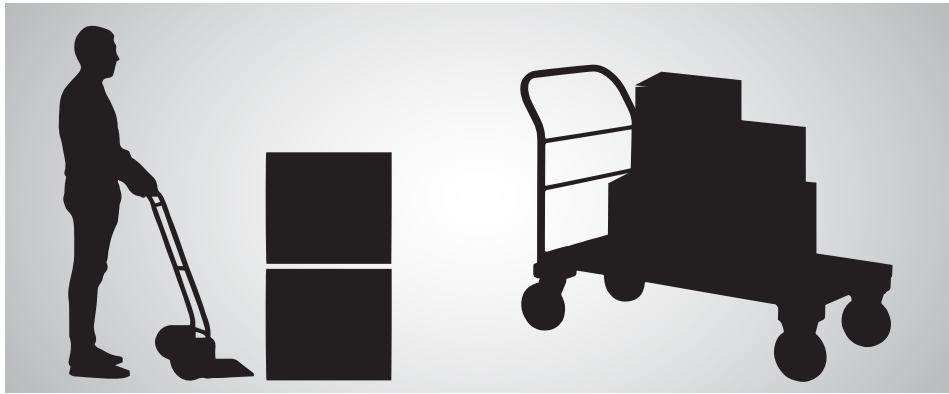


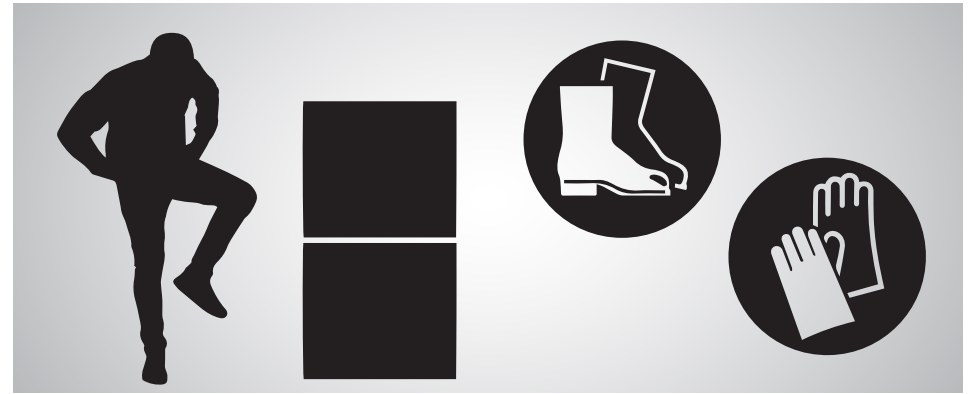
Manual Handling: T.I.L.E

MANCHESTER
1824



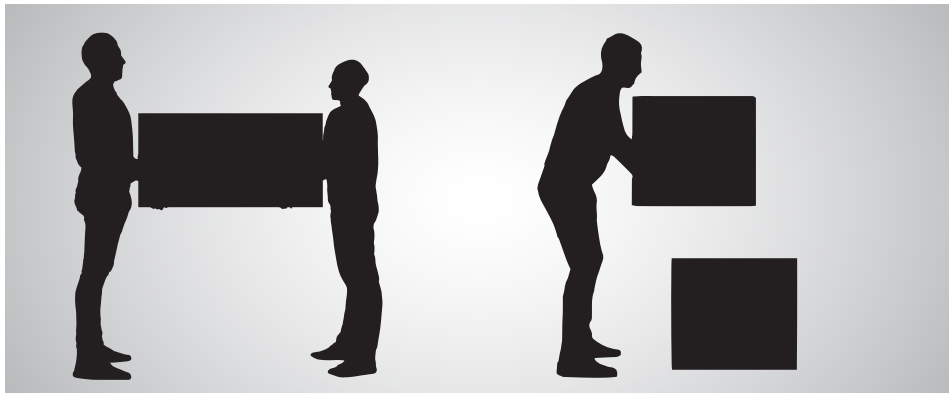
T

TASK: Consider what is to be moved and how best to do it: do you need more people, could you use a wheelbarrow, lifting hook or would a simple trolley help.



I

INDIVIDUAL: This is about you and your back. If you feel you cannot lift the load or you are not wearing the correct workwear, PPE or footwear... then DON'T do it!



L

LOAD: Is it sharp or awkward to move? Is it too heavy? Is it a two person job? Or can it be broken into smaller loads?



E

ENVIRONMENT: Think about the route you have to take are there any doors, is it slippy, outside, uneven ground? Are there stairs and will you need a stair walker?



Video Guides

Please refer to the video for further guidance.
Scan for further details



Wray
Bros