



Swing

User Manual

B O U L T

Know your Swing



What's in the box ?

Swing smartwatch
User manual
Magnetic charging cable
Warranty card

Product specification

Product Name – Boulton Swing

Bluetooth Pairing Name – Boulton Swing

Screen Size – 1.9" IPS

IP Rating – IP67

Bluetooth Version – V5.1

Bluetooth Range – 10m

Sensors – 3-axis G-Sensor, OPPG HR & SpO2 Sensor, pedometer

How to wear

Please wear the device on your wrist correctly, about one finger from the carpal, and adjust it to a comfortable position.

Tip: Please wear the device a little tighter for accurate functioning of the heart rate monitor.



How to download & connect to 'BoultTrack' App

3 methods to download and install the app:

Method I.

A. Find the QR code on the setting page. Turn on the watch, open "Settings--QR code". Scan QR code to download and install "BoultTrack" app.

B. Scan below QR code to download and install the "BoultTrack" app.

C. Search "BoultTrack" in App Store or Play Store to download and install the "BoultTrack" app.

Method II

Open "BoultTrack" app and select "Add Device" on the device page, then follow the instructions on the screen.

Method III

How to connect to BT call feature:

A. For most Android phones, after watch connects to the app correctly, there will be a "PAIR" pop-up reminder. Pair with Swing_Ph, your device will be connected successfully.

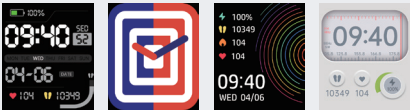
B. For all IOS mobile phones and some Android mobile phones, after watch connects to the app correctly, go to BT SETTINGS in the phone, search and select Swing_Ph in Bluetooth list. BT call feature will be activated.

Tips

- (1). Please upgrade the app to latest version to get a better experience.
- (2). Andorid 5.0 and IOS 9.0 or above system are compatible with the App.
- (3). For the first time connection with iphone, "Pair" reminder will pop-up, click to pair, then incoming calls and instant messages will be pushed.
- (4). For the first time connection with android, "Permissions" reminder will pop-up, please follow up the guidance and allow permissions to ensure all functions working properly.
- (5). To connect successfully, please turn on mobile phone's bluetooth, GPS and network.
- (6). If the device cannot be searched or connected during use, please reset or turn off the watch and try again

Operating Instructions

1. **Watch Dial Page:** Long press the screen to enter the dial selection page, swipe left/right to switch the dial, after confirming the dial, click. (Note: the system preset 12 dial pages, the last dial is "custom", this dial will change with the APP side dial market and the download Settings of the custom dial)



2. Menu Page: Press the side button to enter the menu page. After entering the menu page, press the side button twice continuously to switch the menu style, and press the main dial page.

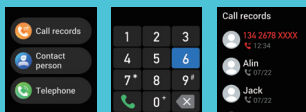
3. Function page: Click the application icon in the menu page to enter the corresponding function, right swipe back, press the side button to return to the main dial page.

Function introduction

Sports: Exercise mode options: brisk walking, running, cycling, mountaineering, swimming, yoga, basketball, etc. Click the icon to start exercise.



Phone: Keep a record of your phone calls, add contacts synchronously, use the watch to make calls, and do much more with the watch. More details can be viewed in app.



Sleep: Shows the sleep monitoring status of the day, the data is updated every day, and the specific data can be synchronized to the APP to view. (fig 1)

Heart rate monitoring: Click on heart rate page to measure heart rate. More App monitor operation and test data can be viewed in the App. (fig 2)

Weather: Displays the current weather status as well as the forecast for the next 3 days. Make sure Bluetooth is connected correctly. (fig 3)

Sedentary Reminder: You can open it in the APP [Device > Sedentary Reminder]. After opening it, you can set the start time, end time and do not disturb time.

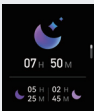


fig 1

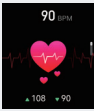


fig 2



fig 3

Blood pressure monitor: Record your blood pressure status. More details can be viewed in the App. The value is for reference only and cannot be used as a medical basis. (fig 4)

Blood oxygen monitor: Record your blood oxygen status. More details can be viewed in the App. The value is for reference only and cannot be used as a medical basis. (fig 5)

Women's Health: After the watch is connected to the APP, women's health alerts can be enabled on the APP to view women's health alerts on the watch. (fig 6)

Message: Message reminders, sync notification push from your phone, saves 15 latest message reminders. (fig 7)

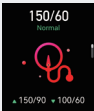


fig 4

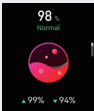


fig 5

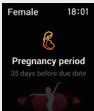


fig 6



fig 7

Bluetooth: After connecting to a mobile phone, you can quickly search for contacts based on the address book and recent call list, or dial directly. (Audio Bluetooth connection required)

Breathing training: Set the breathing rhythm and time, and follow the training prompts to complete the breathing training.

Stopwatch: Let's you Record time easily. More details can be viewed in app.

Alarm: 5 alarm reminders can be set; the watch will vibrate and the screen will be bright. (fig 8)

Find my Phone: After the watch is connected to the APP, click to find the phone, the phone will ring and the watch will show that the search is successful. If the watch and the APP is not connected, watch side will prompt show Bluetooth disconnect.(fig 9)

Remind to Drink: The device will remind you to drink water at scheduled time intervals. More details can be viewed in app.(fig 10)

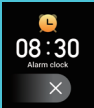


fig 8



fig 9



fig 10

Sport modes: Start training by clicking on the Sports icon, and choose from varied sports modes.(fig 11)

The Control Center: Function description: screen brightness adjustment, Do not disturb mode, flashlight, audio Bluetooth, Settings, system information, phone search, music playback. (fig 12)

Set up: Settings include screen display (switch dial, screen duration, brightness adjustment, screen duration), language, vibration intensity, menu style, battery, password, time setting, two-dimensional code, system.

Music: Access the Play/Pause/Previous/Next and volume controls on the phone, when connected to the App.(fig 13)

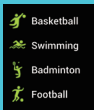


fig 11



fig 12

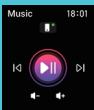


fig 13

Timer: You can click the corresponding duration to time quickly or click the custom button to set the time. Click the Start button to start the timing, click the pause button to pause the timing, click the reset button to reset the timing to zero.

Brightness adjustment: Brightness or darkness can be adjusted.

Power ON/OFF: Long press side button for 5 seconds to get power options

Power saving mode: When turned on, the brightness drops to the lowest level, and the incoming message does not vibrate to remind.

Do not disturb: After turn it on, the watch will no longer receive messages.

Menu view: The style of the main menu can be switched, and it can be switched to grid view or list view.

Dial switch: Long pressing the main page, you can slide left and right to select and set the dials.

Restart: Restart the watch in settings. Or long press side button for options.

Version: Displays the Bluetooth name and version number.

Reset: Restores factory settings.

APP download: Scan the QR code to download the APP.



Using in Wet Conditions: Your gadget is water-resistant, which means it can withstand even the sweatiest workout while remaining splash- and rain-proof.

NOTE:

Do not wear your Smart Bracelet when swimming. Additionally, even while bathing with your wristband won't harm it, wearing it constantly prevents your skin from getting enough oxygen. When your bracelet gets wet, properly dry it before putting it on.

Using Quick View: With Quick View, you can view the time or a message from your phone on your smart bracelet without tapping. Simply turn your wrist in your direction, and the time screen will appear for a brief period of time.

Warranty

1. One-year warranty for default hardware defectives, charging cable.

2. Below reasons for defects are not included in free warranty service:

(1) Personal assembling or disassembling.

(2) Damage due to dropping the product during use.

(3) All man-made damages or due to the third party's fault, improper use (such as: water in the smartwatch, external force shattering, scratches during use, etc.)

3. Please provide the warranty card and contact with direct dealers for warranty service.

4. Please note that all the functions of the product are based on physical objects.

Notes:

1.To ensure water resistance works right, please DO NOT:

(1) Wear the watch during swimming, hot shower, or drop hot tea and other corrosive liquids.

(2) Remove any screws or buttons.

