GPR378 Pro Power Rack





Body-Soli Built for L

Additional Options

GLA378Lat AttachmentSP200200 lb Weight StackDR378Dip AttachmentSCB26Calf Squat BlockTBR20T-Bar Row PlatformLO378Additional Lift-Offs

GPR378 Pro Power Rack

Freedom of movement combined with adjustable racking and safety positions make the GPR378 Pro Power Rack a must-have for those who want to strength train. The GPR378 Pro Power Rack is designed to work with all types of benches and engineered for extreme workouts. Heavy-duty 11-gauge high tensile strength steel frames, feature all-4-side welded construction and oversized industrial strength hardware. Electrostatic applied powder coat finish resists chipping and scratching.

Shown with optional Lat Attachment #GLA378 and 200 Lb. Weight Stack #SP200.

Weight plates, collars, bar and bar pad optional

Weight: 239 lbs. Dimensions: 49"L x 46"W x 80"H

Special Features

- Heavy Duty 11-gauge Steel 3" x 3" Mainframe
- Oversize Industrial Strength Hardware
- High Capacity Lift-Offs and Safety Bars, adjust every 3"
- 20 Adjustment Levels
- 1.5" Dia. Chinning Bar
- Wide 'walk-in' design
- Ideal for home and commercial use

Warranty



Frame & Welds	. Lifetime
Bushings and Hardware	. 3 Years
Pads, Cables and Grips	.1 Year



Frame & Welds	Lifetime
Bushings and Hardware	Lifetime
Pads, Cables and Grips	Lifetime

©Copyright 2019 Body-Solid, Inc. All Rights Reserved. 1900 South Des Plaines Ave. · Forest Park, IL USA 60130 · Phone 708-427-3555 · Fax 708-427-3556 · www.bodysolid.com