

Measures Table



OFFICIAL SUPPLIER OF YOUR PASSION

Name: _____

Surname: _____

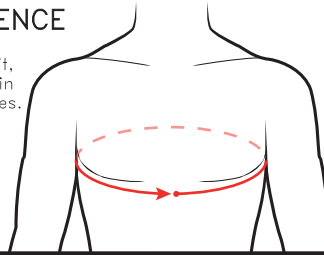
Height (cm.): _____

Weight (kg.): _____

A. THORAX CIRCUMFERENCE

Use a tape measure, run under armpit, put in the largest part of the chest in horizontal position, arms at your sides.

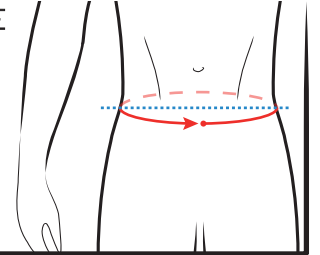
Cm:



B. WAIST CIRCUMFERENCE

Run tape measure around waist horizontally, arms at your sides

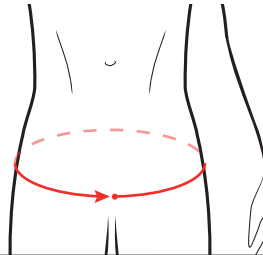
Cm:



C. PELVIS CIRCUMFERENCE

Run tape measure around basin in the largest point, arms at your sides. Put the tape measure 18-20 cm under waist point.

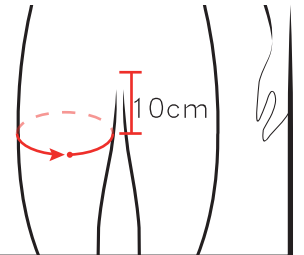
Cm:



D. THIGH CIRCUMFERENCE

Run tape measure around the thigh horizontally, try to measure the largest part of the thigh. You should be around 10 cm from the crotch.

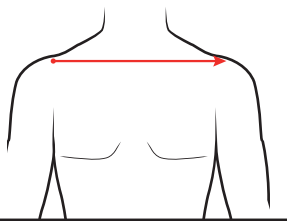
Cm:



E. SHOULDER WIDTH

Arms at your sides, run tape measure from bone to bone. It is important that the tape is rigid in order to obtain a proper measure.

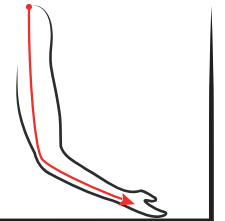
Cm:



F. SLEEVE LENGTH

Start the measurement from shoulder bone, running the tape measure around elbow (arm slightly flexed) until wrist bone.

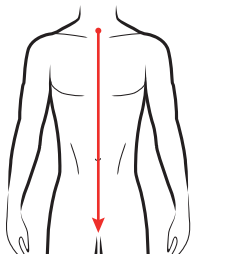
Cm:



G. FRONTAL CHEST LENGTH

Take the measure starting from the notch of the neck to the front of crotch (reference stitch of the underwear). It is important to put the tape measure in the correct position, always keeping in tension in a vertical position.

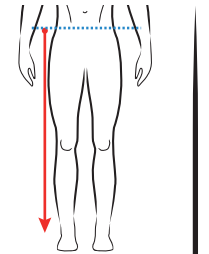
Cm:



H. EXTERNAL LEG LENGTH

Put tape measure laterally, and run the tape measure from waist to ankle bone.

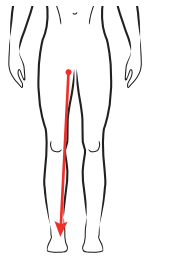
Cm:



L. INTERNAL LEG

Run tape from crotch to internal ankle bone.

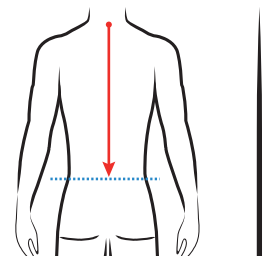
Cm:



M. REAR LENGTH

run the tape measure from lower vertebra of the neck to the waist (see point 2).

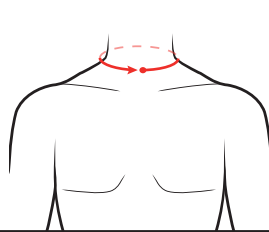
Cm:



N. NECK CIRCUMFERENCE

Run your tape measure around the neck and close the circle. Please indicate in the space below the value in centimeters.

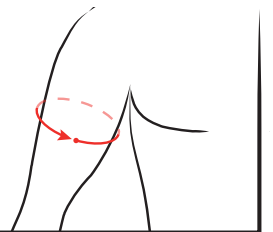
Cm:



O. BICEPS CIRCUMFERENCE

Run the tape measure around the widest point of the biceps. Close the circle with the tape measure and indicate in the space below the value in centimeters.

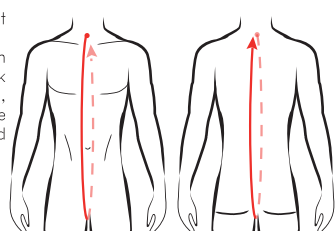
Cm:



P. TOTAL CROTCH LENGTH

Take the measuring tape and put it in front of your body. The measurement should be taken starting from the notch of the neck to the lower vertebra of the neck, passing by the horse. The tape should then have a complete round from the front to the back.

Cm:



Do not forget to indicate total height and weight of the driver.