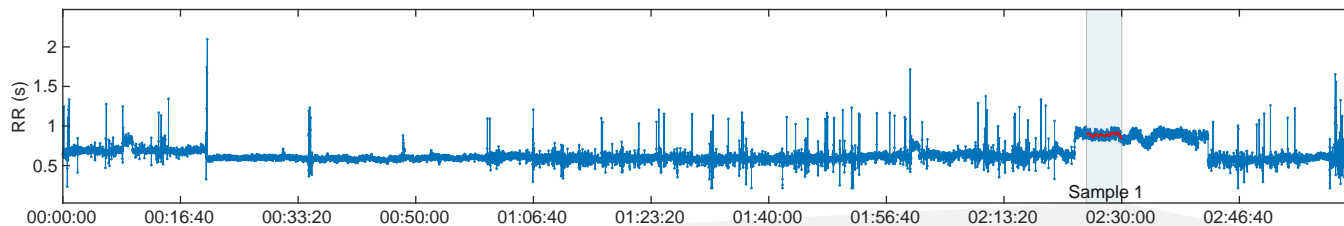
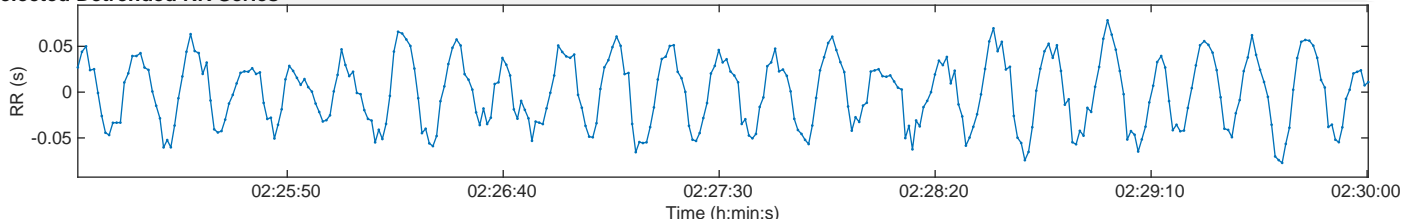


Person: Stephanie White			Measurement Info			Results for Sample	
Gender: Female	Height: 153 cm	Date:	Trend removal:	Smoothn priors	Sample start:	02:25:02	
Age: 56 years	Weight: 74 kg	Start time: 00:00:00	Artefact corr.:	none	Sample length:	00:05:00	
Max HR: 167 bpm	BMI: 31.6 kg/m2	Duration: 03:02:48	Analysis samples:	1	Beats corrected:	Uncorrected	

RR Time Series



Selected Detrended RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

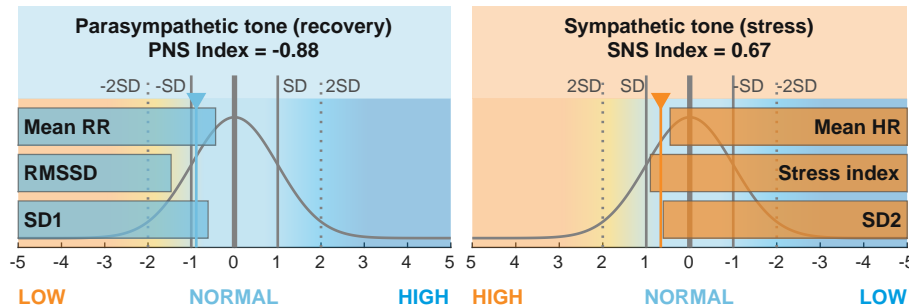
Mean RR: 887 ms
 RMSSD: 20.0 ms
 SD1: 22.2%

PNS Index = -0.88

Sympathetic Nervous System (SNS)

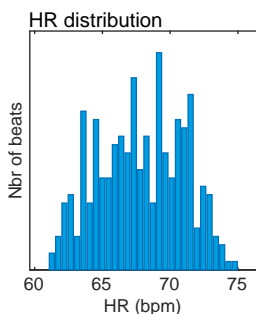
Mean HR: 68 bpm
 Stress index: 12.0
 SD2: 77.8%

SNS Index = 0.67



Time-Domain Results

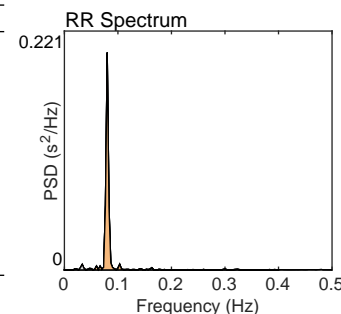
Variable	Units	Value
Mean RR*	(ms)	887
Mean HR*	(bpm)	68
Min HR	(bpm)	62
Max HR	(bpm)	74
SDNN	(ms)	36.4
RMSSD	(ms)	20.0
NN50	(beats)	3
pNN50	(%)	0.89
RR triangular index		8.89
TINN	(ms)	149.0
Stress Index (SI)		12.0



Frequency-Domain Results (FFT spectrum)

Variable	Units	VLF	LF	HF
Frequency band	(Hz)	0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency	(Hz)	0.033	0.080	0.163
Power	(ms ²)	35	1188	47
Power	(log)	3.547	7.080	3.843
Power	(%)	2.73	93.59	3.67
Power	(n.u.)		96.22	3.78

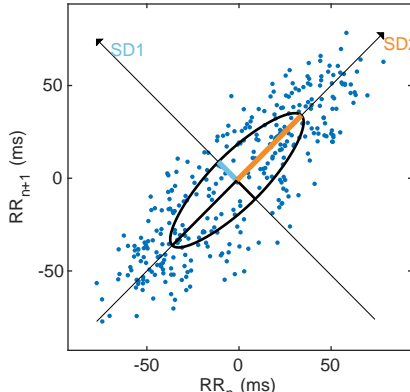
Total power	(ms ²)	1270		
Total Power	(log)	7.147		
LF/HF ratio		25.470		
RESP	(Hz)	-		



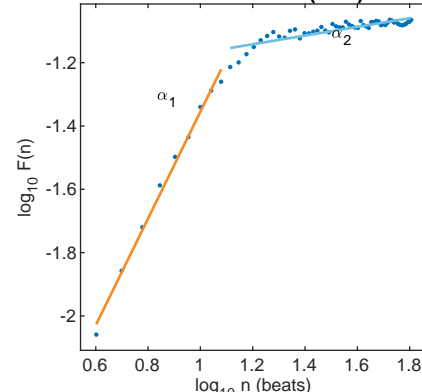
Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	14.2
SD2	(ms)	49.6
SD2/SD1		3.497
Approximate Entropy (ApEn)		1.108
Sample Entropy (SampEn)		1.353
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		1.687
Long-term fluctuations, α_2		0.137

Poincare Plot



Detrended fluctuations (DFA)



*Results are calculated from the non-detrended selected RR series.