

## Ultra Base Trim Hip Adductor

G7-S74B | G7-S74BH

- Ergonomic adjustment handle enables simple changes in start position
- Foot pegs and contoured knee pads provide user stabilization and support
- Adjustable reclining position offers customized lumbar comfort
- Integrated foot platform allows easy exit and entry



| ADJUSTMENTS                               |  |
|---|--|
| COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT | Yes  |
| USER ADJUSTMENT RANGE                     | 7 knee pad start positions, 3 back pad angle positions |

| FRAME & CABLES         |  |
|------------------------|--|
| MACHINE ANCHORING      | Independent machine hold down brackets   |
| CABLE TRANSMISSION     | Internally lubricated cables and fittings  |
| FRAME FINISH           | Proprietary two-coat powder process  |
| AVAILABLE FRAME COLORS | Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized Titanium |

| TECH SPECS                     |  |
|--------------------------------|--|
| MAX USER WEIGHT                | 136 kg / 300 lbs.                        |
| MAX TRAINING WEIGHT (G7-S74B)  | 68 kg / 150 lbs.                         |
| MAX TRAINING WEIGHT (G7-S74BH) | 90 kg / 200 lbs.                         |
| PRODUCT WEIGHT (G7-S74B)       | 241 kg / 531.5 lbs.                      |
| PRODUCT WEIGHT (G7-S74BH)      | 263 kg / 581.5 lbs.                      |
| OVERALL "IN-USE" DIMENSIONS    | 182 x 173 x 135 cm / 71.6" x 67.8" x 53" |
| OVERALL "STATIC" DIMENSIONS    | 182 x 173 x 135 cm / 71.6" x 67.8" x 53" |

| USER AMENITIES       |   |
|----------------------|---|
| REAR PLACARDS        | Color-coded machine identification, exercise-specific stretching  |
| FRONT PLACARDS       | Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification |
| PLACARD COLOR CODING | Blue (lower body)   |
| REP COUNTER          | No  |
| PERSONAL STORAGE     | Two tactile storage mats and one personal device cradle   |
| CONTOURED SEAT       | Yes   |

| WEIGHT STACK                  |                             |
|-------------------------------|-----------------------------|
| TOTAL STACK WEIGHT (G7-S74B)  | 68 kg / 150 lbs.            |
| TOTAL STACK WEIGHT (G7-S74BH) | 90 kg / 200 lbs.            |
| WEIGHT PLATE INCREMENTS       | 4.5 kg / 10 lbs.            |
| STACK HEIGHT                  | 135 cm / 53"                |
| WEIGHT STACK GUARDING         | Full front and rear shields |
| INCREMENTAL WEIGHT SYSTEM     | No                          |