



# FIR Table Lamp

## Owner's Manual

Patented Ceramic Semiconductors  
100% Safe - Unique Automatic  
Temperature Control System  
Portable, Hands Free

# Guidelines on Usage



- The recommended use time is 15 minutes. User should adjust use time based on individual condition.
- In the process of operation avoid touching the metal screen as it gets hot.
- Keep eyes firmly shut when using the Lamp on the face.
- The temperature of the metal screen shaft is between 165°F to 185°F. The distance between the transmitter and the user depends on the individual reaction of acceptable heat. The recommended distance is 10 inches from your skin to the Lamp face.
- The Lamp has a protective device for overheating. The electric current will cut off automatically. After cooling the current will resume automatically.
- As with any other electric appliance, the same rules apply to the FIR Table Lamp.
- Avoid using the FIR Table Lamp near any wet areas, bathrooms, pools, etc. in order to prevent against shock or electrocution.
- There should be an accompanying adult on hand when an elderly person, chronic illness sufferer desires to use the FIR Table Lamp.
- At any point in time if the user is feeling uncomfortable, stop using immediately and consult with a physician.
- Users with special medical conditions should consult with a physician prior to using.
- Turn the switch on to activate the FIR Table Lamp. After using turn the switch off immediately so as to save energy and prolong the life span of the Relax FIR Table Lamp.



## Maintenance

### **Beware of the following safety precautions on the electric cord to avoid accident**

- When the appliance is in operation do not twist, pull or bind the electric cord. Do not place any heavy objects on the cord.
- If the cord gets torn or faulty, do not use the appliance send in for repair.
- Use only AC120V outlets!

**For cleaning and maintenance, use a soft damp cloth or mild detergent to wipe. Avoid using volatile cleaning liquids.**

**After a period of usage, use a hair dryer (use only cool wind) to spray out dust and dirt from the FIR radiator**

### **Caution:**

- ↪ Avoid touching the lamp when your hands are wet.
- ↪ It is forbidden and dangerous to alter the specification or modify this appliance in any way.
- ↪ Follow the instructions strictly and do not use any parts outside of their specified use.
- ↪ In case of any uncommon situation, please turn off the power, remove the plug from the electric outlet and contact the company.

# Contraindications



- **Do NOT** use the Relax FIR Table Lamp under the following conditions:
  - \* Insensitivity to Heat
  - \* While under the influence of alcohol
  - \* Under doctor's instructions not to use a heat lamp
  - \* While suffering from a deep cut or any fresh wounds
  - \* Infants are never to use the Relax FIR Table Lamp
  - \* Seniors, Children and/or those who require medical care must use the Lamp only under the supervision of a competent adult.
- **Those who require medical care must consult with their doctor before use.**
- **Diabetics** and those with poor circulation (such as cold feet and/or icy hands), **must never exceed 5 minutes per session.**
- Patients with cardiovascular conditions and chronic conditions should only use the Lamp under supervision of medical professionals.
- The occurrence of red spots and itchiness is normal in that it is only a transitional phase in the process. When toxins are unable to be carried away by the bodies blood stream, they appear as red spots on the skin. If some areas are more affected than others, it is usually due to an old injury. Different individuals experience will differ and, normally in 2 weeks, the reactions will clear. **Decrease the time per session if red spots occur.**
- If your skin itches, avoid scratching and rest.
- Not everyone will experience dizziness. If you feel dizzy, **please stop using the lamp immediately.**

## One Year Purchase Warranty Relax FIR Table Lamp

Serial No: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Purchase Date: \_\_\_\_\_

1. We sincerely support the best service for users. Please fill in the warranty card completely and retain with the appliance for future reference.
2. Should the warranty card become lost or misplaced, manufacture is under no obligation to reissue the warranty card.
3. Within the warranty period we will not provide free service repairs under the following circumstances:
  - a) Damage caused by improper use (not following this Owner's Manual).
  - b) Damage caused by the user; repairs, changes or dismantling the product without consent from the manufacturer.
  - c) Damage caused by accident, fire, flood or any natural disaster.
  - d.) Warranty is void if the trademark or purchase date has been replaced or removed.



# Far Infrared Saunas & Lamps

**Contact Now**

## Get in Touch

We always appreciate hearing from you. For questions please contact the representative that sold you your FIR Table Lamp. For any other concerns or questions, to order Relax Sauna or other FIR products, Please contact us anytime.



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