Smith Cage System





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- Dual weight stack design provides unique iso-lateral exercises.
- **Double racking system** accommodates smith bar and free weight bar simultaneously.
- Adjustable high/low pulley system offers a wide variety of functional and sport specific exercises.
- Pull-up bar is adjustable in height to accommodate low ceiling clearance.
- Fully Loaded system includes FID bench as well as preacher curl and leg developer attachments.



By Health In Motion LLC.
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Inspire Fitness Smith/Cage System Specifications

Frame: Heavy-duty 2"x 4" oval and 3" round 11 gauge tubular steel.

Powder Coated Finish: The Electrostatic Powder Coat offers a durable, maintenance free finish.

Bearing System: Precision Steel Ball Bearing system provides a smooth, maintenance free action.

Pulleys: Fiberglass reinforced nylon.

Weight Stacks: Two 150lb. commercial weight stacks with solid guide rods and center drilled weight plates.

Accessories: Two pair of "D" handles one long and one short. Pull-up assist strap.

Options Available: 200lb weight stack upgrade and Abdominal Bar.

Warranty (Residential use only): Limited Lifetime on all parts.

Visit your local dealer for additional details or our website at www.inspirefitness.net.