



## Versa Medical Adjustable Pulley

MD-AP

The Versa Medical Adjustable Pulley features low starting weight and incremental weight changes, helping injured or deconditioned clients get started and progress quickly. Single-handed height adjustment allows for easy transition between 35 clearly numbered adjustment points, providing maximum training versatility.

- Optional Inclusive Fitness Initiative (IFI) kit accommodates clients with physical, visual or cognitive disabilities and qualifies the unit for IFI compliance
- 1:2 pulley ratio provides smooth operation while reducing momentum and lengthening the cable travel for maximum training versatility
- Optional balance bar provides a handle for increased stability during exercise and an attachment point for resistance bands
- Optional medical handrail kit provides support for stability exercises and an attachment point for resistance bands
- Optional wheel transport kit makes it quick and easy to move the unit as necessary
- Optional incremental weight allows increases as small as 0.45 kg / 1 lb. to help clients of all ability levels see real progress
- 35 clearly numbered adjustment points provide exercise variety and aids in precise repeatability
- One-handed pulley adjustment offers easy operation
- Low starting resistance helps injured or deconditioned clients begin exercise
- Large informational placards provide clear adjustment and progression instructions for medical professionals and clients working independently

ADJUSTMENTS	
1-HANDED PULLEY ADJUSTMENT	Yes

FRAME & CABLES	
TRANSPORTATION WHEELS	Yes (Optional)
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
MACHINE ANCHORING LOCATIONS	3
CABLE TRAVEL	201cm / 79"

TECH SPECS	
MAX USER WEIGHT	N/A
ROM POSITIONS	35
PRODUCT WEIGHT	174 kg / 384 lbs
OVERALL DIMENSIONS (L X W X H)	107.2 x 125.0 x 228.0 cm / 42.2" x 49.3" x 89.8

USER AMENITIES	
IFI COMPLIANT	Yes (Optional Kit)
PLACARD COLOR CODING	Yellow (upper body), Blue (Lower Body), Green (Core)
MEDICAL STABILITY HANDLES	Yes (Optional)
BALANCE BAR	Yes (Optional)
COLOR CODED POINTS OF ADJUSTMENT	Yes

WEIGHT STACK	
WEIGHT STACK	68 kg / 150 lbs
WEIGHT STACK EFFECTIVE RESISTANCE	34 kg / 75 lbs
INCREMENTAL WEIGHT SYSTEM	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs
INCREMENTAL WEIGHT EFFECTIVE RESISTANCE	.45, .9, 1.35, 1.8 kg / 1, 2, 3, 4 lbs
STARTING WEIGHT	2.3 kg / 5 lbs.
WEIGHT STACK GUARDING	Full front and rear shields
MAX TRAINING WEIGHT	71.6 kg / 158 lbs