

Ultra Seated Leg Curl

G7-S72-AS2007

The Ultra Seated Leg Curl strengthens hamstrings with a design that's intuitive, comfortable and powerful in one. Back pad, tibia pad and range-of-motion adjustments are all easily accessible from the seated position. An angled seat and a unique pivot location encourage full hamstring contraction. The gas-assisted adjustable thigh pad and thumb-switch controls make setup easy, while a contoured thigh pad makes even heavy sets comfortable.

Also available in [Ultra Base option G7-S72B](#).



- The optional Intelligent Training Console features Endurance, Build and Strength programs to give members a guided training experience specific to their goals
- Back pad, tibia pad and range-of-motion adjustments are easily accessible from a seated position
- Angled seat and unique pivot location encourage full hamstring contraction
- Soft contoured thigh pad provides optimal comfort during use
- Gas-assisted adjustable thigh pad and thumb switch control allow easy user setup

INTELLIGENT TRAINING CONSOLE (OPTIONAL)	
PROGRESSION BASED PROGRAMMING	Yes
STORED USER SETTINGS	Yes, seat settings and Bluetooth HR
DEMO VIDEO	Yes
DUAL USER SIGN-IN	Yes
WORKOUTS	Manual, Endurance, Build, Strength, E-Lifts, Engage 360
ENGAGE 360 COMPATIBLE	Yes
EGYM COMPATIBLE	Yes
COMMUNITY 360 COMPATIBLE	Yes
WEB CONNECTIVITY	Yes
WI-FI	Yes
DISPLAY FEEDBACK	Sets, Reps, Rest Time, Total Weight Lifted
ETHERNET PORT	Yes
BLUETOOTH	Heart rate only
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish
LIFT TO START	Yes
FITTOUCH TECHNOLOGY	Yes
DISPLAY TYPE	40.6 cm / 16" class capacitive touchscreen LCD
ASSET MANAGEMENT COMPATIBLE	Yes
FACILITY COMMUNICATION PORTAL/CALENDAR	No
CSAFE READY-FITLINXX CERTIFIED	No
USB PORT	No, service only
ASSEMBLED HEIGHT	147.3 cm / 58" as assembled on Ultra weight stack
POWER REQUIREMENTS	100v-240v / 50-60 Hz AC
SHIPPING WEIGHT	9.4 kg / 21 lbs.

ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted back pad
USER ADJUSTMENT RANGE	8 position back pad, 5 start positions, 4 position ankle pad, 10 position thigh pad (including top rest position)

FRAME & CABLES	
CABLE TRANSMISSION	Internally lubricated cables & fittings
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler
MACHINE ANCHORING	Independent machine hold down brackets
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
PRODUCT WEIGHT	320 kg / 706 lbs
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries
OVERALL "IN-USE" DIMENSIONS (L X W X H)	148.5 x 117 x 135 cm / 58.4" x 46" x 53"
OVERALL "STATIC" DIMENSIONS (L X W X H)	148.5 x 117 x 135 cm / 58.4" x 46" x 53"

USER AMENITIES	
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
PLACARD COLOR CODING	Blue (lower body)
REP COUNTER	Electronic counter displays reps, exercise time and rest time
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
CONTOURED SEAT	Yes

WEIGHT STACK	
CONSISTENT 53" STACK HEIGHT	Yes
TOTAL STACK WEIGHT	90 kg / 200 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
MAX TRAINING WEIGHT	93.4 kg / 207.5 lbs
WEIGHT STACK GUARDING	Full front and rear shields