

# GWS100 Weight Sled

*Body-Solid*<sup>®</sup>  
Built for Life



## GWS100 Weight Sled

Increase your power, agility and build explosive speed and strength with Body-Solid's commercial-rated GWS100 Weight Sled. Weight sleds offer a wide variety of exercises to specifically address the many needs of today's athletes and fitness enthusiasts. They can be pushed, pulled, or dragged to target muscle development, endurance or aerobic training. Body-Solid's GWS100 Weight Sled features a durable heavy-gauge solid steel mainframe. Along with the center weight post, the removable posts double as weight plate posts. Multiple attachment anchors allow you to attach almost any vest or belt giving this sled unmatched versatility.

Weight plates not included

Weight: 68 lbs  
Dimensions: 42"L x 31"W x 40"H

## Special Features

- Removable Posts
- Heavy-Gauge Steel Frame
- Center weight horn
- Multiple handles to push and pull
- Attachment anchors

## Warranty



Frame & Welds ..... Lifetime  
Bushings and Hardware ..... 3 Years  
Pads, Cables and Grips ..... 1 Year



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