



## WELLNESS SPACE in the Mojave Desert

*Photos Courtesy of Mojave Desert Skin Shield*

Founded by Patricia Vernhes, Mojave Desert Skin Shield is based upon an Ayurvedic philosophy of improving and purifying one's entire being. As such, the former rock musician who transitioned to a career in Sound Medicine and wellness conceived the biodynamic skincare brand to support, nourish, and protect all skin types and take lifestyle factors into account.

Vernhes comes from a diverse background, spending 15 years studying and practicing yoga, reiki, Vedic science, craniosacral therapy, ayurveda, and Eastern European, Mongolian, and Native American medicine traditions. Mojave Desert Skin Shield reflects her background, introducing skincare products, clothing, and wellness solutions crafted from the highest-quality organic and natural ingredients intended to deliver year-round results, connect you with nature, and protect against dry air, wind, and sun exposure. All ingredients are sustainably and ethically sourced.

Vernhes complements her skincare line with the Mojave Desert Skin Shield Wellbeing Space in Pioneertown, housed in a renovated 40-foot 1969 Spartan offering 360-degree views of the desert and situated on clay and organic rock. Patients come for signature treatments based upon plant-based ingredients, custom formulas, and indigenous traditions, like a 90-minute session helping you better connect with your skin to align your body; the Fascial, which targets the fascia to improve facial healing; Sound Therapy Sessions; Tao Tea Meditation; and Bio-Vital Release Point Massage, which allows for deeper adjustments. Expanding her scope, a second Wellbeing Space recently opened in Palm Springs.



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