

Versa Functional Trainer w/30" Storage

VS-VFT + VS-FTS30



The smart design of our functional trainer provides a remarkable range of exercise options in a space-saving footprint. Incremental weight adjustment and a 1:2 pulley ratio make it easy to control exercise intensity and create progressions right for everyone from deconditioned users to elite athletes. Everything about our functional trainer — from the multi-grip pull-up bar to the color-coded adjustment points to the professionally illustrated exercise placards — offers intuitive operation for users and trainers alike. Optional storage makes it easy to organize and stow accessories for instant access, and the completely enclosed design protects moving parts while creating a solid, cohesive aesthetic on your floor. A 76 cm / 30" connection provides ample storage for functional training accessories. Options include VS-VFT60 heavy stack for an additional 27.2 kg / 60 lbs. of resistance per side, VS-FTHP handle package with four training handles (v-bar, curl bar, ropes, ankle strap) and VS-FTIW 2.2-kg / 5-lb. incremental weight.

- Optional accessory: VS-FTHP Handle package include four training handles
- Clearly indicated adjustments for ease of use
- One-handed pulley adjustment offers easy operation
- Fully enclosed weight stacks protect the machine's internal components
- Enhanced placards highlight targeted muscle groups and proper user positioning for a wide range of exercises
- Compact design accommodates placement in spaces with ceilings as low as 244 cm / 8'
- Optional: VS-VFT60 Heavy stack for added 13.6 kg / 30 lbs. of effective resistance per side
- 1:2 pulley ratio provides smooth operation
- Frame guards protect against chips and scratches
- Multi-position pull-up handles for greater exercise variety
- 76 cm / 30" connection provides ample storage for functional training accessories
- Also available: VS-FTS18 46 cm / 18" connection accommodates optional training handles

ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	18 user start options

FRAME & CABLES	
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	Machine anchoring locations
FRAME GUARDS	Bolt-on lower guards protect frame from damage

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	122.7 x 145.8 x 237.6 cm / 48.3" x 57.4" x 93.5"
PRODUCT WEIGHT (STANDARD STACK)	369 kg / 814 lbs.
PRODUCT WEIGHT (HEAVY STACK)	424 kg / 934 lbs.

USER AMENITIES	
ACCESSORY STORAGE	Integrated storage for attachments, incremental weights, and optional accessories
MULTI-GRIP PULL-UP BARS	Various grip angles for variety of exercise
PLACARDS	Muscle call outs, color-coded, start & finish exercise illustrations
PLACARD COLOR CODING	Yellow (upper body), Blue (lower body), Green (core)
PERSONAL STORAGE	Bottle holder, storage area and towel holder (towel holder on rep counter only)

WARRANTY	
FRAME AND WELDS (NOT COATINGS)	10 years
WEIGHT STACKS	5 years
PULLEYS & PIVOT BEARINGS	5 years
OTHER ITEMS NOT SPECIFIED	3 years
LABOR	3 years
ACCESSORIES	6 months
UPHOLSTERY/CABLES/GRIPS/SPRINGS	1 year

WEIGHT STACK	
WEIGHT STACK GUARDING	Full front and rear shields
INCREMENTAL WEIGHT	5 lbs (2.3 kg)
HEAVY STACK	95 kg / 210 lbs. (47.5 kg / 105 lbs. per side)
STANDARD STACK	68 kg / 150 lbs. (34 kg / 75 lbs. per side)