

# Smartwatch Dive+ User Manual



For better experience, suggest use IOS 9 Android 5 or above operating system.

#### Notes:

- (A) 1.1The company reserves the right to modify the contents of this manual without any further notification. It is normal that some functions may vary in certain versions of software.
- (B) 1.2 Please charge this product with the configured cable for no less than 2 hours before using it.
- (C) 1.3 Before using the product, you need to connect the APP synchronization time and set your personal information.
- (D) 1.4 This product supports IP68 rank waterproof, not suitable for deep sea diving. Hot water, tea and other corrosive liquids are destructive to the watch, and will not be able to enjoy the product warranty and free maintenance services.

#### 01 How to wear

Please wear the device on your wrist correctly, about one finger from the carpal and adjust it to comfortable position. Below picture as reference. Tip: Please wear the device a bit little tighter when using heart rate monitor.



#### 02 How to download & connect to APP

2 1

3 methods to download & install APP:

A. Find the QR code on setting page. Turn on the watch, open "Settings--About--Download QR code", scan QR code to download and install "Boultfit" APP.

B. Scan below "BoultFit" QR code to download and install "BoultFit" APP C. Search "BoultFit" in App Store or Play Store to download and install "BoultFit" APP



2.2. Open "BoultFit" and select "Add Device" on the device page, then follow the instructions on the screen.



#### 2.3 How to connect to BT call feature:

(1) For most android phones, after watch connected to APP correctly, there will be a "PAIR" pop-up reminder, chose to pair to Dive+\_PHONE, then connection finished.

(2) For all IOS mobile phones and some Android mobile phones, after watch connected to APP correctly, you should go to setting page of mobile phones, search and select Dive+\_PHONE in bluetooth list, then click to pair, BT call feature can be used after paired.



#### Tips:

- (1). Please upgrade the app to latest version to get a better experience.
- (2). It is recommended mobile phone system of Android 5.0 or IOS 9.0 or above.
- (3). For the first time connection with iphone, "Pair" reminder will popup, click to pair, then incoming calls and instant messages will be pushed.
- (4). For the first time connection with android, "Permissions" reminder will pop-up, please follow up the guidance and allow permissions to ensure all functions working properly.
- (5). To connect successfully, please turn on mobile phone's bluetooth, GPS and Mobile network/WIFI.
- (6). If the device cannot be searched or connected during use, please reset or turn off the watch try again.

# 03 Operating Instructions

(A). Quick Settings: Slide down from main page, go to shortcut page.



(B). **Main Menu Page:** Slide up from the main page, change the menu styles by double click on side button or change on setting page.



**(C). Recent Features:** Slide right from the main page to enter into split-screen, press the side button or slide left to return.



(D). Smart Features page: Slide right from the main page enter into smart components page, there are 7 components, click "+" to add Features long press to delete.





(E). Quick access to change watch faces: Long press the watch face on main page, slide left or right to choose watch faces.



(F). Power on/off: press and hold the side button for 3 seconds on the dial interface



(G). Normal operation, press the side button to return back to previous page; On main page, press the side button to turn on/off the screen.

## 04 Function introduction



**Exercise:** Record daily steps, distance, and calories. More details can be viewed in app.



**Phone Calling:** Please refer to 02.3 to connect and use phone calling feature. You can check contacts and calls record.



**Sleep:** Record your sleep status. More details can be viewed in APP.



**Heart rate monitoring:** Click on heart rate page to measure heart rate. More APP monitor operation and test data can be viewed on in app



#### **Blood pressure monitor:**

Record your blood pressure status. More details can be viewed in APP. The value is for reference only and cannot be used as a medical basis.



# Blood oxygen monitor:

Record your blood oxygen status. More details can be viewed in APP.

The value is for reference only and cannot be used as a medical basis.



Multi-sport mode: are supported.

More details can be viewed in APP.



**Weather:** Current weather status and next 5 days forecast.

Make sure bluetooth connected correctly.



**Message:** Instant notifications reminder, 5 latest messages will be showed.(requires permission to turn on the App side)showed.



Al voice assistant: When APP is successfully connected and the bluetooth call function is successfully connected. By using the corresponding phone model's wake up "word" to wake-up Al voice assistant (for example, the wake-up word of Xiaomi phone is "Xiao Ai"), the user can use the Al voice assistant to wake up the phone function to operate it.



BT Camera Control: After connecting to the phone, the watch can be used as a remote control for the phone's camera, and click on the watch camera control page to control the phone camera shutter.



Stopwatch: Record time.



**Breathing training:** Record breath training.



Alarm clock: 3 alarm clocks can be set.



Music control:Connected to APP, operate on play/pause/previous/next and volume on the phone.



Flashlight: Light up the screen to illuminate.



**Find Phone**: Find the phone to confirm whether the connection with the watch is successful.



Games: 2048 /Thunder Battleship / Young Bird.



**Brightness adjustment:** Brightness or darkness can be adjusted.



**Auto sleep:** The screen-on time of 5/10/15/20s can be set.



Dial switch: Long pressing the main page, you can slide left and right to select and set the dials.



**Menu view:** The style of the main menu can be switched, and it can be switched to grid view or list view.



 $\mbox{\bf Do}$  not disturb: After turn on , the watch will no longer receive message.



Power saving mode: When turned on it, the brightness drops to the lowest level, and the incoming message does not vibrate to remind, and turm o wrist lift to brighten the screen.



**Power off, Restart, Reset:** Press and hold the side button for 3 seconds on the dial page



**Version:** Displays the bluetooth name and version number.



APP download: Scan the QR code to download the APP.

#### 05 Other functions

Find watch, 12/24h time system, sedentary reminder, low battery reminder, incoming call reminder, online dial/custom dial, unit setting, turning the wrist to wake the screen, drinking water reminder, heart rate warning reminder, physiological cycle reminder, Goal achievement reminder.

## 06 Charging

Attach the charging cable to the watch charging port, ensuring the metal pins fully connected.

Please use the correct charging adapters which are SV 0.5A above. Note: If smart watch can not be powered on after being left unused for long time, please clean up the charging metal pins to make sure connecting well.

# 07 Warranty

- 1. One year warranty for default hardware defectives, charging cable.
- 2. Below reasons cause to defectives are not included in free warranty service:
- (1) Personal assemble or disassemble.
- (2) Falling damage during use.
- (3) All man-made damage or due to the third party's fault, improper use(such as: water in the smart watch, external force shattering, scratch during use etc.
- 3. Please provide a warranty c2. Products with batteries cannot be disposed with ard with the details filled when request for after selling service.
- 4. Please contact with direct dealers for warranty service.
- 5. Please note all functions of the product are based on physical objects. Notes:
- 1.To ensure waterproof, please DO NOT:
- (1) Wear the watch during hot shower or in hot tea and other corrosive liquids (2) Remove any screws or buttons.
- 2. Products with batteries cannot be disposed with household waste. Please send this product to WEEE collecting points near you.