ADJUSTMENTS

## **COLOR-CODED PIVOTS & POINTS** Yes OF ADJUSTMENT USER ADJUSTMENT RANGE 7-position seat MACHINE-ASSISTED USER Gas-assisted seat ADJUSTMENTS FRAME & CABLES INTEGRATED LEVELING SYSTEM Yes, top-down leveler MACHINE ANCHORING Independent machine hold down brackets CABLE TRANSMISSION Internally lubricated cables and fittings FRAME FINISH Proprietary two-coat powder process Iced Silver, Matte Black, Graphite Grey, Gloss Black, Lace White, Polarized AVAILABLE FRAME COLORS

USER AMENITIES	
CONTOURED SEAT	Yes
PIVOTING ARM PADS	Yes
ELBOW WEAR COVERS	Yes
ACTION SPECIFIC GRIPS	No
REP COUNTER	No
PERSONAL STORAGE	Two tactile storage mats and one personal device cradle
PLACARD COLOR CODING	Yellow (upper body)
REAR PLACARDS	Color-coded machine identification, exercise-specific stretching
FRONT PLACARDS	Muscle call outs, exercise-specific stretching, start and finish exercise illustrations, proper machine adjustments, color-coded machine identification
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TECH SPECS		
MAX USER WEIGHT	136 kg / 300 lbs.	
MAX TRAINING WEIGHT (G7-S40BH)	90 kg / 200 lbs.	
PRODUCT WEIGHT (G7-S40BH)	258 kg / 570.5 lbs.	
MAX TRAINING WEIGHT (G7-S40B)	68 kg / 150 lbs.	
PRODUCT WEIGHT (G7-S40B)	236 kg / 520.5 lbs.	
OVERALL "IN-USE" DIMENSIONS	135 x 168 x 135 cm / 53" x 66.2" x 53"	
OVERALL "STATIC" DIMENSIONS	135 x 162.5 x 135 cm / 53" x 64" x 53"	

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WEIGHT STACK	
INCREMENTAL WEIGHT SYSTEM	No
STACK HEIGHT	135 cm / 53"
WEIGHT STACK GUARDING	Full front and rear shields
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
TOTAL STACK WEIGHT (G7-S40BH)	90 kg / 200 lbs.
TOTAL STACK WEIGHT (G7-S40B)	68 kg / 150 lbs.

## Ultra Base Trim Independent Biceps Curl

G7-S40B | G7-S40BH

- Unique pivoting elbow pads and rotating handles improve function, comfort and feel during use
- Designed for easy entry and exit without chest compression from traditional machines
- Elbow pad wear covers improve upholstery performance in high contact areas