

Connexus Step+

Our versatile, use-anywhere stability step is smart and space-efficient, offering standard and inverted configurations to help users take on a variety of challenging core, lower-body and cardio exercises. The durable stacking design includes a textured balance surface and optimized height, width and depth for use by members of all kinds.

- Cast-aluminum leg construction provides durability that outlasts traditional plastic steps
- Optimized length and width accommodate users of virtually all sizes
- Stackable design minimize footprint when stored
- Non-slip foot pads with mechanical fasteners on the top and bottom provide excellent in-use stability
- Contoured balance surface provides consistent instability superior to an air bladder surface that can change based on the level of inflation or evaporation
- Integrated hand grips in the legs allow users to perform push-ups and dips when the step is flipped upside down
- Ideal for improving core, lower-body and cardiovascular fitness through a wide range of simple exercises
 like mountain climbers, push-ups, squats, dips and balance drills
- Textured surface helps prevent slips while the 33 cm / 12.9" height trains users to step above traditional step height to help prevent falls

TECH SPECS	
PRODUCT DIMENSIONS: FRAME	70.5 x 38.1 x 33 cm / 27.8" x 15" x 12.9"
PRODUCT DIMENSIONS TOP (L X W)	59 x 30.4 cm / 23.25" x 12"
MAX USER WEIGHT	136 kg/ 300 lbs.
PRODUCT WEIGHT	8.4 kg / 18.5 lbs.

WARRANTY	
TOP PLATFORM	1 year
FRAME	3 years
WEAR ITEMS (FOOT PADS AND GRIPS)	1 year