

## Versa Seated Leg Curl

VS-S72

Make toning and building major leg muscles more comfortable and efficient with our Versa Seated Leg Curl. It offers a full range of motion for leg extensions and hamstring curls, plus an angled seat and optimized pivot point to encourage full hamstring contraction. The comfort-enhancing thigh pad, back pad and tibia pad are all easily adjustable from a seated position.



- Angled seat and unique pivot location for full hamstring contraction
- Tibia pad and range of motion adjustments are easily accessible from a seated position
- Back pad ratchets forward for easy adjustment from the seated position
- Adjustable thigh pad provides stabilization during exercise
- Incremental weight

ADJUSTMENTS	
<b>RANGE OF MOTION ADJUSTMENTS</b>	Range of Motion, Knee Pad & Ankle Pad Adjustments
<b>COLOR CODED PIVOTS &amp; POINTS OF ADJUSTMENT</b>	Yes

FRAME & CABLES	
<b>FRAME COLOR</b>	Iced Silver
<b>FRAME FINISH</b>	Proprietary two-coat powder process
<b>CABLE TRANSMISSION</b>	Internally lubricated cables & fittings
<b>MACHINE ANCHORING</b>	Machine anchoring locations

TECH SPECS	
<b>REP COUNTER POWER SUPPLY</b>	2 AA batteries
<b>REP COUNTER BATTERY LIFE</b>	Approximately 3 years
<b>REP COUNTER MACHINE USAGE TRACKING</b>	Service mode tracks total machine reps and hours of use
<b>PRODUCT WEIGHT (HEAVY STACK)</b>	275 kg / 606 lbs.
<b>OVERALL DIMENSIONS</b>	176.9 x 113.3 x 167.1 cm / 69.7" x 44.6" x 65.8"
<b>PRODUCT WEIGHT</b>	253 kg / 556 lbs.

USER AMENITIES	
<b>FRONT PLACARDS</b>	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
<b>REAR PLACARDS</b>	Color-coded machine identification & machine specific stretching
<b>REP COUNTER</b>	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
<b>PERSONAL STORAGE</b>	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
<b>RATCHETING BACK PAD</b>	Yes
<b>PLACARD COLOR CODING</b>	Blue (lower body)

WEIGHT STACK	
<b>WEIGHT STACK GUARDING</b>	Full front and rear shields
<b>CONSISTENT STACK HEIGHT</b>	Yes
<b>TOTAL STACK WEIGHT</b>	Heavy: 200 lbs (90 kg), Standard: 150 lbs (68 kg)
<b>WEIGHT PLATE INCREMENTS</b>	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg), Standard: 10 lbs (4.5 kg)
<b>INCREMENTAL WEIGHT SYSTEM</b>	5 lbs (2.3 kg)