

## Aura Seated Row

G3-S31

- Multiple grips are provided for greater exercise variety to train the mid and upper-back muscles
- Optimized pivot location creates a biomechanically correct arc of motion



EASE OF USE	
BOTTLE & TOWEL HOLDER	Yes
INSTRUCTIONAL PLACARDS	Yes
COLOR-CODED PIVOTS & ADJUSTS	Yes
ERGO FORM CUSHIONS	Yes

FRAME & BELT	
BELT TRANSMISSION	Reinforced 15/16" flat Kevlar/urethane belt
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process
OVER-SIZED FRAME TUBING	Yes

TECH SPECS	
OVERALL DIMENSIONS	151.4 x 92.1 x 210.6 cm / 59.6" x 36.3" x 82.9"
TOTAL WEIGHT	273 kg / 601 lbs.
WEIGHT STACK	113 kg / 250 lbs.
SHIPPING WEIGHT	302 kg / 665 lbs.

WEIGHT STACK	
PTFE IMPREGNATED WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.
SUSPENSION	3-Point Design
GUARDS & PULLEYS COVERS	Yes
WEIGHT PINS	Magnetic & tethered