

Crown



The Crown chakra is known for allowing the body to feel more at ease. Often used for relaxation and to gain a clear-headed mindset. This energy controls your connection to spirit, unity and universal consciousness.



Protection ~ Inspiration
Cleansing ~ Intuition
Calming



Compassion
Enlightenment ~ Intuition
Inner peace



Happiness
Abundance ~ Good Fortune
New Beginnings



Inner Strength
Promotes Understanding
Clarity

Third Eye



The Third Eye chakra is associated with the concept of 'seeing.' It is believed that it allows for positive attitudes, inner guidance and spiritual growth.



Rationality ~ Honesty
Intelligence ~ Truthfulness
Clarity



Perseverance
Calming ~ Transformation
Stimulates Imagination



Protection ~ Inspiration
Cleansing ~ Intuition
Calming



Happiness
Abundance ~ Good Fortune
New Beginnings

Throat



The Throat chakra is connected to the idea of inspiration and expression. Often utilized for balance in life, mindful communication and self-expression.



Success ~ Sincerity
Fortune ~ Compassion
Integrity



Harmony
Hope ~ Unity
Optimism



Rationality ~ Honesty
Intelligence ~ Truthfulness
Clarity



Perseverance
Calming ~ Transformation
Stimulates Imagination



Perception ~ Creativity
Clarity ~ Relaxation
Sensitivity

Heart



The Heart chakra is associated with the ideas of positive neutrality, nature, unconditional love and harmonious relationships.



Soothing ~ Uplifting
Harmony to mind, body
and spirit



Prosperity
Restoration ~ Abundance
Compatibility



Success ~ Sincerity
Fortune ~ Compassion
Integrity



Compassion
Enlightenment ~ Intuition
Inner peace



Compassion ~ Love
Positivity ~ Joy
Self Worth

Solar Plexus



The Solar plexus chakra is linked with internal and external power. Known for maintaining energy and strength throughout the body.



Trust ~ Wealth
Confidence ~ Prosperity
Self Esteem



Protection
Discernment ~ Enthusiasm
Positive Learning

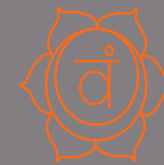


Balance ~ Focus
Encourages Concentration
Protection



Courage ~ Integrity
Personal Empowerment
Clear Thinking

Sacral



The Sacral chakra is believed to enhance creative expression, increase intuition and create healthy emotions.



Courage ~ Endurance
Leadership ~ Motivation
Energy



Youthfulness
Comfort ~ Awareness
Grounding



Courage ~ Integrity
Personal Empowerment
Clear Thinking



Alleviates Fear
Balance ~ Comfort
Stability

Root



The Root chakra is known for the feeling of grounding and safety. It is associated with the feelings of relaxation, stability and confidence.



Youthfulness
Comfort ~ Awareness
Grounding



Joy ~ Playfulness
Loyalty ~ Laughter
Protection



Grounding ~ Communication
Serenity ~ Calming
Intuition



Grounding ~ Productivity
Strength ~ Motivation
Self Discipline



Protection ~ Willpower
Strength ~ Focus
Motivation