

CHEST PRESS / SHOULDER PRESS

HD-3300

CHEST PRESS



SHOULDER PRESS



PRESS ANGLE ADJUSTER



ADJUSTABLE INCLINE OPTIONS



SPECS

PRODUCT DIMENSIONS (L X W X H)

60.1" x 62.0" x 58.0" (152 cm x 157 cm x 147 cm)

PRODUCT WEIGHT HD

557 lbs (252 kg)

PRODUCT WEIGHT HDG

580 lbs (263 kg)

WEIGHT STACK HD

215 lbs (98 kg)

WEIGHT STACK HDG

240 lbs (109 kg)

FEATURES

- ◆ Multiple seat and press arm positions
- ◆ Easy, one-handed angle adjustments for vertical chest press, incline chest press and shoulder press exercises
- ◆ Dual-position hand grips