

Lifestyle Elliptical

LED CONSOLE

E-LS-LED

Ideal for light-use environments, our Lifestyle Elliptical features a compact frame to fit your facility. A patented suspension design minimizes noise and friction, extending product life. Smart ergonomics fits the body and its natural movements for comfortable, low-impact cardio, and convenience features improve the experience for users and facilities alike.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

| CONSOLE | |
|----------------------------------|--|
| DISPLAY | Large number LED with message center |
| WORKOUTS | Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests †Some of these programs may not be available on this frame. |
| IFIT ON-DEMAND WORKOUTS | No |
| LANGUAGES | English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish |
| FAN | No |
| ANALOG TV | Optional; attachable add-on TV |
| DIGITAL TV | Optional; attachable add-on TV |
| IPTV | No |
| PRO:IDIOM COMPATIBILITY | Optional; attachable add-on Pro:Idiom TV (≠ IPTV) |
| WIFI | Optional; included with Asset Management and Workout Tracking Network App |
| BLUETOOTH | No |
| ANT+ | No |
| RFID WIRELESS LOGIN | Optional |
| CONNECTS TO APPLE WATCH | No |
| MADE FOR IPHONE®, IPAD®, IPOD® | No |
| CONNECTS TO SAMSUNG GALAXY WATCH | No |
| USB PORT | Yes; device charging, software updates |

| WIRELESS CHARGING (QI) | No |
|-----------------------------|---|
| CSAFE READY | Yes |
| AUTO WAKE-UP | No |
| FRAME | |
| ASSEMBLED WEIGHT | 151 kg / 332.9 lbs. |
| SHIPPING WEIGHT | 173 kg / 381.4 lbs. |
| CONTACT & TELEMETRIC HR | Yes |
| ETHERNET CONNECTIVITY | Yes |
| MAX USER WEIGHT | 182 kg / 400 lbs. |
| MINIMUM RPM | 10 RPM powered or 30 RPM self-powered |
| MINIMUM WATTS | 5 W powered or 35 W self-powered |
| PEDAL SPACING | 6.4 cm / 2.5" |
| POWER REQUIREMENTS | Self-powered or 100–240 V — 50/60 Hz AC |
| RESISTANCE SYSTEM | Brushless generator |
| STEP-ON HEIGHT | 23 cm / 9.1" |
| STRIDE LENGTH | 51 cm / 20" |
| TOP-DOWN LEVELERS | No |
| WATT RANGE | 5–650 W |
| RESISTANCE LEVELS | 30 |
| ASSEMBLED DIMENSIONS | 151 x 73 x 175.7 cm / 59.4" x 28.7" x 69.2" |
| FRAME | |
| ASSEMBLED ACTIVE DIMENSIONS | 174.6 x 73 x 175.7 cm / 68.7" x 28.7" x 69.2" |