAIL
GWT56	Olympic Plate Tree & Bar Holder	€259.00



CODE	DESCRIPTION	RETAIL
GWT66	X-Design Plate Tree	€289.00



CODE	DESCRIPTION	RETAIL
GWT76	Weight Tree	€525.00



CODE	DESCRIPTION	RETAIL
SWT1000	Olympic Weight Tree	€895.00



CODE	DESCRIPTION	RETAIL
GBPR10	Commercial Bumper Plate Rack	€295.00



CODE	DESCRIPTION	RETAIL
GFR500	Fitness Bar Rack	€239.00



CODE	DESCRIPTION	RETAIL
GDR500	Fitness Bar Rack	€495.00



CODE	DESCRIPTION	RETAIL
GMR5	Medicine Ball Rack	€90.00



CODE	DESCRIPTION	RETAIL
GMR10	Medicine Ball Rack	€195.00



CODE	DESCRIPTION	RETAIL
GSR10	Stability Ball Rack	€195.00



CODE	DESCRIPTION	RETAIL
SSBR100	Stability Ball Rack	€319.00



CODE	DESCRIPTION	RETAIL
SSBR200	Stability Ball Rack	€425.00



CODE	DESCRIPTION	RETAIL
GOBH5	Vertical Olympic Bar Holder	€155.00



CODE	DESCRIPTION	RETAIL
VDRA30	Accessory Storage Rack	€265.00



CODE	DESCRIPTION	RETAIL
GYR500	Rolling Storage Cart	€225.00



CODE	DESCRIPTION	RETAIL
GAR100	Accessory Rack	€435.00



CODE	DESCRIPTION	RETAIL
GAR250	Multi Accessory Rack	€895.00



CODE	DESCRIPTION	RETAIL
SBS100	Horizontal Bar Rack	€450.00

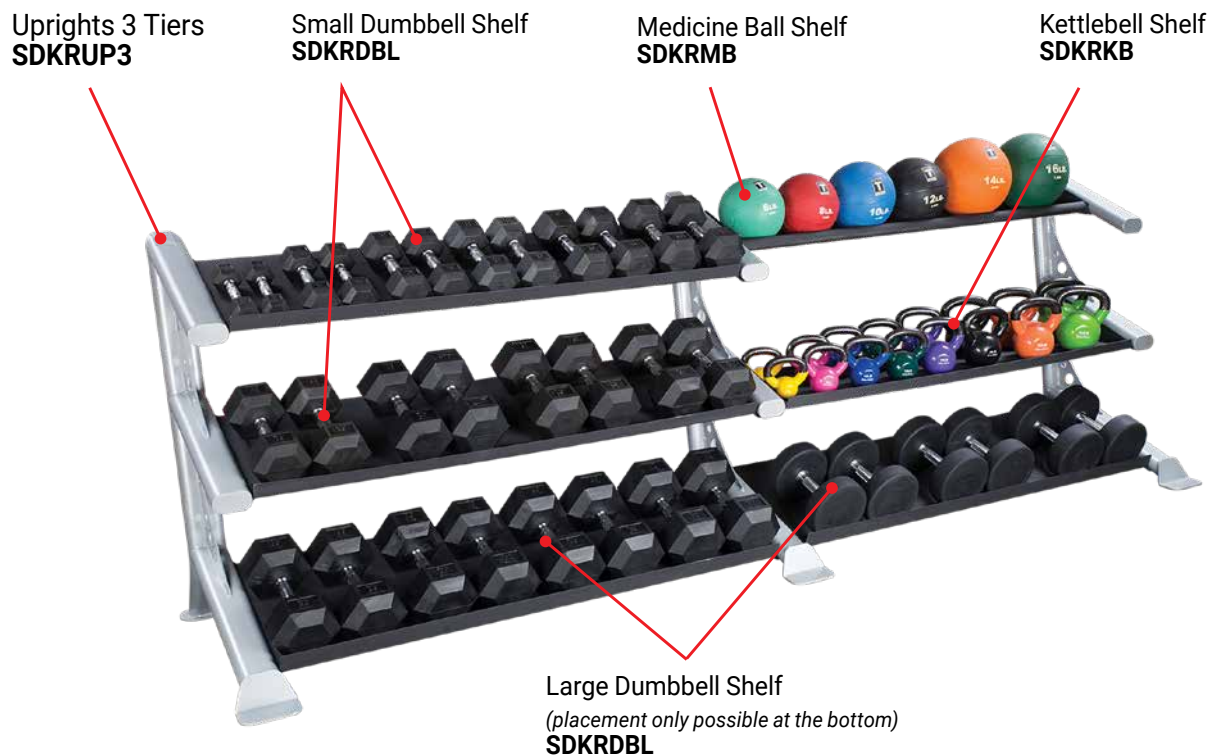



CODE	DESCRIPTION	RETAIL
SBBR100	Horizontal Bar Rack	€695.00

PRO CLUBLINE MODULAR STORAGE SYSTEM

Perfect for the storage needs of any facility, the new SDKR storage rack offers unparalleled flexibility for storage of dumbbells, kettlebells and medicine balls. Each section has two or three tiers that can hold any one of four different shelves for small or large dumbbell, medicine ball or kettlebell storage.

Mix and match to suit your specific needs. In addition the rack is infinitely expandable for larger facilities with more extensive storage needs.



	CODE	DESCRIPTION	RETAIL
	SDKRDBS	ProClub Line Small Dumbbell Shelf	€235.00
	SDKRDBL	ProClub Line Large Dumbbell Shelf	€245.00
	SDKRKB	ProClub Line Kettlebell Shelf	€200.00
	SDKRMB	ProClub Line Medicine Ball Shelf	€125.00
	SDKRSD6	ProClub Line Saddle Dumbbell Rack 6 spots	€210.00
	SDKRSD8	ProClub Line Saddle Dumbbell Rack 8 spots	€220.00
	SDKRUP2	ProClub Line Uprights 2 Tiers	€225.00
	SDKRUP3	ProClub Line Uprights 3 Tiers	€315.00



CODE	DESCRIPTION	RETAIL
SDKR500DB	2-Tier Dumbbell Rack	€920.00



CODE	DESCRIPTION	RETAIL
SDKR1000DB	3-Tier Dumbbell Rack	€1335.00



CODE	DESCRIPTION	RETAIL
SDKR500KB	2-Tier Kettlebell Rack	€850.00



CODE	DESCRIPTION	RETAIL
SDKR1000KB	3-Tier Kettlebell Rack	€1230.00



CODE	DESCRIPTION	RETAIL
SDKR500MB	2-Tier Medicine Ball Rack	€680.00



CODE	DESCRIPTION	RETAIL
SDKR1000MB	3-Tier Medicine Ball Rack	€975.00



CODE	DESCRIPTION	RETAIL
SDKR500SD	2-Tier Saddle Dumbbell Rack	€875.00



CODE	DESCRIPTION	RETAIL
SDKR1000SD	3-Tier Saddle Dumbbell Rack	€1270.00

BODY-SOLID GDR60 STORAGE SYSTEM

Keep your workout area organized, clean and, most importantly, safe. Heavy gauge steel with all-4-side welded construction is deburred inside and out for user safety.

Heavy-duty mainframe features a reversed pitch design that allows easy access to all three tiers.



CODE	DESCRIPTION	RETAIL
GDR60	Expendable 2-Tier Horizontal Dumbbell Rack	€325.00



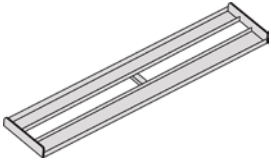
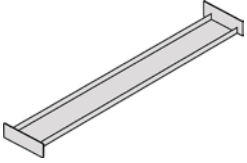
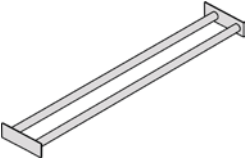
Optional 3rd tier
GDRT6



Optional 3rd tier
GKRT6



Optional 3rd tier
GMRT6

	CODE	DESCRIPTION	RETAIL
	GDR60	Optional 3rd Tier for GDR60 Featuring heavy-duty construction for maximum strength and stability. Exclusive slant back design makes storage and retrieval a breeze. For the Body-Solid Dumbbell Rack #GDR60 only!	€110.00
	GKRT6	Optional Kettlebell Shelf for GDR60 Body-Solid's GKRT6 adds an optional third-tier kettlebell storage rack to the existing GDR60 dumbbell rack. The GKRT6 is designed to hold a 2-22.5 kg kettlebell set and will help keep your workout space clean, organized and safe.	€155.00
	GMRT6	Optional Medicine Ball Shelf for GDR60 Body-Solid's GMRT6 is an optional third-tier medicine ball storage rack for the GDR60 dumbbell rack. The GMRT6 is the perfect storage solution for medicine balls, dual-grip medicine balls, slam balls and more.	€110.00

FITNESSTRADING

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