

## Landmine Attachment

Chrome-plated base anchors offer convenient attachment points for battle ropes that test the limits of FUNCTIONAL-STRENGTH and endurance with dynamic movements.

- Optional attachment enables more explosive power training
- Adds flexibility and variety to individual, small-group and class training



### TECH SPECS

OVERALL DIMENSIONS (L X W X H) 36 x 13 x 10 cm / 14" x 5" x 4"

PRODUCT WEIGHT

4 kg / 9 lbs

SHIPPING WEIGHT

5 kg / 11 lbs