



SAT Holistic Group Ltd
Available fresh Organic products for
Week 9



Products	UoM	Price	MAENDELEO	MUUNGANO	TWILOSE	AMANI	TWIDAWA	NGUVU KAZI
Delivery Days			Mon			Tue	Wed	
Amaranth	Bundle	TSh 700			10			
Avocado	Pc	TSh 500			60	50	70	50
Cassava Leaves	Bundle	TSh 1,500						10
Gooseberry	Plate	TSh 3,500	1					
Guava	Kg	TSh 1,500				5		
Kales	Bundle	TSh 700	5					
Lemon	Kg	TSh 2,000		10				
Parsley	Bundle	TSh 1,000					12	
Passion Fruit	Kg	TSh 5,500			15	8		
Pumpkin Leaves	Bundle	TSh 700			15			10
Radish Plant	Bundle	TSh 700	2					
Ripe Banana	Pc	TSh 200	300	50				150
Rosemary	Bundle	TSh 1,000	5		10	8		20
Soft Salad	Bundle	TSh 1,500	20					
Spinach	Bundle	TSh 700			2			
Sweet Potato Leaves	Bundle	TSh 700			15	12	15	15
Pawpaw	Pc	TSh 1,200					10	
Cooking Banana Mzuzu	Bundle	TSh 1,000		15				
Cooking Banana Malindi	Bundle	TSh 1,000		15				
Fresh Mint Leaf	Bundle	TSh 1,000					10	20
Tamarillo	Kg	TSh 1,500					3	
Strawberry	Plate	TSh 4,000	40					
Jackfruit Inactive	Pc	TSh 3,000		2				
Garlic	Kg	TSh 8,000					5	
Pumpkins	Pc	TSh 1,000					10	
Green Pepper	Kg	TSh 2,000			10			
Pigeon Pea Fresh	Kg	TSh 2,000					5	
Breadfruits	Pc	TSh 500		5				

We also have our yummy cheese, pasteurized milk, yoghurt, sunflower oil, rice, beans, honey and flavourful spices and herbs.

Certified under the East African Organic Products Standards (EAOPS)

*We deliver free of charge within Morogoro town for products with a total value of at least TZS 45,000/=. Please call us to order
0677054546/0677046610*