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# MASSAGE ADD-ONS

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## -Warm Stone

Adding a warm stone to a massage enhances relaxation by warming muscles, improving circulation, and calming the mind. This therapeutic addition elevates the massage experience, leaving you feeling pampered and rejuvenated.

- \$45

## -Body Brushing

Body brushing during a massage enhances relaxation by exfoliating and rejuvenating the skin. It boosts circulation, promotes lymphatic drainage, and reveals smoother skin. The combination of body brushing and massage offers a luxurious and revitalizing experience, perfect for pampering both body and mind.

- \$30

## -Complimentary add-ons:

Therapeutic massage using a firmer pressure on focal areas to help relieve pain, muscle spasms and repetitive strain, delivering your overworked muscles into Bliss... We will use Pressure point release and expert therapy so you can recover and be back to your old self!

- Aromatherapy to any service
- Warmed Mineral Backpack