

3 Unique Features Make **Far Infrared** *The Superior Sauna For Psychedelic Healing* Saunas & Lamps



WAVELENGTH

The only light therapy tool that emits the same infrared heat as the human body (7-14k nm. Feels like a warm hug; going up to 4cm deep, to treat the bones, organs, muscles, and skin all at once.



ENERGY

The only instantly-warm sauna for on-demand 5-10 min. no-sweat warm up's with your clothes on. Great for pre-workout or workday. Go 20 min for deep detox sweat therapy, enjoy better sleep + all-day energy.



VIBRATION

Only our silver-lined tent reflects infrared energy all around you 360°, vibrating even more of the water and cells in you, for healthful fevers at 25 min. and endogenous highs with 35+ min *for the experienced.

4 Ways To Use Our Light Therapy To Enhance Psychedelics

1. PRE-JOURNEY CLEANSE

The Relax Sauna is more detoxifying than any other. This means you can use it to deeply cleanse, structure, and energize the water and cells of your body in the days and weeks before your journey. Start your journey with a clear body and mind for honest and clear intentions, for a better experience.

2. IN-JOURNEY SOOTHE

Ensure you stay in a calm state of body and mind to keep the good vibes flowing. Our soothing light energy passes through clothes and has no warm-up time. This means you can use it for 5-10 minutes without sweat, to calm your nervous system, reduce pain, lower blood pressure, and more, in minutes.

3. POST-JOURNEY INTEGRATION

Integration is where the magic is! Ground more experiences and wisdom into your being by A) Supporting innate healing factors regularly with 20 min sweat detox sessions B) Returning to bliss and your magical self with 30+ min. ceremonies. Deeply profound when combined with breathwork.

4. ENDOGENOUS JOURNEYS

While 5-10 min relaxes, 15-30 is great for sweat and deep detox, beyond that is when altered states of consciousness kick-in. Dopamine, Oxytocin, Serotonin, Endorphins, even DMT, begin to work their magic in you, as you journey deep within. Just start slow and work your way up in time, safely.

***Remember!* ALL ancient cultures sought ways to create fever states to relax, cleanse, soothe, heal, meditate + activate altered states of consciousness! Now we all can, anytime, anywhere! Come get a warm hug in box and relax!**