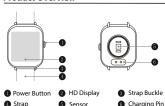


# Smartwatch Cosmic User Manual



For better experience, suggest use IOS 9.0 Android 4.4 or above operating system.

#### Product Overview



In order to make the measurement more accurate, please wear the watch on the wrist bone position, wear close to the skin, but not too tight.

#### **Touch and Buttons**



Scroll down: Quick Settings Swipe it up: Messages Swipe to the Left: Functions Swipe to the Right: Recent function Long press: Watch Faces



#### — ON/OFF/RESET/REBOOT

ON: Hold down for 3 seconds until the screen lights up OFF: Press and hold for 5 seconds, select (power off) to turn off the watch.

If you hold down the power button for 3 seconds and fail to start the device, charge it and try again.

## **Mobile Phone Download**

Scan the QR code in the watch to download and install the mobile App.

Download APP: For IOS phones, search for "BoultTrack" in the

Download APP: For IOS phones, search for "BoultTrack" in the APP Store. For Android phones, search for "BoultTrack" in other APP stores to download and install, or scan the code to download and install

## Pair and connect watch with App

View the device Bluetooth name in Settings

Open the APP on your phone, log in or register your account

Click Device - Add Device - in the APP to start the search

Select the "Boult Cosmic" in the search result to complete pairing

- Before pairing, keep the power of the watch higher than 20% otherwise, the pairing fails due to low power.
   During pairing and connecting, make sure bluetooth is on and the phone is within an effective connection
  - on and the phone is within an effective connection distance from the watch.

    The device requires android 4.4 or higher, IOS 9.0 or

higher.

### Watch Charging

Attach the magnetic charging wire to the metal contact of the charging port until the charging indication appears on the watch display. When the watch is low, charge.





Before charging, keep the charging port clean and dry to avoid metal contact corrosion or other risks.

## **Functions**



## Blood Oxygen

Enter the interface for blood oxygen measurement. When the Red light at the bottom is on, it will start measurement. The measurement will be completed within 30-60s and has a vibration reminder. The measurement is based on PPG technology.



Incoming or rejected calls can be displayed



#### Music

When connected to the phone, you can control the music on the phone, You can play the previous song or the next song.



#### Weather

After you connect your watch with the APP and open the location permission, the weather interface will display the real-time temperature and weather type



#### Alarm clock

keep the watch connected to the APP, you can set a single alarm clock or a cyclic alarm clock. You can set up to 5 alarm clocks



#### Timer

As for the timer function, the user may start quick timing through the system preset time or click the user-defined button to set the time. Click the start button for the timing of the start. Click the pause button to timing the pause. Click the reset button to timing the pause.



## Stop Watch

Click the Start button for the timing of the start. Click the pause button to timing the pause. Click the reset button to time to zero. It can save up to 99 pieces of data



#### Notification

Open information push on the App and the watch can receive the corresponding message. It can save up to the last 15 pieces of messages



### Find my phone

Keep the watch connected to the APP, and click "Find my phone" The bell rings on your mobile phone and the watch shows that you have successfully found your mobile phone. If the watch is not connected to the APP, the watch will indicate that it is not connected



### Change Watch Face

Long press for 2s on the home screen to enter the dial switch interface Slide right and left to switch the dial for selection and click to select the dial



#### **Quick Settings**

Function Overview: Do not Disturb (DND), Brightness adjustment, system information, wrist wake icon, control panel, Settings

The Function can be accessed by sliding

Down on the home screen



#### **Activity Data**

It displays the step number, distance and calories on the same day. You can set a goal on the App, including step number distance and calories



#### Workout

Options for sport patterns: walking, running cycling, mountain climbing, swimming, yoga roundbelly machine and basketball, etc. Click on the icon to start sport



#### Workout Record

The interface saves the recent 10 pieces of historical sport records. You can view the sport duration, heart rate and calories during the sport



#### Heart rate

Enter the interface for heart rate measurement when the green light at the bottom is on it will start measurement. The measurement will be completed within 40s and has a vibration reminder. If prompted for "no wearing the watch," wear the watch again.



#### Sleep

The interface displays the monitoring result of your sleep on the same day. The data is updated every day. connect it to the APP and you can upload and save the data synchronously. The device will recalculate the data information for the new day



## Blood pressure

Enter the interface for blood pressure measurement. When the green light at the bottom is on, it will start measurement.

The mesurement will be completed within 30-60s and has a vibration reminder. The measurement is based on PPG technology



## Settings

The Settings include screen display (brightness adjustment, wrist flipping Display duration), language, vibration intensity, menu style, QR code and system Settings.



### Drinking reminder

You can open this function through (device >drinking reminder) on the App After it is opened, you can set the start time, end time end reminder interval



#### Sedentary Reminder

You can open this function through (device>sedentary reminder) on the App After it is opened, you can set the start time, end time and the period for Do Not Disturb

### Solution to Common problems

#### Fail to start the watch

Press the power switch for more than 3s

Maybe the battery level is too low. Please charge the battery then try again.

#### The bluetooth is not connected or cannot be connected

- The bluetooth is not connected or cannot be connected, Please restart the mobile phone bluetooth and connect again.
- 2. Do not connect your mobile phone to other bluetooth device at the same time.

#### The measurement of heart rate/blood oxygen

General, it is caused by poor contact between the watch sensor and human body.

#### Solutions to common problems

- $2. \, Please \, ensure \, that \, the \, sensor \, contacts \, the \, wrist \, well \, during \, measurement$
- 3. Please keep your body still and the watch attached to your wrist tightly during measurement

#### Sleep data is not accurate enough

- 1. Sleep monitoring simulates the status fo natural sleep and getting up of human, and you should wear it as usual.
- 2. If you sleep too late or you do not wear the watch until you go to sleep, there may be some error.

  3. It does not monitor the sleep data during daytime. The
- default time for sleep monitoring is from 9:30 in the evening to 12:00 at noon on the next day.