

**HOIST**  
LEMOND SERIES

## **HOIST** **LEMOND** SERIES **RECUMBENT TRAINER**



Built to deliver a better workout, every component of the HOIST® LeMond® Series RT has been designed to make this the most innovative indoor recumbent bike available. Designed with performance and comfort in mind, the RT combines innovative technology with unique features allowing the rider to create a custom riding experience. An ergonomically designed seat, superior frame and five different seat recline positions are among the many features that define this bike as a leader in the home fitness industry.

### **FEATURES**

- Walk-through frame design
- CaloriePump™ feature to highlight calories burned
- Upgraded LCD console display
- Bluetooth LE enabled with free HOIST Bikes app to track fitness progress
- Upgraded handle bar design
- Upgraded larger pedals
- Upgraded easy-to-adjust fore and aft seat handle
- Option for cordless or with power cord for 24/7 power (power cord not included)
- Additional workout programs – 14 featured programs including 7 designed by Tour de France winner Greg LeMond
- Actual recumbent bike versus semi-recumbent – Innovative pedal to seat relationship
- Attractive, sleek and compact design – takes up less space than an elliptical or treadmill
- Large range of resistance levels – Set between 1 and 20 for a usable watt range from 33 to over 1,200
- Patented adjustable seat – provides proper knee alignment and increased muscle activation
- Telemetry heart rate equipped – 5 KHz Polar compatible heart rate straps (Not Included)
- Self-powered
- Strong, durable frame
- USB enabled console – charge your device while you work out
- Five reclining seat angles
- Contact heart rate sensors
- Calibration free – Unbox, then hop on and ride
- Digital drive system – For smooth and accurate power feedback
- Standard threaded cranks – Compatible with all standard cycling pedals





## CUSTOMIZE YOUR WORKOUT

Users can select one of 14 unique workout programs, including seven exclusive training sessions designed by three-time Tour de France champion, Greg LeMond. HOIST® LeMond® Series bikes come with a free download of the HOIST Bikes app (available for Apple and Android devices) where users can track and monitor workouts and long-term fitness progress. With this app users can check individual workout stats, compare week-over-week and month-over-month stats or try to beat your personal 'bests'. It's a perfect tool to stay motivated and improve health in a fun and engaging way.



### WALK-THROUGH DESIGN

A walk-through frame design allows for easy entry and exit of the bike along with allowing more flexibility for positioning within your space.



### PATENTED CaloriePUMP™ MONITOR

A one-of-a-kind monitor feature that provides a fun and engaging way to track calories burned.



### BLUETOOTH LE ENABLED CONSOLE

Download the free HOIST Bikes app and connect your mobile device via Bluetooth LE to track and store your workouts and fitness progress.



### REVOLUTIONARY SEAT DESIGN

Adjustable seat angle, unique mesh seat back and anatomically formed seat base allow for maximum comfort. Five different recline positions target more muscle groups for a full lower body workout.

Download the HOIST® Bikes app and connect via Bluetooth LE to record all your workout data





| PRODUCT NAME                    | LENGTH            | WIDTH             | HEIGHT             | PROD. WEIGHT      | MAX USER WT     | USER HEIGHT RANGE           |
|---------------------------------|-------------------|-------------------|--------------------|-------------------|-----------------|-----------------------------|
| L-15900 ELITE CYCLE BIKE        | 65.5" (166.37 cm) | 23.78" (60.40 cm) | 54.75" (139.07 cm) | 116 lb (52.62 kg) | 350 lb (159 kg) | 58" (147 cm) - 78" (198 cm) |
| L-15300-A REVMASER PRO          | 42" (106.68 cm)   | 23" (58.42 cm)    | 46" (116.84 cm)    | 143 lb (64.86 kg) | 300 lb (136 kg) | 58" (147 cm) - 78" (198 cm) |
| L-15700-A REVMASER SPORT        | 45" (114.30 cm)   | 23" (58.42 cm)    | 45" (114.30 cm)    | 112 lb (50.80 kg) | 300 lb (136 kg) | 58" (147 cm) - 78" (198 cm) |
| L-80900 RT RECUMBENT TRAINER    | 60" (152.40 cm)   | 26" (66.04 cm)    | 50" (127.00 cm)    | 201 lb (91.17 kg) | 350 lb (159 kg) | 58" (147 cm) - 80" (203 cm) |
| L-81100 UT UPRIGHT TRAINER      | 50" (127 cm)      | 26" (66.04 cm)    | 67" (170.18 cm)    | 135 lb (61.23 kg) | 350 lb (159 kg) | 58" (147 cm) - 80" (203 cm) |
| L-90900 RC RECUMBENT COMMERCIAL | 58.3" (148.10 cm) | 28.6" (72.64 cm)  | 48" (121.92 cm)    | 209 lb (94.80 kg) | 350 lb (159 kg) | 58" (147 cm) - 80" (203 cm) |
| L-91100 UC UPRIGHT COMMERCIAL   | 49" (124.46 cm)   | 26" (66.04 cm)    | 64" (162.56 cm)    | 209 lb (94.80 kg) | 350 lb (159 kg) | 58" (147 cm) - 80" (203 cm) |