

## 奧米加3脂肪酸的重要性

由於人體無法自行製造奧米加3脂肪酸 ( DHA和EPA )，因此只能通過食物攝取。許多臨床研究已證實，天然深海魚油中含有的脂肪酸，可維持情緒健康和減少體內炎症因子。



每天 2 粒 持續 4 個月



將Omega-3指數提升至健康人群中理想數值

研究表明，具有較低 Omega-3 指數 ( 即 5% ) 的健康成年人需要 4 個月或更長時間每天 1.5-2 克 EPA 和 DHA 才能將水平提高到理想的 8%。^

## EE型式和TG型式Omega-3脂肪酸有何分別?

TG型式(Triacylglycerols)是天然魚油不飽和脂肪酸的分子結構，而EE型式(Ethyl esters)則是魚油萃取後再加工酯化；由於結構的改變，魚油的吸收率也會受到影響。

研究指出，TG型魚油的分子結構和人體內三酸甘油酯相同，因此身體吸收利用率高；而EE型魚油經消化後須多一道轉化步驟，吸收利用率則會下降許多。

## 提供全面解決方案

營養師諮詢服務

醫學級營養補充品

排毒養生

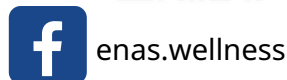
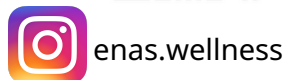
天然茶療

特選檢測項目

安全

無副作用

通過品質及安全測試



Endless

ENAS

wellness

^ 只作參考

\*此產品沒有根據《藥劑業及毒藥條例》或《中醫藥條例》註冊。為此產品作出的任何聲稱亦沒有為進行該等註冊而接受審核。此產品並不供作診斷、治療或預防任何疾病之用。



# Clinical Omega

## 醫學級奧米加



## 強化心血管

## 支持腦部健康

www.enaswellness.com

# 產品特色

## > 黃金EPA:DHA比例

源自挪威可持續發展的Clinical Omega，每粒膠囊以高濃縮劑量1000mg EPA 和 DHA 的組合，提供2:1 的完美比例。

## > 醫藥級·高純正度

- ✓ 經過認證的、可持續的、野生捕撈的魚
- ✓ 非轉基因認證的成分
- ✓ 經認證的有機向日葵衍生維生素 E
- ✓ 無隱藏豆油
- ✓ 無水楊酸檸檬油
- ✓ 不含腸溶衣



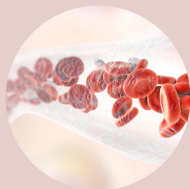
## > 成分經第三方測試

Clinical Omega 卓越的純度和新鮮度已由六家領先的國際實驗室獨立驗證，以確保其不含以下物質：

- 超過 460 種環境污染物
- 近 200 種農藥
- 30 種常見增塑劑
- 所有 3 種放射性同位素
- 前所未有的重金屬純度



## EPA 抑制發炎因子



### 心血管健康

- 提高「好膽固醇」HDL的水平
- 降低約 15-30% 三酸甘油酯
- 防止導致動脈硬化的斑塊
- 減低血黏度，保持血管暢通

### 皮膚健康

- 減低皮膚發炎因子，舒緩暗瘡、牛皮癬和濕疹等症狀
- 滋潤皮膚、減低乾紋



### 骨關節健康

- 減低關節痛發炎因子
- 提升骨礦物質密度



## DHA 加強腦部發展

大腦含有 97% 的Omega-3脂肪酸  
而眼睛含有 93% 的Omega-3脂肪酸

### 腦部健康

- 支持情緒平衡
- 減輕憂鬱症狀
- 提升學習和神經系統及認知功能



### 母親或嬰兒/哺乳期間

- 有助於嬰兒視力和手眼協調
- 降低嬰兒過敏的風險
- 提升嬰兒腦部發展
- 減少多動、注意力不集中



### 眼睛健康

- 減輕乾眼症的症狀
- 減輕老年性黃斑部病變



一粒已足夠一日所需

黃金EPA:DHA比例 維護心腦血管



## 成份

奧米加3 (Omega-3)	1340mg
二十碳五烯酸 (EPA)	670mg
二十二碳六烯酸 (DHA)	335mg

## 特別適合人士

高血壓或高膽固醇  
關節疼痛或關節發炎  
懷孕或哺乳中婦女  
情緒問題  
皮膚乾燥或乾眼症狀



## 食用方法

成人每日1粒  
餐後服用

奧米加3脂肪酸每日建議補充量  
(美國國家衛生院)<sup>1</sup>



男士  
1600毫克



女士  
1100毫克



懷孕或哺乳中婦女  
1400毫克

維持認知能力：>900毫克 DHA  
預防血管栓塞：>4000毫克 EPA+DHA  
降低甘油三酯水平：2000-4000毫克 EPA+DHA

# The Importance of Omega 3

Omega-3 fatty acids (EPA and DHA) cannot be synthesized by human body, it can only be obtained through food. Consuming deep-sea fish oil have been scientifically studied in numerous clinical manifestations, including maintaining emotional well-being and reducing inflammatory factors in the body.

Studies have shown that healthy adults with a low omega-3 index ( $\leq 5\%$ ) need 1.5-2 grams of EPA and DHA per day for 4 months or more to increase levels to the ideal 8%.\*



2 Softgels Daily

For 4 Months



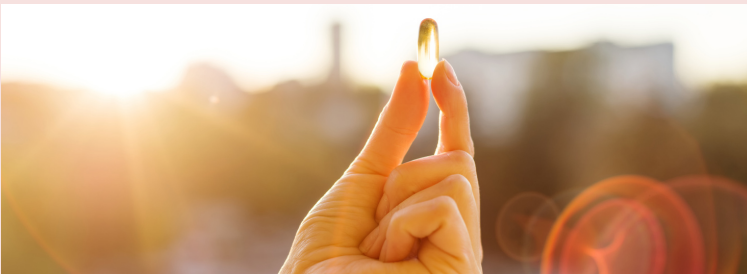
Raise the Omega-3 Index to the ideal value for healthy people



## What is the difference between EE form and TG form Omega-3 fatty acids?

TG type (Triacylglycerols) is the unprocessed form from natural fish oil, while EE type (Ethylesters) is and the esterified form of processed fish oil.

Studies shown that fish oil in TG form has a higher absorption and utilization rate as its structure is the same as the fatty acid in human body, while EE fish oil requires additional conversion steps after digestion, and the absorption and utilization rate will drop a lot.



# We Provide Holistic Solution

Nutritionist Service  
Pharmaceutical-Grade Supplement  
Scientific Test  
Functional Fiber Clothing  
Tea Treatment



No Additives  
No Preservation  
Laboratory Tested Approved



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Endless

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^ For Reference Only

\*This product is not registered under the Pharmacy and Poisons Ordinance or the Chinese Medicine Ordinance. Any claim made for it has not been subjected to evaluation for such registration. This product is not intended to diagnose, treat or prevent any disease.



# Clinical Omega



Omega-3  
Clinical Grade  
Ideal EPA:DHA Ratio  
Cardiovascular Support

www.enaswellness.com

# Why Clinical Omega?

## > Golden EPA:DHA Ratio 2:1

Sourced from sustainably grown Norwegian Omegas, each capsule provides a perfect 2:1 ratio and a highly concentrated dose of 1000 mg of EPA and DHA.

## > Pharmaceutical Grade, High purity

- ✓ Certified, sustainable, wild-caught fish
- ✓ Non-GMO certified ingredients
- ✓ Certified Organic Sunflower-Derived Vitamin E
- ✓ No hidden soybean oil
- ✓ Salicylate-free lemon oil
- ✓ Free from enteric coating



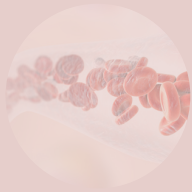
## > Third-Party Testing

Clinical Omega's exceptional purity and freshness have been independently verified by six leading international laboratories, to ensure it doesn't contain the following:

- 🔴 Over 460 Environmental Pollutants
- 🔴 Nearly 200 Pesticides
- 🔴 30 Common Plasticizers
- 🔴 3 Radioactive Isotopes
- 🔴 Toxic Heavy Metals



## EPA Inhibits Inflammatory Factors



### Cardiovascular Health

- Lowers triglycerides by ~15-30%
- Reduce blood viscosity
- Reduce the risk of arteriosclerosis

### Skin Health

- Soothe acne and eczema
- Fight skin disorders like atopic dermatitis and psoriasis



### Bone & Joint Health

- Reduce joint pain
- Increase bone mineral density

## DHA Enhances Brain Development

The brain contains 97% Omega-3 fatty acids  
And the eyes contain 93% Omega-3 fatty acids

### Brain Health

- Supports emotional balance
- Reduce depression symptoms
- Improve learning and cognitive function



### Pregnancy / Breastfeeding

- Helps baby's vision and hand-eye coordination
- Reduce baby allergy risk
- Promote brain development in babies
- Reduce hyperactivity and inattention

### Eye Health

- Relieve dry eye symptoms
- Reduce age-related macular degeneration



One softgel Daily

Gloden EPA:DHA ratio to maintain Cardiovascular and Brain Health



### Main Ingredients

Concentrated fish omega-3 triglycerides 1340mg  
equiv. Eicosapentaenoic acid (EPA) TG 670mg  
equiv. Docosahexaenoic acid (DHA) TG 335mg



### Suitable For People With

- High blood pressure or high cholesterol
- Joint pain or joint inflammation
- Pregnancy or breastfeeding
- Emotion problem
- Dry skin or dry eye symptoms



### Suggested Use

Take 1 capsule daily or as directed by a healthcare practitioner.

### RDA for Omega 3 (NIH)^



Men  
1600mg



Women  
1100mg



Pregnant/Breastfeeding  
1400mg

Maintain Cognitive Performance: >900 mg DHA  
Prevention of Vascular Embolism: >4000 mg EPA+DHA  
Reduce Triglyceride Level: 2000-4000 mg EPA+DHA