

## 維生素C小知識



維生素C屬水溶性維生素，人體無法自行合成，並必須每日通過食物或營養補充品攝取。成年人每日建議攝取量為65至90毫克，而最高安全攝取量為2000毫克。不過，營養需要因人而異，要視乎個人體格和運動量而定。

# Vitamin C

維生素C主要維持體內免疫力水平，尤其對抗細菌、病毒感染，以及預防癌症等，亦有美顏、美白及促進膠原蛋白生成的功效。一旦缺乏維生素C，輕則會導致牙齦紅腫或出血，嚴重會增加病菌感染風險和流鼻血，甚至輕微碰撞亦會令身體容易出現瘀傷！



## 提供全面解決方案

營養師諮詢服務

「醫療級別」營養補充品

排毒養生

天然茶療

特選檢測項目



安全

無副作用

通過品質及安全測試



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# Immune C

## 酯化維生素C



## 強化免疫力

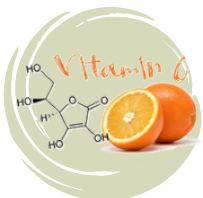
## 保護心血管

\*此產品沒有根據《藥劑業及毒藥條例》或《中醫藥條例》註冊。為此產品作出的任何聲稱亦沒有為進行該等註冊而接受審核。此產品並不供作診斷、治療或預防任何疾病之用。

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# 四重抗氧化功效

最強組合 產生協同效應



酯化維生素C®

(左旋-抗壞血酸鈣)

醫學博士 Jonathan Wright 證實使用這種酯化的維生素C進入血液及組織的速率比普通維生素C快四倍，亦能使白血球內維生素C含量提高四倍。



柑橘生物類黃酮  
複合物

源自柑橘果皮，含有豐富的天然類黃酮（維生素P），被世界公認為最強的抗氧化劑，因其分子結構小，易被人體吸收，抗氧化能力更是維生素E的50倍和維生素C的20倍。



蘆丁  
生物類黃酮

同樣是生物類黃酮之一，能增強維生素C在體內的活性作用，有助強化微絲血管。最常見的用途是治療過敏症狀，能有效達致抗炎、抗病毒、抗細菌及抗癌的作用。



碧蘿芷Pycnogenol®  
天然的植物提取物

一種天然的植物提取物，取自法國松樹皮，含有原花青素、生物類黃酮和酚酸的獨特組合，是天然的抗炎劑。它能協助身體製造膠原蛋白、透明質酸及一氧化氮，有助血管擴張和促進血液循環。

# 產品特色

與傳統維生素C相比

## ✓ 雙重性質

為水油並溶配方  
可透過體內水分和脂肪吸收

## ✓ 高運用率

能逗留在體內脂肪備用  
不易經汗液或尿液排走

## ✓ 高吸收率

加入生物類黃酮和蘆丁  
能增強維生素C的活性作用

## ✓ 不會刺激胃酸分泌

減輕胃部不適

# 產品六大功效\*



提升免疫力



強化微絲血管



超強抗氧化  
舒緩各種炎症



改善皮膚質素



增強血管彈性



製造膠原蛋白  
強化筋腱及關節



只需1粒 = 10個橙（連橙皮）

由多種非基因改造Non-GMO生物類黃酮組成



## 成份

酯化維生素C® (左旋-抗壞血酸鈣)	540毫克
鈣 (來自抗壞血酸鈣)	59毫克
柑橘生物類黃酮複合物 (柑桔皮、果皮和水果)	50毫克
蘆丁 (日本槐樹及寶塔樹芽提取物)	75毫克
碧蘿芷® (法國海岸松樹皮提取物)	3毫克

## 特別適合人士

牙齦出血

經常感冒或受細菌感染

容易有瘀傷、靜脈曲張和痔瘡

身體或精神壓力大

吸煙、飲酒或經常接觸二手煙

少吃新鮮水果和蔬菜

有傷口或手術後



## 食用方法

成人每日1-2粒



# Knowledge About Vitamin C



Vitamin C is a water-soluble vitamin that cannot be synthesized by the human body and must be taken daily through food or nutritional supplements. The recommended daily intake for adults is 65 - 90 mg, while the upper limit is 2000 mg. However, nutritional needs vary from person to person, depending on individual physique and physical activity.



Vitamin C helps our immune system to fight against bacterial and viral infections, lower cancer risk, promote collagen production, and also skin whitening effect. Lack of vitamin C can cause red, swollen or bleeding gums, severely increases the risk of bacterial infection and nosebleeds. Easy bruising is also a common sign of vitamin C deficiency since poor collagen production causes weak blood vessels.

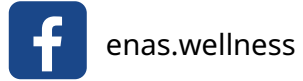
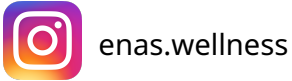


# We Provide Holistic Solution

- Nutritionist Service
- Pharmaceutical-Grade Supplement
- Scientific Test
- Functional Fiber Clothing
- Tea Treatment



- No Additives
- No Preservation
- Laboratory Tested Approved



\*This product is not registered under the Pharmacy and Poisons Ordinance or the Chinese Medicine Ordinance. Any claim made for it has not been subjected to evaluation for such registration. This product is not intended to diagnose, treat or prevent any disease.



# Immune C



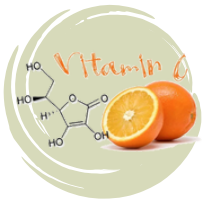
Ester - C  
 Water-Fat-Soluble  
 Super Antioxidant  
 Improve Micro-circulation

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# Quadruple Antioxidant Benefits

The strongest combination to produce synergistic effects



Esterified Vitamin C® (L-Calcium Ascorbate)

Dr. Jonathan V. Wright, MD, has proved that esterified Vitamin C enters the blood and tissues four times faster than regular vitamin C, and also increases the content of vitamin C in white blood cells by 4 times.



Citrus Bioflavonoids Complex

Derived from citrus peel, it is rich in natural flavonoids (vitamin P), and is recognized as the strongest antioxidant in the world. Because of its small molecular structure, it is easily absorbed by the human body, and its antioxidant capacity is 50 and 20 times that of vitamin E and vitamin C.



Rutin Bioflavonoids

It is also a bioflavonoid, which can enhance the activity of vitamin C in the body and help to strengthen capillary blood vessels. High doses of vitamin C are often used to treat allergies because of their anti-inflammatory, anti-viral, anti-bacterial and anti-cancer effects.



Pycnogenol® Natural Plant Extract

A natural botanical extract derived from French pine bark containing a unique combination of proanthocyanidins, bioflavonoids and phenolic acids that are natural anti-inflammatory agents. It helps the body manufacture collagen, hyaluronic acid and nitric oxide, which helps dilate blood vessels and promote blood circulation.

# Why Immune C?

Compared to traditional Vitamin C

## ✓ Dual Nature

It is a water-fat-soluble formula Absorbed through body water and fat

## ✓ High Bioactivity

Can stay in body fat for spare Not easily excreted through sweat or urine

## ✓ High Bioavailability

Added bioflavonoids and rutin Can enhance the bioavailability of vitamin C

## ✓ Relieve stomach upset

Does not stimulate gastric acid secretion

# Key Functions of Immune C\*



Boost Immune System



Promote Blood Circulation



Super Antioxidant



Skin Whitening



Reduce Inflammation



Strengthen Tendons and Joints



1 Capsule = 10 Orange (with orange peel)  
Consists of a variety of Non-GMO bioflavonoids



## Main Ingredients

Ester-C® (as calcium L-ascorbate)	540 mg
Calcium (as calcium L-ascorbate)	59 mg
Citrus Bioflavonoid Complex (Citrus Aurantium)	50 mg
Rutin (Japanese Pagoda Tree Bud Extract)	75 mg
Pycnogenol® French Maritime Pine Extract (Pinus pinaster) (bark)	3 mg



## Suitable For People With

- Bleeding gums
- Frequent colds or bacterial infections
- Easy bruising, varicose veins, and hemorrhoids
- Physical or mental stress
- Smoking, drinking alcohol, or being regularly exposed to secondhand smoke
- Difficulty to consume adequate fresh fruits and vegetables
- Injured or after surgery



## Suggested Use

Take 1 capsule daily or as directed by a healthcare practitioner. Capsule may be pulled apart and nutrients taken separately.