

Endurance Recumbent Cycle

PREMIUM LED CONSOLE

R-ES-PLED

Our Endurance Recumbent Cycle distributes weight and offers excellent support for a low-impact cardio workout. Custom-molded, adjustable touchpoints and an ergonomically sculpted seat and back pad enhance comfort for users of all sizes and ability levels, while smart design features streamline service for technicians and simplify placement for facilities.



Give members the intuitive navigation of an LED with a more engaging look. An 8,000-pixel display fills the screen with color and sharp graphics, providing clear, easy-to-read feedback in large numbers and letters.

CONSOLE	
DISPLAY	8,000-pixel multi-color LED
WORKOUTS	Go, manual, Sprint 8†, Landmarks†, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, 5k/10k, fitness tests †Some of these programs may not be available on this frame.
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
IFIT ON-DEMAND WORKOUTS	No
FAN	Yes
ANALOG TV	Optional; attachable add-on TV
DIGITAL TV	Optional; attachable add-on TV
IPTV	No
PRO:IDIOM COMPATIBILITY	Optional; attachable add-on Pro:Idiom TV (≠ IPTV)
WIFI	Yes
BLUETOOTH	Yes; heart rate
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	Optional
MADE FOR IPHONE®, IPAD®, IPOD®	No
USB PORT	Yes; device charging, software updates
CONNECTS TO SAMSUNG GALAXY WATCH	No
WIRELESS CHARGING (QI)	No

CSAFE READY	Yes
AUTO WAKE-UP	No

FRAME	
SEAT MATERIAL	Custom one-piece, molded seat back and bottom
TOP-DOWN LEVELERS	Yes
PEDAL SPACING	17.5 cm / 6.9"
POWER REQUIREMENTS	Self-powered or 100–240 V — 50/60 Hz AC
SEAT ADJUSTMENT	Single-hand lever
REAR-LIFT HANDLE	Yes
RESISTANCE SYSTEM	Brushless generator
ASSEMBLED DIMENSIONS	154.3 x 67.4 x 144.2 cm / 60.7" x 26.5" x 56.8"
CONTACT & TELEMETRIC HR	Yes
CRANK DESIGN	Three piece with forged arms and integrated puller
ETHERNET CONNECTIVITY	Yes
HANDLEBAR DESIGN	Seat side; front ergo bend
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
MINIMUM RPM	10 RPM powered or 25 RPM self-powered
MINIMUM WATTS	2 W powered or 13 W self-powered
RESISTANCE RANGE	2–750 W
ASSEMBLED WEIGHT	91 kg / 200.6 lbs.
SHIPPING WEIGHT	112 kg / 246.9 lbs.
RESISTANCE LEVELS	30