## **MILITARY PRESS**







## **FEATURES**

**SPECS** 

- · Five adjustable seat heights
- Six adjustable ratcheting back pad positions
- One rear facing start / finish rack point and two forward facing start / finish rack points for varying user heights
- Permanent safety tiers for user safety
- Polyurethane covered bar rack-outs and weight

- Product Dimensions L x W x H:
  59.50" (150 cm) x 68.00" (172 cm) x 70.50" (179 cm)
- Product Weight: 310 lbs (141 kg)
- Maximum weight storage capacity: 740 lbs (336 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)

## racks to protect the Olympic Bar and frame

- Integrated foot rests provide proper exercise alignment
- Integrated spotter stand
- Integrated weight storage with six weight plate holders

(Weight plates and Olympic Bar NOT included)