MATRIX

Go Series Lat Pulldown

GO-S33

Choose our intuitive lat pulldown to help those new to strength training improve their upper-body strength. Oversized neutral grips offer a comfortable hold while reducing stress on shoulder joints, and the ratcheting seat easily adjusts to fit users of all sizes. Its space-saving design fits your facility and your budget.

- Optional Incremental Weight (GO-IW) available for small 2.3-kg / 5-lb. weight increments.
- Large color-coded placard helps users identify muscles targeted (upper, core, lower body), as well as start/finish positions and adjustments (if applicable).
- Compact footprint, combined with a stack-to-stack design, allows for more products in a smaller space.
- Low stack height allows users and staff to easily see through a facility.
- Ratcheting seat allows for quick and easy upward adjustment.
- Neutral hand positions put less stress on the shoulder joint and increase user comfort.
- Long oversized grips reduce the need to make seat adjustments.

ADJUSTMENTS	
USER ADJUSTMENT RANGE	6 seat starting positions
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables and fittings
MACHINE ANCHORING LOCATIONS	Yes
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White

TECH SPECS	
PRODUCT WEIGHT	210 kg / 463 lbs.
OVERALL DIMENSIONS	162 x 91 x 171 cm / 63.8" x 35.8" x 67.3"
MAX USER WEIGHT	159 kg / 350 lbs.
MAX "IN-USE" DIMENSIONS	174 x 91 x 171 cm / 68.5" x 35.8" x 67.3"

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations, adjustment points
PERSONAL STORAGE	Bottle holder and storage area
PLACARD COLOR CCODING	Yellow (upper body)

WEIGHT STACK	
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54"
WEIGHT STACK GUARDING	Full front and rear metal shrouds
TOTAL STACK WEIGHT	72 kg / 160 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.