



BODYPUR

ANTI-AGEING INNOVATION

CELLULAR YOUTH ELIXIR

TELOMERE+ ANTI-AGEING

Say goodbye to cellular anti-ageing



KEEPING YOUNG AND FIT IS ALSO TO REJUVENATE FROM THE INSIDE

DISCOVER THE TELOMERE+ TREATMENTS

GUARDIAN OF YOUR LONGEVITY AND YOUTHFULNESS

BENEFITS OF THE TELOMERE+ ANTIAGEING FORMULA



ASTRAGALUS

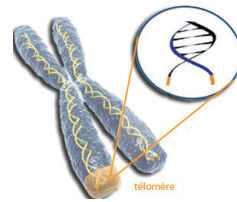
*Supreme anti-ageing
and anti-fatigue protector*

As an excellent tonic of qi/chi (pure source of vital energy), Astragalus has many benefits, and is ideal for providing large amounts of energy and vitality. Astragalus also fights chronic fatigue, helps to counteract the harmful effects of emotional, physical and oxidative stress, illnesses, depression, and reinforces the whole immune system.

Several studies have been carried out on the effects of Astragalus root in the immune system. It activates natural killer T cells in order to boost your immune responses. It increases the production of red and white blood cells.

It also combats anaemia, fatigue and important bacterial and viral infections. It reduces the onset of common respiratory illnesses, and prevents the growth of tumours. In addition, Astragalus has been used to treat cancer patients, as it is usually administered with chemotherapy to alleviate its side effects, and has produced surprising results.

Astragalus and the length of telomeres



As we go through life and the years go by, we get older and our telomeres become shorter, causing external signs of ageing such as wrinkles, grey hair, muscular fatigue, obesity, lack of vitality, health problems, weakening of the immune system and low resistance to external attacks.

The main objective in the fight against ageing, in order to avoid cellular ageing, or the onset of age-related illnesses is to activate the telomerase. Astragalus contains a molecule that stimulates the TELOMERASE enzyme, which is able to interrupt and reverse the process of cellular ageing.

The ageing process and the function of telomerase



Telomerase is like a “fountain of youth” and a real option for fighting and even reversing the shortening of telomeres. This enzyme is found in the human body in a totally natural way, and tends to disappear with age in each cellular replication. **There are certain plants like Astragalus, which can activate it.**

Benefits of Astragalus in the liver



Astragalus root carries out a protective role and improves liver function. Its flavonoid content helps to protect the liver and the kidneys by counteracting the damage caused by alcohol, tobacco, drugs and chemical products. And the best thing is that it regenerates damaged tissue.

Astragalus root slows down the replication of the Hepatitis B virus, and it has also been proven to prevent damage to the kidneys and the liver caused by medication or virus.

Astragalus against respiratory infections



Astragalus root is used to treat influenza, allergic rhinitis and colds, but also chronic bronchitis. Astragalus also stimulates our immune system and is used for its anti-allergic and anti-asthmatic properties. Most respiratory problems can be alleviated by using Astragalus preparations.

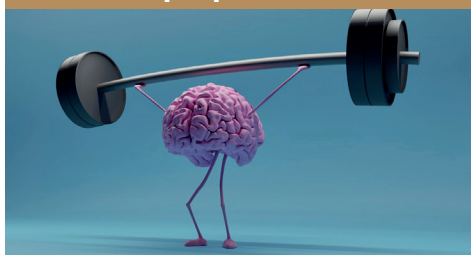
In short, this plant is also effective in the prevention of respiratory illnesses. It helps to reinforce the immune system in times of influenza epidemics and winter illnesses.

Astragalus against stress, fatigue and anxiety



For over 2,000 years, Astragalus has been the most common treatment to help people with anxiety, depression and other similar disorders. **This plant helps to counteract the harmful effects of emotional, physical and oxidative stress.**

Astragalus' neuroprotective properties



Astragalus is beneficial for the majority of the body's functions, such as the heart, natural defences and the brain. It is used in the prevention and treatment of neurodegenerative diseases due to the neuroprotective properties of its active ingredients that help preserve the cerebral cortex and improve its neural plasticity. Astragalus' active ingredients are able to alleviate the brain from an excess load of minerals.

In short, this plant with its multiple healing properties has caught the interest of scientists for the development of treatments against Alzheimer and other known neurodegenerative illnesses.

Astragalus' other benefits

Lastly, there are also beneficial effects attributed to this plant for treating common digestive disorders. It reduces gastric acid and favours the digestive process in order to make it function with greater ease. **In general, it could be said that Astragalus is a great ally for our health.**

The dosage of Astragalus contained in the TELOMERE+ formula is one of the best balanced ones in the market to effectively act against ageing and the effects of the passing of time...

BERBERINE

A "miracle" of nature



Berberine and the natural treatment for diabetes



Berberine (BBR) is a tremendous and natural weapon against type 2 diabetes. By regulating a protein called AMPK, which in turn regulates energy metabolism, it is believed that berberine plays a key role in certain metabolic disorders such as diabetes, insulin resistance, obesity and complications related to diabetes. The four main advantages of berberine are:

- ◆ Significant reduction in blood sugar levels;
- ◆ Reduction of glycated hemoglobin levels;
- ◆ Rebalance of the levels of insulin in circulation;
- ◆ Reduction of tryglycerides in blood, LDL cholesterol and total cholesterol.

Other benefits attributed to Berberine

Berberine, obesity and overweight



BBR is one of the most effective natural ways to lose weight and fight against obesity and overweight by activating the AMPK enzyme, which promotes longevity and helps to reduce fat storage, as it turns glucose and fat into cellular energy. As part of a weight loss plan, BBR is consumed as a food supplement in a dose of 300 mg per day, which helps to reduce BMI (body mass index). For informational purposes, the daily dose proposed by BodyPur laboratory in its TELOMERE+ formula is well over those 300 mg per day and effectively contributes to weight

loss. Besides burning fat cells, activation of the AMPK enzyme and the stimulation of the p53 protein trigger the self-destruction of cancerous cells. Since its discovery and official definition at the end of the 80s, more than 9,000 articles have been published on the AMPK system.

Due to its remarkable ability to activate AMPK, berberine is considered as one of the most powerful anti-ageing molecules. Therefore, to start a treatment with berberine could contribute to fight against anti-ageing, blood-sugar disorders, risk factors of cardiovascular problems (high LDL cholesterol and tryglicerides), and against abdominal obesity.

Alzheimer and Berberine: Action on neurodegenerative memory problems



BBR also seems to be beneficial for treating different neurological illnesses due to its ability to pass through the blood-brain barrier. Several studies have demonstrated that BBR improves learning disorders and memory by reducing synaptic dysfunction and decreasing hyperglycemia due to oxidative stress. BBR also has properties that improve mood and are antidepressants due to their ability to stimulate the activity of neurotransmitters; especially in the hippocampus and the frontal cortex, but also in the whole

brain. Berberine seems to be beneficial for treating different neurological illnesses due to its ability to pass through the blood-brain barrier, also known as the hematoencephalic barrier.

Some analysis have demonstrated that a daily dose of berberine over a certain period of time inhibited acetylcholinesterase, the main component responsible for deterioration of acetylcholine, which is a neurotransmitter responsible for the transmission of messages to the memory centre. It is worth mentioning that the latter is significantly reduced in Alzheimer patients.

Berberine and the fight against Depression and Anxiety



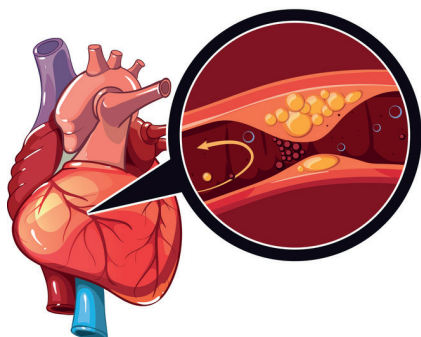
Berberine is able to help depressed people by increasing the levels of dopamine and serotonin —the happy hormones in the brain. Furthermore, it reduces inflammation in the body that usually causes a depressive state. It is believed that berberine acts as an antidepressant by increasing the level of key neurotransmitters in the hippocampus, and in the frontal cortex of the brain (R, R2, R3).

More specifically, it is believed that berberine inhibits monoamine oxidase A (MAO-A), an enzyme that degrades

serotonin (R). Serotonin is derived from the amino acid tryptophan produced by intestinal cells, but also by neurons specialised in an area of the brain called the raphe nuclei. Berberine is used to boost cellular communication and the production of other peptides in different areas of the brain (amygdala, hypothalamus, cortical areas).

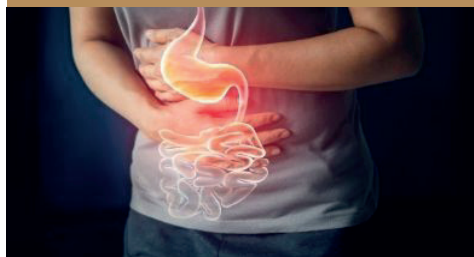
Some studies in animals also indicate that berberine can be useful for alleviating depression and anxiety that usually arise due to morphine addiction (R).

Atherosclerosis and Berberine



A study carried out on rats demonstrated that this alkaloid has beneficial effects on atherosclerosis. Berberine protects the heart from the harmful effects brought on by oxidative stress, while protecting it from possible tissue damage.

Intestinal Disorders and Berberine



It is believed that gut microbiota is related to the inflammatory processes that aggravate diabetes. That is why researchers consider that berberine would regulate the inflammatory tract of the diabetes as a result of changing the intestinal flora. Berberine is not easily absorbed in the gastric circuit, which allows it to reach the intestine and act directly on its microbial flora. There are many diseases that originate from an intestinal disorder. Leaky gut causes several health problems. Since ancient times, berberine has been used to treat gastrointestinal disorders. Recent studies confirm the important therapeutic impact of berberine in the gastrointestinal tract, including its effectiveness against diarrhoea and gastroenteritis. Furthermore, berberine regulates gut microbiota (previously referred to as human intestinal flora), which protects the intestinal mucus this way. An experiment revealed that it even has a beneficial effect on Chron's disease and inflammation of the colon. Berberine acts as a reparative agent of the medium to regulate intestinal permeability. Therefore, the regeneration of cells will be effective due to the positive action of berberine on the intestinal epithelium.

Berberine and the CORONAVIRUS



BBR acts in different stages of the virus life cycle and is a good candidate to be used in new antiviral medicines and therapies. It has been demonstrated that BBR reduces the replication of the virus, and acts in specific interactions between the virus and its host. BBR is inserted into the DNA and inhibits the synthesis of DNA and the activity of the reverse transcriptase. It inhibits the replication of the herpes simplex virus (HSV), human cytomegalovirus (CMV), human papillomavirus infection (HPV) and the human immunodeficiency virus (HIV).

Strengthening of the Immune System and Berberine



It has been observed that berberine boosts the response of the host's immune system. Furthermore, it fights bacteria, viruses and fungi, rebalances the energy metabolism and helps to fight certain infections. In general, berberine is an excellent food supplement for reinforcing the immune system.

The dosage of berberine contained in the TELOMERE+ formula is one of the best balanced ones in the market to effectively act against obesity, diabetes and cardiovascular problems, among many other benefits.

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- Effect of Berberine BBR on p53 expression by TPA in breast cancer cells
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- La berbérine inhibe l'activité de la télomérase et induit l'arrêt du cycle cellulaire et l'érosion des télomères dans la lignée cellulaire du cancer colorectal, HCT 116 :
<https://pubmed.ncbi.nlm.nih.gov/33450878/>
- Berberine reduces circulating inflammatory mediators in patients with severe COVID-19 :
<https://academic.oup.com/bjs/article/108/1/e9/6016146>
- Antiviral activity of berberine :
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7320912/>

GINGKO BILOBA

*The indestructible Tree
with Miraculous Properties*



As a symbol of longevity (it can live for more than 1,000 years), the ginkgo biloba tree has demonstrated its use in a series of problems associated to old age and earned the nickname “tree of life”, due to its exceptional medicinal properties. Its leaves, which are made up of flavonoids (antioxidants that help to fight the effects of free radicals), ginkgolides (that help to reduce the formation of fat deposits that cause the obstruction of arteries), and bilobalodes (with anticoagulant and anti-aggregant properties that prevent the formation of blood clots), are used to treat a large number of symptoms ranging from cognitive problems to venous diseases. However, its powerful health benefits go way beyond those that one can imagine. It is a commonly prescribed food supplement for the treatment of age-related deterioration, as well as to alleviate fatigue, provide vitality and purify the body.

Summary of Benefits and Properties

Neuroprotector



Reinforces cerebral activity - Improves cerebral circulation and its symptoms:

- Loss of memory/attention/ concentration, state of alertness, hearing or visual impairment, tinnitus or headaches
- Increases the production of neurons
- Fights intellectual exhaustion and nervous fatigue
- As a sedative, it favours sleep
- Reduces anxiety.

The World Health Organisation has acknowledged the effectiveness of ginkgo biloba extract in the treatment of symptoms originating from vascular or degenerative dementia (memory loss, attention disorders, depression). The abundance of antioxidant flavonoids that the ginkgo extract contains are both vasodilators and antiplatelets. Therefore, they allow the diameter of blood vessels to widen and prevent the formation of atheroma plaque.

A German study carried out in 2007, demonstrated that ginkgo biloba extract (GBE 761) is effective for reducing atherosclerosis plaque, which is associated to the onset of many cardiovascular diseases.

Slows down the Signs of Ageing



The richness in flavonoids and terpenes in ginkgo gives it antioxidant properties that help to fight the effects of free radicals. Free radicals attack cells, which has an effect on the ageing of skin and hair, but they also play a part in the long-term risks of suffering cancer or degenerative illnesses. Ginkgo biloba can also fight inflammations related to age, arthritis, irritable bowel syndrome and certain types of cancer.

Benefits for the Eyes It Fights against Glaucoma



Our eyes benefit from the numerous properties of ginkgo biloba. Besides its anti-coagulant and antioxidant properties, it has anti-aggregant effects (preventing the formation of blood clots) and vasodilatory effects that will take care of the vascular system of your eyes.

For those who suffer **diabetic retinopathy**: The daily intake of ginkgo biloba extract improves the perception of colour. These results are observed after the course of 6 months, taking 120 mg per day.

Glaucoma: According to two studies that were carried out, the deterioration of sight slowed down in patients who suffer from glaucoma, and are treated with 160 mg of ginkgo biloba extract per day. However, the effects disappeared if the treatment was interrupted.

Macular degeneration: Its antioxidant properties may slow down the progression of AMD. Unfortunately, the clinical trials that demonstrated these effects are too small to be able to confirm the results. There will be other studies to support these initial and encouraging conclusions.

Cataracts: The combination of the antioxidant, anticoagulant and vasodilatory properties of ginkgo biloba could delay the onset of cataracts and slow down their progression. Ginkgo biloba could improve the sight of people who suffer glaucoma and slow down its progression. These are the results of a Korean study carried out in 2013 (performed on the eyes of 42 glaucoma patients and treated with ginkgo biloba extracts GBE). The study concludes that "the administration of GBE slowed down the progression of the lesions on the vision field of glaucoma patients with normal tension, especially in zone 1 corresponding to the superior central field." As informative data, the dosage of ginkgo biloba in our TELOMERE+ formula is 400 mg per day.

People with a higher risk of cognitive decline and blood circulation disorders should carry out a more thorough examination of ginkgo's benefits. Here is the list of those cases:

- Diabetics.
- Overweight people.
- Smokers.
- People with high blood pressure.
- People with a family history of peripheral artery disease.
- Inactive people.
- People with a high level of cholesterol.
- People older than the age of 60, especially women.
- People whose parents or siblings suffer from Alzheimer's disease.
- People who suffer from problems related to memory or vision, feeling tired and lacking energy.

GINKGO BILOBA: RECOMMENDATIONS AND DOSAGE

It is advised to take long treatment cycles of several months with breaks of one-month intervals. Ginkgo does not prevent sleep, as it has the opposite effect and actually helps you get to sleep. The first beneficial effects usually appear after one or two weeks.

The dose that our range of TELOMERE+ active ingredients contains (400 mg per day) combines a unique relation of exceptional active ingredients with a proven effectiveness in the fight against the harmful effects of ageing.

VITAMIN D

*A Vitamin D supplement
= a portion of Happiness*

You may be full of energy during summer, but winter is harder and that is a fact. You feel tired in winter, and sometimes even low. And no, this is not necessarily due to your mood. What could be the cause of this? Perhaps you are not getting enough vitamin D. If you are experiencing a lack of vitamin D, it is best to take a supplement. Vitamin D is important for your physical and mental well-being. It is essential for the development and strength of bones, muscles and teeth, but also for your mental well-being. Vitamin D deficiency is very common.

The risk factors are old age, lack of exposure to the sun, obesity, malabsorption and different medicines that activate hepatic cytochromes. It is believed that nearly 80% of the Western population have a lack of vitamin D, and French women over the age of 50 are those who are most affected in Europe. It would be ideal if all women consumed vitamin D supplements from the age of 50, and the whole population did so after 75 years old. Intoxication by vitamin D is rare, as a very high dose would be required to reach a level that is toxic.

Vitamin D and the skin



Some vitamins are especially recommended to favour cellular regeneration, to protect and delay the ageing of skin. Due to its anti-inflammatory and antioxidant properties, vitamin D is particularly interesting in cases of acne, eczema, psoriasis or rosacea. Vitamin D intervenes in the hydration of the skin and tissue since many of the body's tissues have vitamin D receptors.

It acts on the absorptive capacity of phosphorous in the intestines, which acts in bone mineralisation in the same way as calcium, and also in the formation of cells. The lower the level of phosphorous in the blood, the drier the skin, and the more difficult it will be to heal wounds. In fact, dryness can also affect joints. Some badly lubricated joints can cause pain and stiffness in the morning.

Vitamin D and Osteoporosis



The importance of vitamin D in bone metabolism was proved a long time ago, but this vitamin has currently aroused further interest due to a large number of publications on its possible role in different and sometimes unexpected diseases (cancers, osteoarthritis, chronic pain syndromes, viral infections, fetal development...). Each year, osteoporosis is responsible for nearly 400,000 fractures in France, which sometimes have serious consequences in the autonomy and the quality of the lives of those affected. The level of calcium and vitamin D is essential for putting a stop to this age-related bone disease. Vitamin D is essential for intestinal calcium absorption and bone mineralisation, and plays an important role in neuromuscular functions. Vitamin D deficiency is very common among postmenopausal women who suffer osteoporosis, as well as the elderly.

Osteoporosis Canada recommends the following administration of vitamin D supplements:

- For healthy people under 50 years old: one supplement of 400 IU to 1,000 IU (10 to 25 µg) of vitamin D per day.

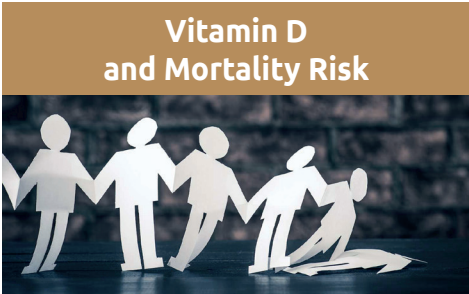
- For people 50 years old or over: one supplement of 800 IU to 2,000 IU (20 to 50 µg) of vitamin D per day. **The TELO-MERE+ formula enriched with 1,400 IU per day is the balanced dosage for those who lack vitamin D**

Importance of Vitamin D in the Menopause



The menopause usually occurs between 45 and 55 years of age, that is to say around 50 years old. Bone demineralisation is one of the risks associated to the menopause and may lead to a greater risk of osteoporosis. According to the national health and nutrition programme, it is important to make sure that your calcium and vitamin D intake is sufficient, in order to slow down this demineralisation process. However, the recommendations are far from being fulfilled. If the recommended intake of vitamin D is between 10 to 15 microgrammes per day for elderly people, it seems that the objective is far from being reached. In fact, a study carried out in 2005 demonstrated that 90% of menopausal women in France have a vitamin D deficiency. The main function of vitamin D is to increase the ability of the intestines to absorb calcium and phosphorous. "This way, it favours optimal mineralisation of certain tissue such as bone, cartilage and teeth," explains the French Agency for Food, Environmental and Occupational Health &

Safety (ANSES). In other words - it makes them stronger! Synthesised by the body in the skin under the action of solar or ultraviolet rays, vitamin D can also be supplied, to a lesser extent, through the diet or by taking supplements.



The Canadian Cancer Society recommends a supplement of 1,000 IU (25 µg) of vitamin D per day in autumn and winter. Adults who have a higher risk of suffering a lack of vitamin D deficiency must supplement their intake during the whole year. These kinds of people include the elderly, dark-skinned people, those who often stay indoors, or those who wear clothing that covers most of their body.

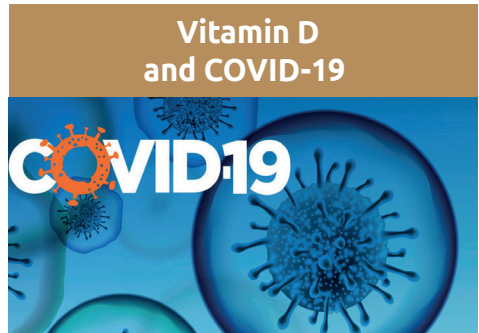


A meta-analysis of 18 random controlled

trials on vitamin D in which 57,311 patients took part, suggests that a regular intake of vitamin D between 300 and 2,000 IU per day is associated to a lower mortality risk.

REFERENCE : Vitamin D Supplementation and Total Mortality

<https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/413032>



And what if severe Covid-19 cases are due to a deficiency of vitamin D? This is what several studies are suggesting that were carried out on hospitalised patients. The latest study carried out in Spain and published in the Journal of Clinical Endocrinology and Metabolism on 27 October 2020, revealed that 80% of the 230 patients seriously hospitalised by COVID-19 were vitamin D deficient, as opposed to 47% of the general population.

Experts request the whole French population to take vitamin D supplements, and not only the elderly or those who are at risk of severe COVID-19 illness. A growing number of scientific studies show that the administration of vitamin D supplements (not instead of the vaccine) can help to reduce the SARSCoV-2 infection, as well as reduce the risk of

severe COVID-19 symptoms, ICU admissions or death.

REFERENCE :

<https://www.lci.fr/sante/video-vitamine-d-une-protection-contre-le-covid-19-2176748.htm>

Vitamin D and the Prevention of some Autoimmune Diseases



The active form of vitamin D has an immunomodulatory activity. Therefore, it could play an important role in autoimmune diseases, such as multiple sclerosis, rheumatoid arthritis, and inflammatory bowel diseases. This fact is confirmed by epidemiological data. Vitamin D intervenes in the maintenance of the central nervous system and brain health. It acts as a hormone of internal balance, and improves the quality of deep and restorative sleep. It fights the effects of daily stress, nervous fatigue and burnout syndrome.

The VITAMIN D content in our TELOMERE+ formula is also intended for people who:

- are overweight, as the layers of fat under the skin absorb the vitamin D produced by the rays of the sun
- suffer bone diseases
- follow specific diets (without meat, fish, eggs or products rich in vitamin D)
- are dark-skinned, and need more sun to produce the same quantity of vitamin D as fair-skinned people
- suffer malabsorption and inflammatory bowel disease because they have more difficulty to absorb fats
- live in places with a high level of contamination because CO2 absorbs ultraviolet rays
- want to reduce the risk of cardiovascular diseases and stroke (intake of at least 600 IU per day)
- have general muscular weakness, fatigue, lack of appetite, bleeding gums, joint pain, anxiety attacks.

In short, all vitamin D deficiencies can have serious consequences for the human body. The main causes of this deficiency are lack of sunlight, a diet that lacks nutrients and intestinal inflammation that prevents proper absorption of nutrients. This is why it is important to follow a supplementary treatment of vitamin D (minimum of 3 months) with TELOMERE+, which offers a daily dosage of 1,400 IU (the international unit is a unit of measurement for the amount of a substance based on certain biological activity, or its effect, and is used for vitamins, hormones, medicines, vaccines, blood products and other biologically active substances).

ZINC

The Superpowers of Zinc for Health



Zinc deficiency is common, as its digestion interferes with several factors. For a start, there is the age factor: it is known that zinc is more difficult to absorb from 50 to 55 years of age. Some people are more prone to suffer this deficiency than others, especially vegetarians, elderly people, pregnant women and also in people who suffer intestinal problems (such as Crohn's disease), as well as alcoholics. Zinc is only present in our body in an amount of 2 to 4 grammes. Furthermore, as it is not stored in the body, it must be replaced each day in our diets, or in a well-dosed supplement. Anti-ageing par excellence, it has an antioxidant action by means of an enzyme called superoxide dismutase, of which is one of its constituents: this way, it helps the body to defend itself from damages caused by the excess of free radicals.

A Star for the Immune System



Zinc is a trace element that is acknowledged by scientists as being essential for health. Due to its action on the immune system, zinc is a shield against viruses and allergies. It increases the activation of B cells (producers of antibodies directed towards a virus), and T cells ("cleaners" of infected cells).

Therefore, zinc is highly involved in the proper functioning of our immune system, and reduces the duration and intensity of the symptoms, but also prevents the "hyperinflammation storm" or "cytokine storm", which leads to the sudden deterioration of our state of health.

The Influence of Zinc on Skin, Hair and Nails



Acne, dry skin, brittle nails, dull hair... What if this was all due to a lack of zinc? This trace element is essential for the proper function of skin cells. Zinc carries out an important role in protein synthesis; therefore, in the growth of the epidermis, but also in the essential proteins of the dermis: collagen and elastin. It regulates the production of sebum, which prevents the obstruction of the pores and enables the skin to breathe.

As a powerful antioxidant, zinc reinforces the skin's natural defences to neutralise free radicals and protect cells from oxidative stress, and therefore from ageing. Furthermore, zinc reinforces the skin's immune system and participates in the healing process.

Influence on dry skin: Zinc influences in the production of keratinocytes - the cells that form the keratin of the skin and cutaneous cells.

Zinc and Libido



Zinc is necessary for the proper function of our body on many levels, but did you know that zinc deficiency can directly affect your libido? This is due to zinc making it easier for hormones to produce, including testosterone and oestrogen, which are responsible for maintaining our libido.

Other Benefits:

Prevents the onset of cardiovascular diseases: According to several experimental studies, zinc reduces the risk of atherosclerosis. People who consume larger amounts of zinc naturally in their diet have 43% less chance of dying due to a cardiovascular disease.

Controls blood sugar in the case of pre-diabetes: A 30 mg dose of zinc sulphate per day before meals would improve the levels of blood sugar, and prevent the onset of a definitive diabetes. It intervenes in the blood clotting process, in the functions of the thyroid hormones and in insulin metabolism.

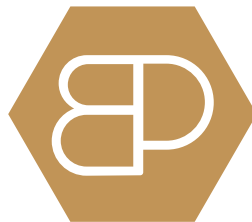
Stimulates good mood: A small Japanese study (in 2010) based on 30 people revealed that the administration of zinc supplements (7 mg per day over 10 weeks) improved mood in comparison to those who didn't consume the mineral. It may be used to treat depression and anxiety.

Zinc and oesophageal cancer A study published in 2017 carried out by the University of Texas in Arlington (United States) showed that zinc could help to destroy certain oesophageal cancer cells. At the cellular level, and by using a medical imaging technique called "live-cell imaging", the scientists discovered that zinc halts the growth of esophageal cancer cells by blocking overactive calcium signalling. Therefore, zinc prevents the growth of cancerous cells. Although it is necessary to continue with this research, scientists recommend a zinc-rich diet. The aforementioned study was published on 19 September 2017 in the following scientific journal: "The FASEB Journal" (DOI: 10.1096/fj.201700227R-RR).

Recommended Dietary Allowance:

The dosage contained in the **TELOMERE+ formula** (50 mg per day) contributes to:

- fight against premature ageing of cells due to its powerful antioxidant action,
- a strong immune system,
- fight against viruses and allergies,
- prevent the onset of cardiovascular diseases,
- skin, hair and nail care,
- improve the metabolism of carbohydrates,
- cognitive function,
- fertility and reproduction,
- improve the level of testosterone in the blood
- and improve vision.



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