

LEG EXTENSION

RS-1401



FEATURES

- Easy-to-use, the gas shock assisted adjustable back pad accommodates varying leg lengths
- Self-aligning roller pad automatically adjusts to reduce potential stress of the ankle joints
- Begins in an upright posture, then rocks rearward during the exercise providing a greater range-of-motion and a more natural hinge movement
- Rocking movement lowers the hips to maintain a posterior pelvic tilt to better load the quadriceps muscle

SPECS

- Product Dimensions L x W x H: 46.00" (117 cm) x 53.25" (135 cm) x 60.00" (152 cm)
- Product Weight: 665 lbs (302 kg)
- Weight Stack: 345 lbs (157 kg)