

Go Series Biceps Curl

GO-S40

Bring our streamlined design to your facility to help those new to strength training improve their upper-arm strength. A highlighted pivot indicates optimal elbow positioning and body alignment, and an extended seat lets users start quickly. Count on our space-saving Biceps Curl to fit your facility, budget and users.

- Optional Incremental Weight (GO-IW) available for small 2.3-kg / 5-lb. weight increments.
- Large color-coded placard helps users identify muscles targeted (upper, core, lower body), as well as start/finish positions and adjustments (if applicable).
- Compact footprint, combined with a stack-to-stack design, allows for more products in a smaller space.
- Low stack height allows users and staff to easily see through a facility.
- Rotating grips increase comfort and reduce wrist strain through the movement.
- Orange pivot visually indicates the proper arm position during exercise.
- Extended seat allows users to properly align elbows with the pivot without a seat adjustment.



ADJUSTMENTS	
USER ADJUSTMENT RANGE	N/A
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
CABLE TRANSMISSION	Internally lubricated cables and fittings
MACHINE ANCHORING LOCATIONS	Yes

TECH SPECS	
MAX "IN-USE" DIMENSIONS	125 x 104 x 137 cm / 49.2" x 41" x 54"
OVERALL DIMENSIONS	117 x 104 x 137 cm / 46.1" x 41" x 54"
PRODUCT WEIGHT	148 kg / 326.5 lbs.
MAX USER WEIGHT	159 kg / 350 lbs.

USER AMENITIES	
PLACARD COLOR CCODING	Yellow (upper body)
PERSONAL STORAGE	Bottle holder and storage area
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations

WEIGHT STACK	
TOTAL STACK WEIGHT	54 kg / 120 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54"
WEIGHT STACK GUARDING	Full front and rear metal shrouds
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.