

Stephanie Walton White

EDUCATION:

Master of Arts, Education – Instructional Design & Technology, 1993, Virginia Tech, Blacksburg, VA.

Bachelor of Science, Agricultural Economics, 1986, Virginia Tech, Blacksburg, VA.

Advanced Scholar, Virginia Commonwealth University, 1983, Richmond, VA.

RELATED SKILLS:

Health & Wellness

- Completing Institute for Integrative Nutrition Health Coach Certification program.
- Completing HeartMath Building Personal Resilience™ Certification program.
- Completed BCIA Course on HRV Biofeedback.
- Completed EliteHRV Course on Heart Rate Variability.
- Completed Renovo Advantage Certification for HRV Coach.
- Coherently breathed 6-9 hours a day while severely disabled.
- Paced using spoon theory to manage daily energy envelope.
- Practiced CBT to identify mental energy drains and replace with positive alternatives.
- Utilized pre-recorded audio with soothing sounds and affirming messages to manage stress.
- Researched HRV, biofeedback, nutrition, coherent breathing, and how lifestyle choices impact health
- Prayed daily for God to teach me what I needed to know to manage my illness with a promise I'd share it with others.

Educational Administration

- Created and implemented the three-year strategic plan and technology plan for the Agricultural Technology Program.
- Managed daily operations, policy, and budget development.
- Certified on purchasing and accounts payable accounting modules.
- Performed human resources management functions in the direction of teaching, administrative, and technical personnel.
- Participated in college-wide strategic planning process and coordinated program plan with college and university plans.
- Participated on the University Strategic Planning and Budgeting Taskforce.
- Wrote grant proposals to fund instructional design and technology initiatives.
- Wrote grant proposals to establish, develop, and maintain college level degree program.
- Created policies and procedures for utilization of course, grading, and attendance management software.

Educational Technology

- Established a student tablet pc requirement and managed a help desk for support, service, and replacement of hardware and software.
- Developed specifications for networking, data processing, computers systems and software.
- Prepared request for proposals, purchased, and placed in service computer hardware and software.
- Directed maintenance of computers and peripherals for administrators, faculty, and students.
- Coordinated vendor relationships with Book Store, College of Engineering, and University IT Purchasing to maximize discounts and vendor support of technology initiatives.
- Planned and implemented technology training for university faculty through ongoing workshops and summer course tracks for VT Faculty Development Institute.
- Developed programs to enhance instructional technology management and improve instructional strategies through the use of technology.
- Promoted blended learning strategies and real-time course assessments to maximize utilization of face-to-face class time and enhance student performance.

Curriculum & Instructional Design

- Led faculty and industry teams to create five agricultural associate degree programs for VT and VCCS including over 90 individual courses.
- Supervised research and evaluation of instructional design and technology initiatives and reported results to key stakeholders and grant sources.
- Served on taskforce responsible for updating Virginia Agriculture Education SOLs and curriculum including course task and competency lists.
- Managed and developed continuing education classes, conferences, and workshops.
- Developed higher education degree program curriculum from scratch.
- Designed courses and instruction for college-level courses and industry classes.
- Collaborated with subject matter experts to design relevant and effective instruction.
- Designed and implemented annual vendor and affiliate member tradeshow.
- Conducted live distance and blended courses utilizing Macromedia Breeze software.
- Utilized Microsoft PowerPoint, Zoom Recorder, Sony Video Camera, and Camtasia to create video-based instruction and marketing videos.
- Utilized wireless microphones and sound mixer to create video instruction with group panel discussions.
- Managed a regional REALTOR school for continuing education credits including face-to-face and on-line instruction.

Other Relevant Expertise

- Managed a Multiple Listing Service for 400+ REALTORS.
- Managed a REALTOR Association for 400+ REALTORS.
- Sold, installed, trained, and supported point-of-sale hardware and software to farm and industrial equipment dealers.
- Managed outsourced IT support and consulting for 3 Farm Credit Associations for over 300 users including a synchronized database and networked hardware.

- Led team for the development of customized credit scoring and customer relationship management software.
- Created multi-user/multi-location software using Microsoft Access, Visual Basic, and SQL Server.

EXPERIENCE:

CEO, Measurable Resilience, 2021 – Present

Professional Patient, Social Security Disability, 2017-2021

Small Business Bookkeeper, EVAGA, 2015-2017

Real Estate Developer, Bold Springs Subdivision, 2010-2015.

AE/CEO, New River Valley Association of REALTORS, 2011-2013.

Director, Virginia Agricultural Community College Consortium, 2008-2011.

Director and Instructor, Agricultural Technology Program, Virginia Polytechnic Institute and State University, 2000 - 2008.

Contracted IT Support, Software Developer, Trainer, and Consultant, Virginia & West Virginia Farm Credit Associations, 1991 - 2000.

Instructor and Director of Undergraduate Student Recruitment (College of Agriculture and Life Sciences), Virginia Polytechnic Institute and State University, 1988-1994.

Mid-Atlantic Sales Director, National Farm and Industrial Equipment Dealers Association, Syracuse, New York, 1986 -1988.

Leasing Agent / Credit Analyst, Telmark (Division of Agway), Syracuse, New York, 1986.