

Sprinkles

Cupcakes

FLAVOR	CALORIES
banana	598
black & white	582
carrot	576
chocolate marshmallow	405
dark chocolate	586
red velvet	439
gluten friendly red velvet*	439
sugar free red velvet	352
vegan red velvet	425
lemon blueberry	410
salty caramel	376
sprinkle	583
strawberry	469
triple cinnamon	555
vanilla	543
vanilla milk chocolate	496

Cookies

chocolate chip	445
gluten-friendly chocolate chip*	493
double chocolate	408
salted oatmeal cornflake	454
fudge brownie	652
red velvet cookie	400

*While we offer gluten free items, our kitchen is not completely gluten free. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.