

DUAL ACTION SMITH®

CF-3754



FEATURES

- Racking system provides nine positions for Smith exercises
- Dual Action technology produces simultaneous horizontal and vertical bar movement
- Adjustable safety tiers
- Polyurethane covered weight racks to protect frame and reduce noise
- Travel distance of horizontal bar movement: 30.25" (77 cm)
- Travel distance of vertical bar movement: 63.50" (161 cm)
- Starting weight of Olympic Bar: 52 lbs (24 kg)
- Incorporates ten weight plate holders for easy storage

SPECS

- Product Dimensions L x W x H: 95.50" (243 cm) x 89.00" (226 cm) x 83.50" (212 cm)
- Product Weight: 824 lbs (374 kg)
- Maximum weight storage capacity: 1,350 lbs (612 kg)
- Maximum exercise weight capacity: 540 lbs (245 kg)

(Weight plates NOT included)