

Go Series Chest Press

GO-S13

Give those new to strength training a simple way to improve their upper-body strength. Oversized neutral grips let users get started with no adjustments needed while reducing stress on shoulder joints. A space-saving design will fit your training area and circuit program as well as it fits your budget.



- Optional Incremental Weight (GO-IW) available for small 2.3-kg / 5-lb. weight increments.
- Large color-coded placard helps users identify muscles targeted (upper, core, lower body), as well as start/finish positions and adjustments (if applicable).
- Compact footprint, combined with a stack-to-stack design, allows for more products in a smaller space.
- Neutral hand positions put less stress on the shoulder joint and increase user comfort.
- Low stack height allows users and staff to easily see through a facility.
- Long oversized grips allow for comfortable pressing without requiring an adjustment.

ADJUSTMENTS	
USER ADJUSTMENT RANGE	N/A
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
MACHINE ANCHORING LOCATIONS	Yes
CABLE TRANSMISSION	Internally lubricated cables and fittings
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
OVERALL DIMENSIONS	101 x 118 x 137 cm / 39.8" x 46.6" x 54"
PRODUCT WEIGHT	166 kg / 366 lbs.
MAX USER WEIGHT	159 kg / 350 lbs.
MAX "IN-USE" DIMENSIONS	158 x 118 x 137 cm / 62.2" x 46.6" x 54"

USER AMENITIES	
PLACARD COLOR CCODING	Yellow (upper body)
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations
PERSONAL STORAGE	Bottle holder and storage area

WEIGHT STACK	
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54"
WEIGHT STACK GUARDING	Full front and rear metal shrouds
TOTAL STACK WEIGHT	72 kg / 160 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.