## MATRIX



## Versa Converging Shoulder Press

## VS-S23

Our Versa Converging Shoulder Press station makes building and toning deltoids efficient and comfortable. An independent converging movement provides a natural path of motion, while counterbalanced pressing arms optimize starting resistance. It even includes dual-position hand grips for training variety.

- Independent converging movement provides a natural path of motion
- Dual-position hand grips allow for greater training variety

CONSISTENT STACK HEIGHT

- Counterbalanced pressing arms for optimized starting resistance
- Incremental weight

ADJUSTMENTS	
USER ADJUSTMENT RANGE	2 User grip positions
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
FRAME & CABLES	
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process
MACHINE ANCHORING	Machine anchoring locations
CABLE TRANSMISSION	Internally lubricated cables & fittings
TECH SPECS	
REP COUNTER POWER SUPPLY	2 AA batteries
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
PRODUCT WEIGHT (HEAVY STACK)	276 kg / 608 lbs.
OVERALL DIMENSIONS	171.0 x 143.7 x 203.6 cm / 67.3" x 56.6" x 80.1"
PRODUCT WEIGHT (STANDARD STACK)	245 kg / 538 lbs.

USER AMENITIES	
FOOT SUPPORT KIT	Foot support kit accommodates users of all sizes for additional lower body support
PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
CONTOURED SEAT	Yes
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
REAR PLACARDS	Color-coded machine identification & machine specific stretching
PLACARD COLOR CODING	Yellow (upper body)
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
WEIGHT STACK	
WEIGHT STACK GUARDING	Full front and rear shields
TOTAL STACK WEIGHT	Heavy: 230 lbs (104 kg), Standard: 160 lbs (72 kg)
WEIGHT PLATE INCREMENTS	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg), Standard: 10 lbs (4.5 kg)
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)

Yes