

Wash your hands with clean, warm soapy water and dry thoroughly before touching your breast and shield.

Moisten the inside of the wings with a little water or breast milk - this will help the shield to firmly stick to your skin (see figure 1).

Holding on to the wings, press the tip of the nipple shield so that it's almost inside out (see figure 2).



Figure 1

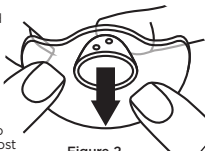


Figure 2

Place your nipple in to the tip of the nipple shield and gently press the wings on to your breast to ensure full contact. The open part of the shield should be above your nipple and the Vital Baby® logo should be below your nipple, this is to ensure that your baby still feels relaxed and comforted by your natural scent and bond (see figure 3).

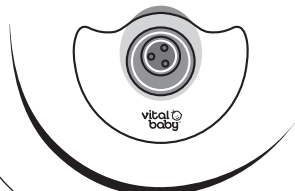


Figure 3

vital baby®

NURTURE™  
protect & care  
nipple shields

BPA  
FREE

**IMPORTANT, RETAIN FOR  
FUTURE REFERENCES: READ  
CAREFULLY BEFORE USE.**

**For your safety and health WARNING!**

- Keep out of the reach of children
- Inspect before each use, throw away at the first sign of damage or weakness.
- Use the product only for its intended use as described in this instruction manual.
- Do not attempt to enlarge holes in the shield.
- Do not store or leave in direct sunlight or near a source of heat, or leave in sterilising solution for longer than recommended, as this could damage the product.
- Before first use place the nipple shields in boiling water for 5 minutes - this is to ensure hygiene.
- This is a single user product. Use by more than one person may present a health risk to you and your baby. For health and hygiene reasons, no parts should be shared between mothers.

• Contact your doctor, nurse or lactation consultant if you experience problems or pain.

- Consult your doctor, nurse or lactation consultant before using nipple shields.
- Nipple shields are for short term use only unless advised by your doctor, nurse or lactation consultant.
- Before feeding your baby, check that the shield fits the nipple securely. This is to ensure good milk transfer and avoid nipple damage.

Wash the shields and case thoroughly in hot soapy water or in the top rack of your dishwasher and sterilise before and after each use. Top rack dishwasher safe (max. 65°C). Food colours in the dishwasher may stain this product. Suitable for all methods of sterilisation. Do not use abrasive or solvent based cleaning agents as this may cause damage. To store your nipple shields when not in use, keep them in their protective case in a place where they will be dry, covered out of direct sunlight.

safe for:



steriliser



dishwasher

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